Smash the patriarchy on a broken plate

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.7 in (11.4 × 11.9 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 to 2 strands
  White china, great flower petals, poppy petals
- **Satin stitch**, 2 strands
  Plate edge, scallops, letters, blue leaves, blue buds, blue flowers, blue flower hearts, great flower heart, great flower cup, and 4 more
- **Stem stitch**, 1 to 5 strands
  Rim line, well line, spray stems, rim sprig stems, poppy leaf stems, poppy stems
- **French knot**, 1 to 2 strands, two wraps
  Border knots, blue berries, poppy stamens
- **Split stitch**, 1 strand
  Broken edges, petal edges, poppy edges
- **Fishbone stitch**, 2 strands
  Blue leaves
- **Straight stitch**, 1 strand
  Poppy stamens

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC BLANC White**
  White china (lighter)
- **DMC 3841 Pale Baby Blue**
  White china (darker), great flower petals (lightest)
- **DMC 798 Dark Delft Blue**
  Plate edge and scallops, blue flowers (darker) and 6 more parts
- **DMC 809 Delft Blue**
  Broken edges and rim line, great flower petals (light) and 4 more parts
- **DMC 820 Very Dark Royal Blue**
  Letters, well line and petal edges, great flower petals (darkest) and 6 more parts
- **DMC 3345 Dark Hunter Green**
  Poppy leaves (darker), poppy stems and poppy leaf stems
- **DMC 3347 Medium Yellow Green**
  Poppy leaves (lighter), bud and poppy hearts
- **DMC 3705 Dark Melon**
  Poppy petals (light)
- **DMC 498 Dark Red**
  Poppy petals (dark), poppy edges
- **DMC 666 Bright Red**
  Poppy petals (middle), bud petals

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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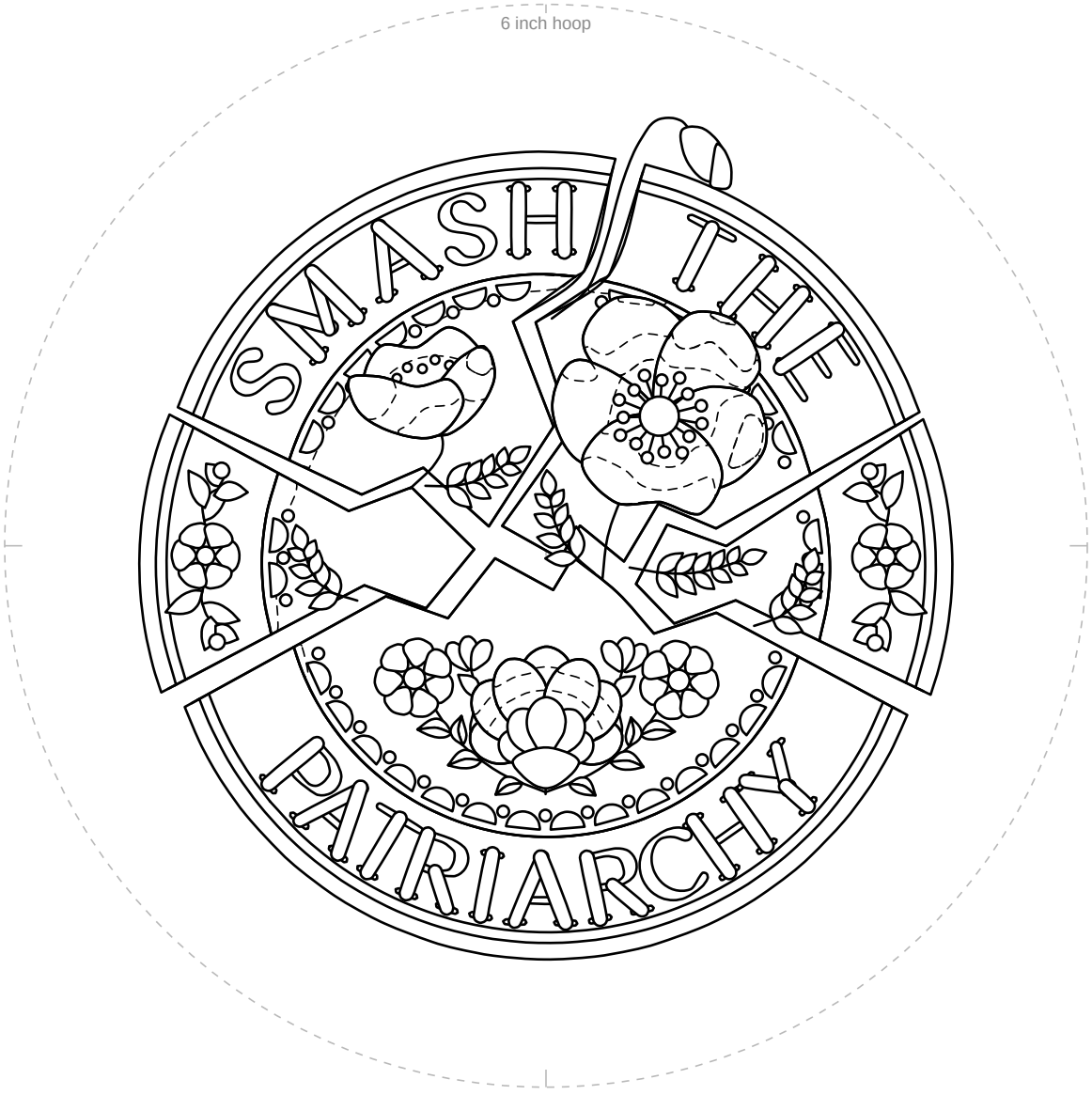
Smash the patriarchy on a broken plate

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Smash the patriarchy on a broken plate

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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