Southern Cross star bookmark

Sized for a 6 inch hoop (15 cm). The stitched design is about 1.8 × 4.7 in (4.6 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: indigo cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3822 Light Straw**
  Border and flower heart tips
- **2 DMC 762 Very Light Pearl Gray**
  Stars, flower heart, small stars and constellation lines, star hearts (lighter)
- **3 DMC 350 Medium Coral**
  Bract outlines and bract scales, star hearts (darker)
- **4 DMC 503 Medium Blue Green**
  Leaves, hill, stem and leaf veins
- **5 DMC 353 Peach**
  Bract tips

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Satin stitch**, 2 strands
   Bract tips, bract scales
3. **Running stitch**, strands by part on page 2
   Border, hill
4. **Back stitch**, 1 strand
   Constellation lines, leaf veins
5. **Straight stitch**, strands by part on page 2
   Stars, small stars, flower heart
6. **Stem stitch**, strands by part on page 2
   Stem, leaves, bract outlines
7. **French knot**, 2 strands, two wraps
   Star hearts, flower heart tips

What you need

Easy. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in indigo. Embroidery needle: size 9 for 1 strand, size 7 for 2 or 3 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Southern Cross star bookmark

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3822 Light Straw
2 DMC 762 Very Light Pearl Gray
3 DMC 350 Medium Coral
4 DMC 503 Medium Blue Green
5 DMC 353 Peach

How many strands

Running stitch. 1 or 3 strands: border; 2 strands: hill.
Straight stitch. 1 to 3 strands: stars; 1 or 2 strands: flower heart; 1 strand: small stars.
Stem stitch. 2 or 3 strands: stem; 2 strands: leaves, bract outlines.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Southern Cross star bookmark

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Southern Cross star bookmark

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.