Small swallow for a shirt chest

6 inch (15 cm) hoop, 3.7 × 3.6 in (9.4 × 9.1 cm)



A number is a row of the list.
Fabric: pale gray cotton or linen.

Floss

- **DMC 823 Dark Navy Blue**
  Far wing, near wing, tail, head, leading edges and bill
- **DMC 712 Cream**
  Breast, tail spots and eye
- **DMC 797 Royal Blue**
  Small wing feathers and feather quills
- **DMC 921 Copper**
  Throat

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Tail, far wing, small wing feathers, near wing, breast, head, throat, bill



2. **Straight stitch**, 2 strands
   Tail spots



3. **Split stitch**, 1 strand
   Feather quills

4. **Stem stitch**, 2 strands
   Leading edges

5. **French knot**, 1 strand, two wraps
   Eye



Take out lines that still show, press face down on soft cloth.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

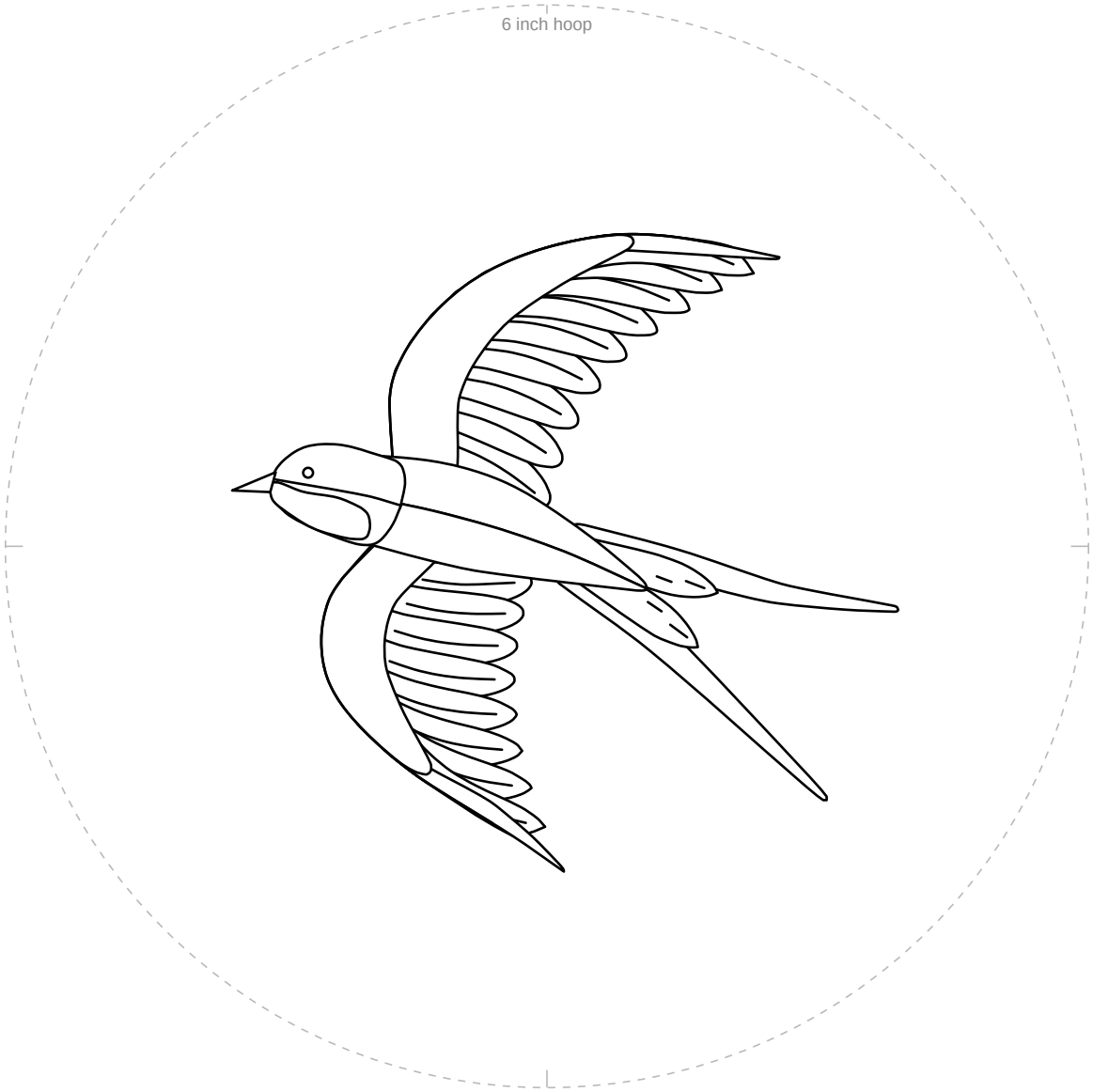
Buy: one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of pale gray cotton or linen, a water-soluble pen.

