Smocked baby dress on a hanger

6 inch (15 cm) hoop, 4.2 × 4.4 in (10.7 × 11.2 cm)



Colors by number: page 2.
Fabric: blush pink cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of blush pink cotton or linen.

An embroidery needle, size 9.

17 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Twigs

2. **Fishbone stitch**, 2 strands
   Leaves



3. **Long and short stitch**
   1 strand
   Blossom petals, inside of the dress, sleeves, skirt



4. **Satin stitch**, 2 strands
   Bough, flower buds, bud cups, hanger, cuff lace, cuffs, hem lace, pleats, rose leaves, collar, hook, bow, bow knot



5. **Split stitch**
   1 strand: blossom edges, lace edges, sleeve edges, skirt edges, bow edges
   2 strands: pleat lines, front edges

6. **Chain stitch**, 3 strands
   Hem line, cable rows



7. **Back stitch**, 3 strands
   Smocking diamonds, smocking points

8. **Stem stitch**
   1 strand: hanger edge
   2 strands: collar edge

9. **French knot**
   2 strands, two wraps
   Blossom centers, smocking knots, collar button



10. **Bullion knot**, 2 strands
    Bullion roses



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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Smocked baby dress on a hanger

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 801 Dark Coffee Brown	7	DMC 818 Baby Pink	13	DMC 3325 Light Baby Blue
2	DMC 3347 Medium Yellow Green	8	DMC 3820 Dark Straw	14	DMC 3841 Pale Baby Blue
3	DMC 3348 Light Yellow Green	9	DMC 334 Medium Baby Blue	15	DMC 3731 Very Dark Dusty Rose
4	DMC 3345 Dark Hunter Green	10	DMC 3755 Baby Blue	16	DMC 3350 Ultra Dark Dusty Rose
5	DMC 3733 Dusty Rose	11	DMC 738 Very Light Tan	17	DMC 414 Dark Steel Gray
6	DMC 3865 Winter White	12	DMC 435 Very Light Brown		

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Smocked baby dress on a hanger

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Smocked baby dress on a hanger

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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