Soul sisters with peonies and a swallow

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.7 in (11.7 × 11.9 cm).



Which color goes where: by number on page 2.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3810 Dark Turquoise**
  Stems, wing shoulders and tail (lighter), sepals, wing feathers, back and head (middle)
- **2 DMC 310 Black**
  Petal outlines, words, leaf outlines and swallow outlines and 5 more parts
- **3 DMC 780 Ultra Very Dark Topaz**
  Ribbon underside, ribbon tails, daisy hearts and peony hearts (darkest)
- **4 DMC 3822 Light Straw**
  Ribbon tails, daisy hearts and peony hearts (lightest), stamens (lighter)
- **5 DMC 783 Medium Topaz**
  Ribbon tails, daisy hearts and peony hearts (dark)
- **6 DMC 3820 Dark Straw**
  Ribbon tails, daisy hearts and peony hearts (light), stamens (darker)
- **7 DMC 3808 Ultra Very Dark Turquoise**
  Leaves, stems, wing shoulders and tail (darker), back, wing feathers and head (dark)
- **8 DMC 597 Turquoise**
  Leaves (lighter), wing feathers, back and head (light)
- **9 DMC 304 Medium Red**
  Peony petals and peony buds (dark), throat
- **10 DMC 712 Cream** Daisy petals and eye (lighter)
- **11 DMC 814 Dark Garnet** Peony petals and peony buds (darkest)
- **12 DMC 350 Medium Coral** Peony petals and peony buds (light)
- **13 DMC 352 Light Coral** Peony petals and peony buds (lightest)
- **14 DMC 738 Very Light Tan** Daisy petals (darker)
- **15 DMC 435 Very Light Brown** Ribbon shading

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Stems, ribbon underside, tail, wing shoulders, throat, bill, sepals, daisy petals, words
2. **Long and short stitch**, 1 strand
   Ribbon tails, wing feathers, back, head, peony buds, peony petals
3. **Fishbone stitch**, 2 strands
   Leaves
4. **Split stitch**, strands by part on page 2
   Stem outlines, leaf outlines, swallow outlines, petal outlines, words
5. **Back stitch**, strands by part on page 2
   Ribbon outlines, leaf outlines
6. **Straight stitch**, strands by part on page 2
   Stamens, ribbon shading
7. **Stem stitch**, 6 strands
   Ribbon face edge
8. **French knot**, strands by part on page 2, two wraps
   Eye, daisy hearts, stamens, peony hearts

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Soul sisters with peonies and a swallow

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3810 Dark Turquoise	**6**	DMC 3820 Dark Straw	**11**	DMC 814 Dark Garnet
2	DMC 310 Black	**7**	DMC 3808 Ultra Very Dark Turquoise	**12**	DMC 350 Medium Coral
3	DMC 780 Ultra Very Dark Topaz	**8**	DMC 597 Turquoise	**13**	DMC 352 Light Coral
4	DMC 3822 Light Straw	**9**	DMC 304 Medium Red	**14**	DMC 738 Very Light Tan
5	DMC 783 Medium Topaz	**10**	DMC 712 Cream	**15**	DMC 435 Very Light Brown

How many strands

Split stitch. 1 or 2 strands: stem outlines, leaf outlines, swallow outlines, petal outlines; 1 strand: words.
Back stitch. 3 or 4 strands: ribbon outlines; 1 strand: leaf outlines.
Straight stitch. 3 strands: ribbon shading; 1 or 2 strands: stamens.
French knot. 2 strands: daisy hearts, peony hearts; 1 or 2 strands: eye, stamens.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Soul sisters with peonies and a swallow

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Soul sisters with peonies and a swallow

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.