Soccer cleat full of wildflowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.8 × 4.4 in (9.7 × 11.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Lining, grass blades, grass heads, leaves, poppy petals, buds, cornflower petals, cornflower cups, daisy petals, daisy cups, poppy hearts, and 5 more
2. **Long and short stitch**, 1 strand
   Tongue, poppy petals, leather, heel piece, lace panel
3. **Padded satin stitch**, 2 strands
   Poppy hearts, ladybird
4. **Running stitch**, 1 strand
   Seam stitching
5. **Stem stitch**, strands by part on page 2
   Grasses, stems, leaf veins
6. **Straight stitch**, 1 strand
   Bud hairs, daisy cups, poppy stamens, poppy hearts, ladybird legs
7. **Fly stitch**, 1 strand
   Cornflower cups
8. **Split stitch**, strands by part on page 2
   Seams, creases
9. **Couching**, 6 strands
   Laces
10. **Back stitch**, 1 strand
    Ladybird
11. **French knot**
    strands by part on page 2, two wraps
    Cornflower hearts, daisy hearts, poppy stamens, eyelets, ladybird spots

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 938 Ultra Dark Coffee Brown**
  Sole, lining, seams and creases, studs (dark), leather and heel piece (darkest)
- **2 DMC 434 Light Brown**
  Leather and tongue (light), lace panel (lighter), heel piece (lightest), collar (middle)
- **3 DMC 801 Dark Coffee Brown** Leather and heel piece (dark), tongue (darkest)
- **4 DMC 433 Medium Brown**
  Heel piece (light), leather (middle), lace panel (darker) and 4 more parts
- **5 DMC 435 Very Light Brown** Leather and tongue (lightest), collar (light)
- **6 DMC 3046 Medium Yellow Beige**
  Grass heads (lighter), seam stitching and eyelets
- **7 DMC 3052 Medium Green Gray**
  Grasses, leaves and grass blades (middle), stems (light) and 4 more parts
- **8 DMC 3051 Dark Green Gray**
  Stems (middle), grass blades and leaves (dark) and 3 more parts
- **9 DMC 3053 Green Gray**
  Leaves, grass blades and poppy hearts (light), cornflower cups (lighter), bud hairs
- **10 DMC 782 Dark Topaz** Grass heads and daisy hearts (darker)
- **11 DMC 935 Dark Avocado Green**
  Stems and poppy hearts (dark), daisy cups (darker)
- **12 DMC 817 Very Dark Coral Red** Poppy petals (dark), ladybird (lighter)
- **13 DMC 793 Medium Cornflower Blue** Cornflower petals (light)
- **14 DMC 794 Light Cornflower Blue** Cornflower petals (lightest)
- **15 DMC 792 Dark Cornflower Blue** Cornflower petals (dark)
- **16 DMC 791 Very Dark Cornflower Blue**
  Cornflower petals (darkest), cornflower hearts
- **17 DMC 3866 Ultra Very Light Mocha** Daisy petals (middle), laces (lighter)
- **18 DMC 815 Medium Garnet** Poppy petals (darkest)
- **19 DMC 350 Medium Coral** Poppy petals (light)
- **20 DMC BLANC White** Daisy petals (light)
- **21 DMC 3032 Medium Mocha Brown** Daisy petals (dark)
- **22 DMC 3822 Light Straw** Daisy hearts (lighter)
- **23 DMC 3371 Black Brown**
  Poppy stamens, poppy blotches and ladybird legs, studs (middle) and 2 more parts
- **24 DMC 351 Coral** Poppy petals (lightest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is running stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 938 Ultra Dark Coffee Brown	**9**	DMC 3053 Green Gray	**17**	DMC 3866 Ultra Very Light Mocha
2	DMC 434 Light Brown	**10**	DMC 782 Dark Topaz	**18**	DMC 815 Medium Garnet
3	DMC 801 Dark Coffee Brown	**11**	DMC 935 Dark Avocado Green	**19**	DMC 350 Medium Coral
4	DMC 433 Medium Brown	**12**	DMC 817 Very Dark Coral Red	**20**	DMC BLANC White
5	DMC 435 Very Light Brown	**13**	DMC 793 Medium Cornflower Blue	**21**	DMC 3032 Medium Mocha Brown
6	DMC 3046 Medium Yellow Beige	**14**	DMC 794 Light Cornflower Blue	**22**	DMC 3822 Light Straw
7	DMC 3052 Medium Green Gray	**15**	DMC 792 Dark Cornflower Blue	**23**	DMC 3371 Black Brown
8	DMC 3051 Dark Green Gray	**16**	DMC 791 Very Dark Cornflower Blue	**24**	DMC 351 Coral

How many strands

Stem stitch. 2 or 3 strands: stems; 1 strand: grasses, leaf veins.
Split stitch. 2 strands: seams; 1 strand: creases.
French knot. 2 strands: eyelets; 1 strand: cornflower hearts, daisy hearts, poppy stamens, ladybird spots.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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