South African protea wreath

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.3 in (11.4 × 10.9 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 3 strands
  Ring stem, silver leaves, open leaves, pincushion styles, bud stalks, bird feet
- **Back stitch**, 1 to 2 strands
  Reeds, open leaves
- **French knot**, 1 to 2 strands, two wraps
  Reed heads, protea heart, style heads, gazania hearts
- **Long and short stitch**, 1 strand
  Silver leaves, protea bracts, pincushion domes, protea buds, bird tail, bird body, bird vent, and 5 more
- **Fishbone stitch**, 2 strands
  Olive leaves, silver leaves
- **Split stitch**, 1 strand
  Bract edges, tail shafts, wing feathers, bird eye stripe
- **Turkey work**, 2 strands
  Protea heart
- **Satin stitch**, 2 strands
  Pincushion cup, gazania petals, bud scales, perch, bird bill, bird eye
- **Straight stitch**, 1 to 2 strands
  Gazania rings, wing feathers, bird eye light, bird feet

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 3362 Dark Pine Green**
  Olive leaves and bud scales (darker), ring stem (lighter), pincushion cup
- **DMC 433 Medium Brown**
  Reeds and bird streaks, ring stem (darker), bird breast (dark)
- **DMC 3031 Very Dark Mocha Brown**
  Tail shafts and gazania rings, bird wing (darker) and 7 more parts
- **DMC 520 Dark Fern Green** Silver leaves (dark)
- **DMC 522 Fern Green** Silver leaves (middle)
- **DMC 3363 Medium Pine Green**
  Olive leaves and bud scales (lighter), open leaves and bud stalks
- **DMC 524 Very Light Fern Green** Silver leaves (light)
- **DMC 3350 Ultra Dark Dusty Rose**
  Bract edges, protea bracts (darkest)
- **DMC 3731 Very Dark Dusty Rose**
  Protea bracts (dark), protea buds
- **DMC 3733 Dusty Rose**
  Protea bracts (middle), protea heart (darkest)
- **DMC 3354 Light Dusty Rose** Protea bracts (light)
- **DMC 819 Light Baby Pink** Protea bracts (lightest)
- **DMC 3865 Winter White**
  Protea heart (lightest), bird body (light), bird throat and bird eye light
- **DMC 415 Pearl Gray** Protea heart (dark)
- **DMC 762 Very Light Pearl Gray** Protea heart (light)
- **DMC 947 Burnt Orange**
  Pincushion domes and pincushion styles (middle), gazania hearts (darker)
- **DMC 920 Medium Copper**
  Pincushion styles and pincushion domes (dark), bird breast (middle)
- **DMC 741 Medium Tangerine**
  Pincushion styles and pincushion domes (light)
- **DMC 727 Very Light Topaz**
  Gazania petals and bird vent (light), style heads (lighter)
- **DMC 725 Medium Light Topaz**
  Gazania petals (middle), style heads (darker) and 2 more parts
- **DMC 783 Medium Topaz**
  Gazania petals and bird vent (dark)
- **DMC 840 Medium Beige Brown**
  Bird tail (middle), bird wing (lighter), perch and 3 more parts
- **DMC 842 Very Light Beige Brown**
  Bird body (middle), bird head and bird tail (light), wing feathers

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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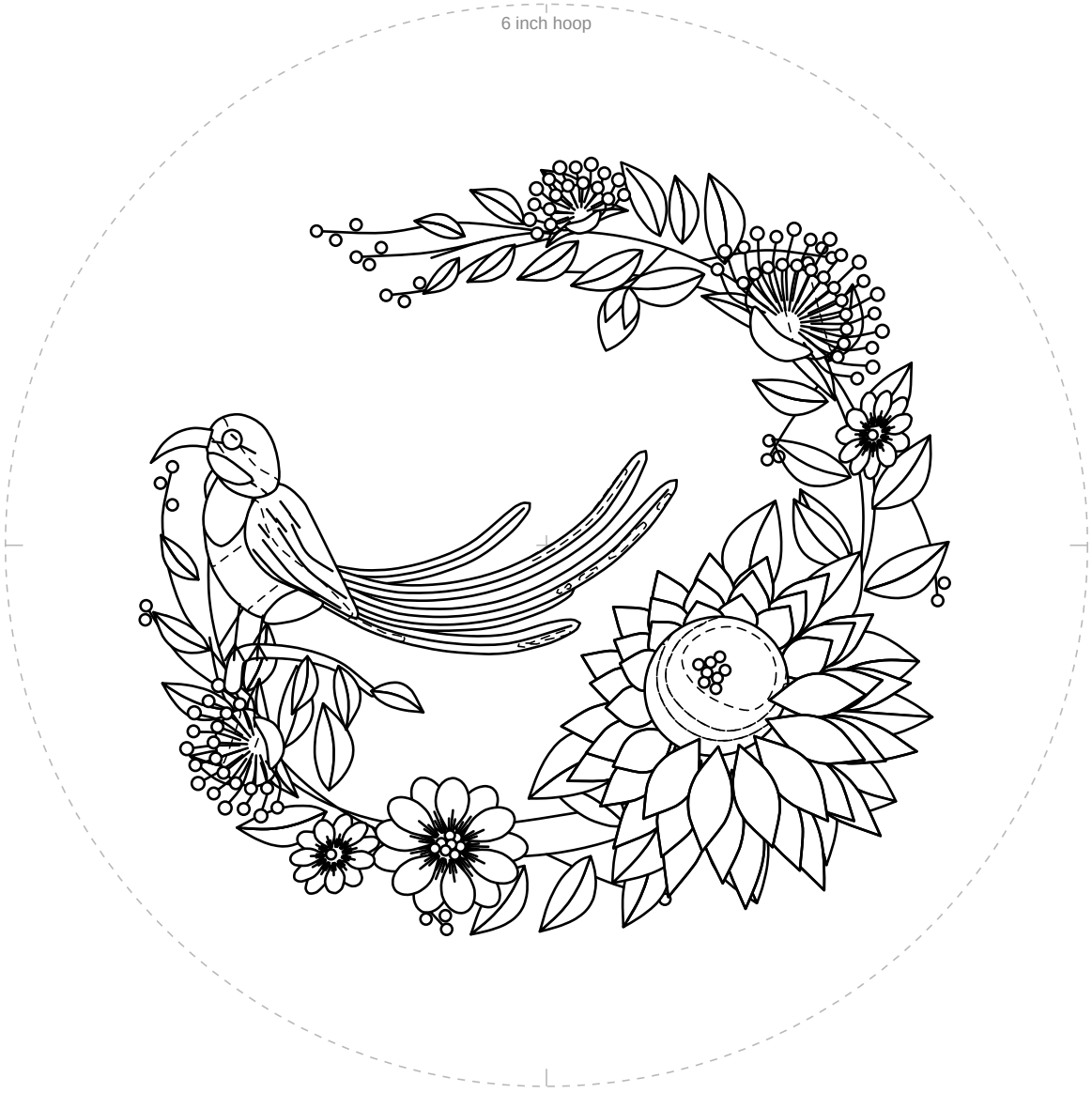
South African protea wreath

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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