Small solstice rose with a rising sun

6 inch (15 cm) hoop, 3.9 × 3.9 in (9.9 × 9.9 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of teal cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, colors 4, 5, 6
   3 strands: water lines
   4 strands: stems

2. **Satin stitch**
   2 strands, colors 1, 2, 4, 5, 6, 8, 9, 10, 12
   Long rays, sun, horizon, bud cups, buds



3. **Fishbone stitch**
   2 strands, colors 6, 7
   Leaves



4. **Long and short stitch**
   1 strand, colors 8, 9, 10, 11, 13, 14
   Outer petals, rose center, inner petals, cup petals



5. **Straight stitch**, 3 strands, color 2
   Short rays



6. **Chain stitch**, 2 strands, color 3
   Sun rim



7. **Split stitch**, 1 strand, color 11
   Petal edges

8. **French knot**
   2 strands, two wraps, color 3
   Ray knots



Take out lines that still show, press face down on soft cloth.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 743 Medium Yellow	**6**	DMC 3347 Medium Yellow Green	**11**	DMC 814 Dark Garnet
2	DMC 783 Medium Topaz	**7**	DMC 3345 Dark Hunter Green	**12**	DMC 3346 Hunter Green
3	DMC 712 Cream	**8**	DMC 817 Very Dark Coral Red	**13**	DMC 352 Light Coral
4	DMC 745 Light Pale Yellow	**9**	DMC 498 Dark Red	**14**	DMC 353 Peach
5	DMC 3811 Very Light Turquoise	**10**	DMC 350 Medium Coral		

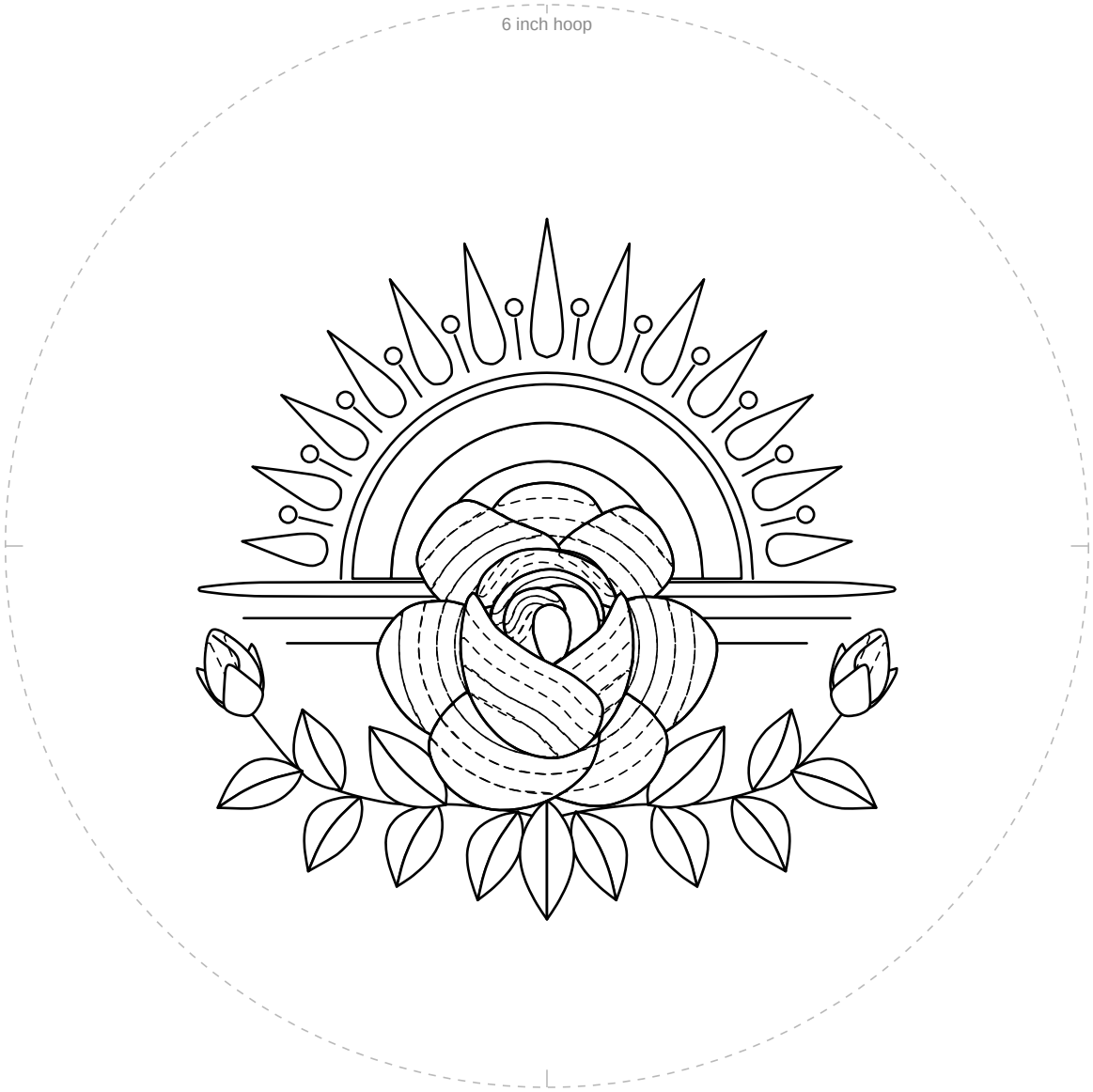
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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