Small swimmer in a flower cap

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.1 in (11.7 × 10.4 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops, knots and raised parts.

1. **Satin stitch**, 2 strands
   Flags, kickboard, cheek, cap brim, leaves, daisies, daisy hearts, water, splash, lane floats
2. **Long and short stitch**, 1 strand
   Skin, swimsuit, cap
3. **Stem stitch**, strands by part on page 2
   Flag string, board edge, eyebrow, mouth, ear line, ripples
4. **Split stitch**, 1 strand
   Skin edge, arm line
5. **Back stitch**, 3 strands
   Eye
6. **Straight stitch**, 1 strand
   Lashes, fingers, daisies
7. **Lazy daisy stitch**, 2 strands
   Daisies
8. **French knot**
   strands by part on page 2, two wraps
   Suit dots, curls, brim pearls, daisy hearts, buds
9. **Woven wheel stitch**, 4 strands
   Roses

Floss

- **1 DMC 350 Medium Coral**
  Cap (middle), lane floats (darker), flags (darkest)
- **2 DMC 3820 Dark Straw**
  Swimsuit and daisy hearts (darker), flags (light)
- **3 DMC 3848 Medium Teal Green** Kickboard (middle), flags (dark)
- **4 DMC BLANC White**
  Daisies, brim pearls and suit dots, lane floats (lighter), flags (lightest)
- **5 DMC 3847 Dark Teal Green**
  Leaves (darker), flag string and board edge, kickboard (dark)
- **6 DMC 433 Medium Brown** Skin (middle)
- **7 DMC 898 Very Dark Coffee Brown**
  Skin (darkest), skin edge (darker)
- **8 DMC 801 Dark Coffee Brown** Skin (dark), skin edge (lighter)
- **9 DMC 434 Light Brown** Skin (light)
- **10 DMC 597 Turquoise**
  Kickboard (light), water and splash (darker), ripples (lighter)
- **11 DMC 435 Very Light Brown** Skin (lightest)
- **12 DMC 726 Light Topaz** Swimsuit and daisy hearts (lighter), buds
- **13 DMC 3830 Terra Cotta** Cheek
- **14 DMC 938 Ultra Dark Coffee Brown**
  Curls, arm line, ear line, fingers, eye, lashes, eyebrow and mouth
- **15 DMC 351 Coral** Cap (light)
- **16 DMC 349 Dark Coral** Cap (dark), cap brim
- **17 DMC 3813 Light Blue Green** Leaves (lighter)
- **18 DMC 963 Ultra Very Light Dusty Rose** Roses (lighter)
- **19 DMC 3706 Medium Melon** Roses (darker)
- **20 DMC 3766 Light Peacock Blue** Water and splash (lighter)
- **21 DMC 3810 Dark Turquoise** Ripples (darker)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Small swimmer in a flower cap

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 350 Medium Coral	8	DMC 801 Dark Coffee Brown	15	DMC 351 Coral
2	DMC 3820 Dark Straw	9	DMC 434 Light Brown	16	DMC 349 Dark Coral
3	DMC 3848 Medium Teal Green	10	DMC 597 Turquoise	17	DMC 3813 Light Blue Green
4	DMC BLANC White	11	DMC 435 Very Light Brown	18	DMC 963 Ultra Very Light Dusty Rose
5	DMC 3847 Dark Teal Green	12	DMC 726 Light Topaz	19	DMC 3706 Medium Melon
6	DMC 433 Medium Brown	13	DMC 3830 Terra Cotta	20	DMC 3766 Light Peacock Blue
7	DMC 898 Very Dark Coffee Brown	14	DMC 938 Ultra Dark Coffee Brown	21	DMC 3810 Dark Turquoise

How many strands

Stem stitch. 2 or 3 strands: ripples; 2 strands: flag string, board edge, eyebrow, mouth; 1 strand: ear line.
French knot. 2 strands: suit dots, curls, brim pearls, buds; 1 strand: daisy hearts.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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