Sleeping brown bear under flowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 4.7 in (9.9 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Berries, main stem, pod band, eyelid, inner ear, nose
2. **Fishbone stitch**, 2 strands
   Small leaves, calyx
3. **Long and short stitch**, 1 strand
   Great leaf, right leaf, bud, back petals, gold petals, side petals, hillock, coat, ears, muzzle
4. **Trellis stitch**, 2 strands
   Great leaf trellis, pod trellis
5. **Stem stitch**, strands by part on page 2
   Tendrils, side stems, bud stem, great leaf edge, right leaf edge, petal edges, pod edge, hillock edge, coat, bear edge, toes, mouth, closed eye, brow
6. **Chain stitch**, 2 strands
   Great leaf vein, right leaf vein, stem chain, coat
7. **Straight stitch**, 2 strands
   Stamens, closed eye
8. **Lazy daisy stitch**, 2 strands
   Little flowers
9. **French knot**
   strands by part on page 2, two wraps
   Berry lights, right leaf knots, pod trellis, stamen knots, flower hearts

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3051 Dark Green Gray**
  Main stem and hillock edge, hillock, great leaf and calyx (darker) and 4 more parts
- **2 DMC 3777 Very Dark Terra Cotta**
  Pod trellis, petal edges and side petals (dark), pod edge and 3 more parts
- **3 DMC 3830 Terra Cotta**
  Side petals, bud, right leaf knots and pod trellis (middle), berries (lighter)
- **4 DMC 676 Light Old Gold**
  Gold petals and stamens (lighter), right leaf vein and stamen knots and 2 more parts
- **5 DMC 3012 Medium Khaki Green**
  Hillock, great leaf, calyx and small leaves (lighter), stem chain
- **6 DMC 931 Medium Antique Blue**
  Great leaf trellis (darker), back petals and right leaf (middle)
- **7 DMC 680 Dark Old Gold**
  Gold petals (darker), pod band, petal edges (light) and 4 more parts
- **8 DMC 930 Dark Antique Blue**
  Back petals and right leaf (dark), petal edges (middle) and 2 more parts
- **9 DMC 932 Light Antique Blue**
  Back petals and right leaf (light), little flowers (lighter)
- **10 DMC 3778 Light Terra Cotta**
  Side petals, right leaf knots and bud (light), little flowers (darker)
- **11 DMC 3781 Dark Mocha Brown** Coat and ears (dark)
- **12 DMC 3031 Very Dark Mocha Brown**
  Coat (darkest), bear edge, nose, closed eye, toes, mouth and inner ear
- **13 DMC 3862 Dark Mocha Beige**
  Coat and ears (middle), eyelid (darker), muzzle (dark)
- **14 DMC 3863 Medium Mocha Beige**
  Coat and ears (light), eyelid (lighter), muzzle (middle)
- **15 DMC 3864 Light Mocha Beige**
  Coat (lightest), muzzle (light), brow

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3051 Dark Green Gray	**6**	DMC 931 Medium Antique Blue	**11**	DMC 3781 Dark Mocha Brown
2	DMC 3777 Very Dark Terra Cotta	**7**	DMC 680 Dark Old Gold	**12**	DMC 3031 Very Dark Mocha Brown
3	DMC 3830 Terra Cotta	**8**	DMC 930 Dark Antique Blue	**13**	DMC 3862 Dark Mocha Beige
4	DMC 676 Light Old Gold	**9**	DMC 932 Light Antique Blue	**14**	DMC 3863 Medium Mocha Beige
5	DMC 3012 Medium Khaki Green	**10**	DMC 3778 Light Terra Cotta	**15**	DMC 3864 Light Mocha Beige

How many strands

Stem stitch. 4 strands: bud stem, closed eye; 3 strands: coat, bear edge, mouth; 2 or 3 strands: tendrils, side stems; 2 strands: great leaf edge, right leaf edge, petal edges, pod edge, hillock edge, brow; 1 strand: toes.
French knot. 2 strands: right leaf knots, stamen knots, flower hearts; 1 strand: berry lights, pod trellis.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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