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

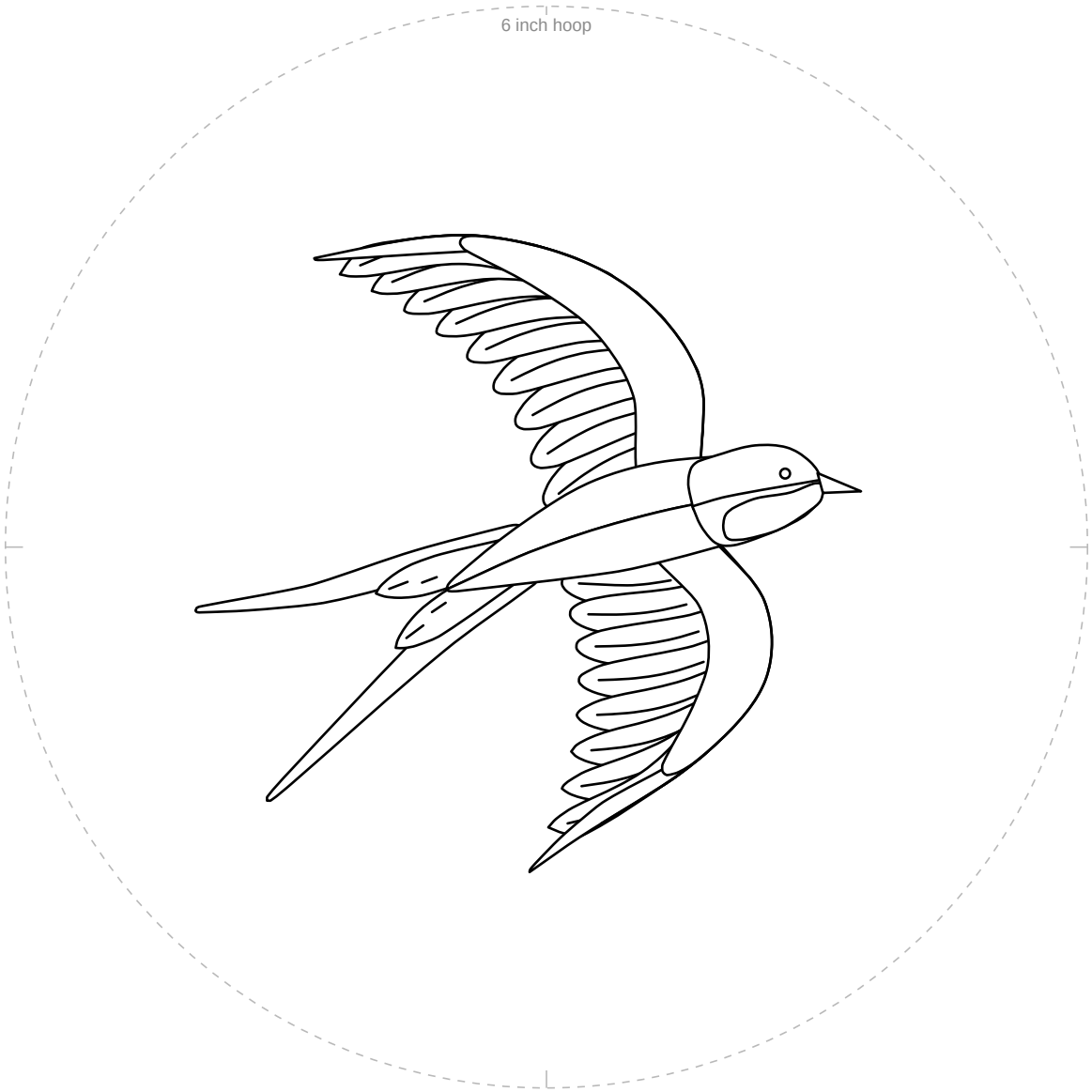
Not 1 inch (25.4 mm)? Print again at 100%.

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Small swallow for a shirt chest

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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