# Soulmates

6 inch (15 cm) hoop, 4.9 × 4.4 in (12.4 × 11.2 cm)




Colors by number: page 2.
Fabric: indigo cotton or linen.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

An embroidery needle, size 9.

9 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

## Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 3, 4, 6, 7
   Bodies, wing feathers, shoulders, heads



2. **Satin stitch**
   2 strands, colors 4, 8, 9
   Bills, bill markings, eyes, letters



3. **Running stitch**
   colors 1, 2, 3, 4, 5
   3 strands: ripples, outer ring
   2 strands: moonlight



4. **Stem stitch**, 3 strands, color 5
   Moon



5. **Split stitch**, 1 strand, color 4
   Feather edges



6. **Straight stitch**, 1 strand, color 4
   Eye highlights



Take out lines that still show, press face down, finish the hoop or sew a pillow.



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**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




| | | |
|---|---|---|
| **1** DMC 809 Delft Blue | **4** DMC 3865 Winter White | **7** DMC 762 Very Light Pearl Gray |
| **2** DMC 3325 Light Baby Blue | **5** DMC 745 Light Pale Yellow | **8** DMC 351 Coral |
| **3** DMC 3752 Very Light Antique Blue | **6** DMC 932 Light Antique Blue | **9** DMC 310 Black |



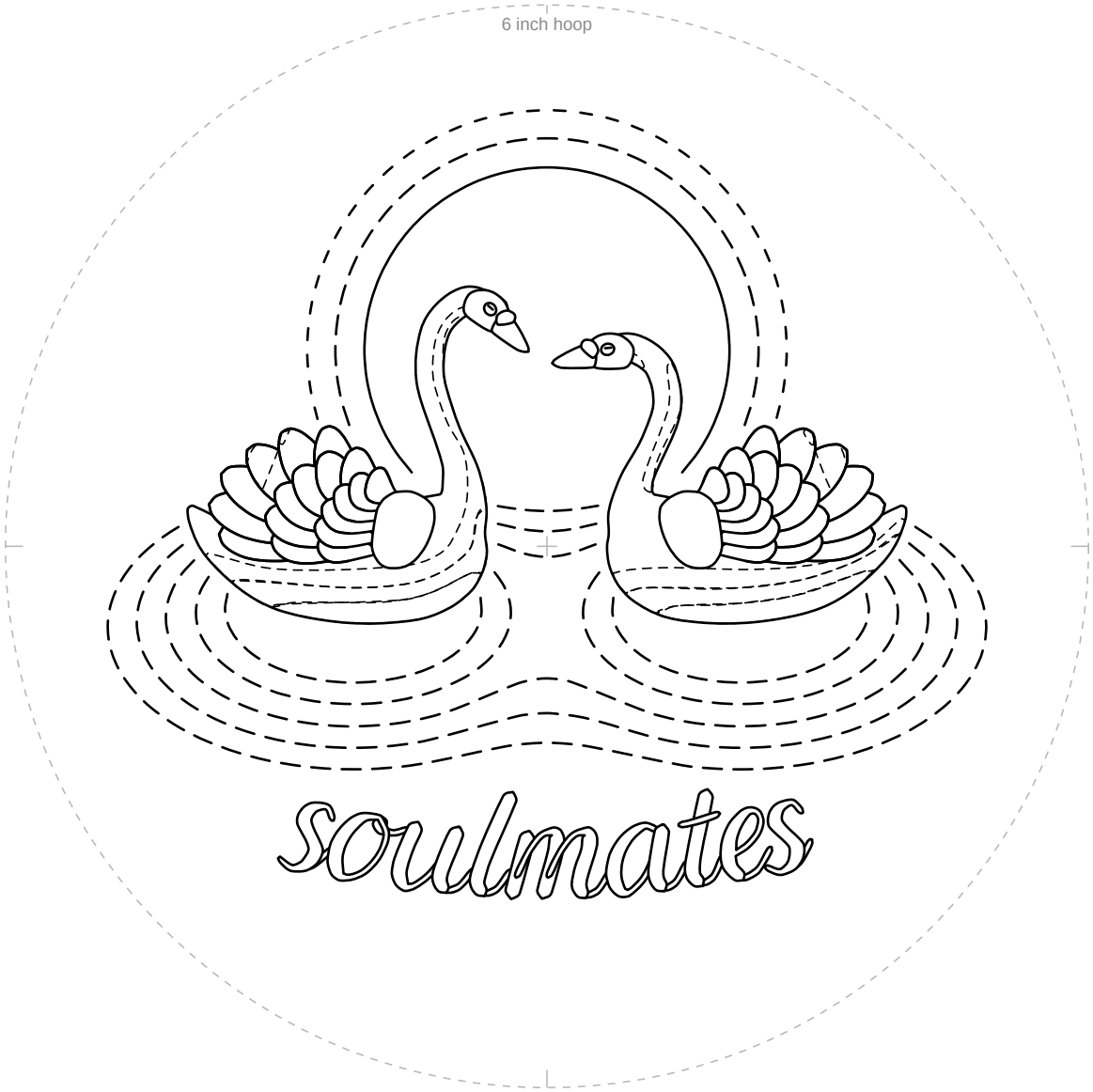
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**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a dashed line is running stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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