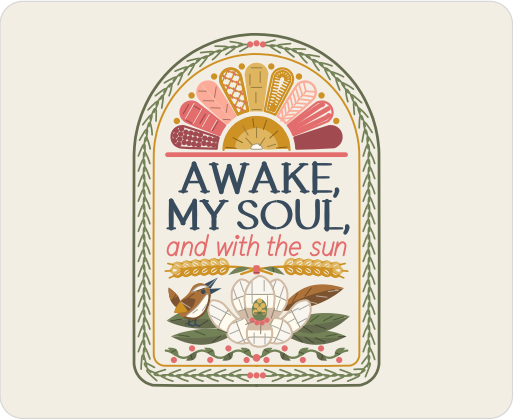
Southern hymn sampler, Awake, my soul

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.2 × 4.6 in (8.1 × 11.7 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Sun rays, hymn letters, wheat blades, wheat tie, and 6 more
2. **Trellis stitch**, 2 strands
   Sun rays
3. **Padded satin stitch**, 2 strands
   Sun rays
4. **Buttonhole stitch**, 2 strands
   Sun rays
5. **Woven filling stitch**, 3 strands
   Sun rays
6. **Long and short stitch**, 1 strand
   Sun, magnolia petals, wren, wren breast
7. **Fishbone stitch**, 2 strands
   Magnolia leaves
8. **Stem stitch**, strands by part on page 2
   Border line, ray edges, sun edge, wheat stalks, vine
9. **Feather stitch**, 2 strands
   Feather border
10. **Back stitch**, 2 strands
    Inner line, small letters

Floss

- 1 **DMC 520 Dark Fern Green** Border line and 2 more parts
- 2 **DMC 3363 Medium Pine Green** Feather border and 6 more parts
- 3 **DMC 3328 Dark Salmon** Small letters, sun rays (dark) and 6 more parts
- 4 **DMC 783 Medium Topaz** Inner line, sun rays (middle) and 8 more parts
- 5 **DMC 3721 Dark Shell Pink** Sun rays and ray edges (darkest)
- 6 **DMC 3341 Apricot** Sun rays and ray edges (lightest)
- 7 **DMC 3820 Dark Straw** Wheat ears (lighter) and 4 more parts
- 8 **DMC 712 Cream** Magnolia petals and sun (light), wren breast
- 9 **DMC 3750 Very Dark Antique Blue**
  Hymn letters, bill, legs, toes and eye
- 10 **DMC 433 Medium Brown** Magnolia leaves (darkest) and 4 more parts
- 11 **DMC 3826 Golden Brown**
  Wren, magnolia leaves (lightest), tail (lighter)
- 12 **DMC 3865 Winter White** Magnolia petals (middle), brow
- 13 **DMC 3782 Light Mocha Brown** Petal edges, magnolia petals (dark)

Stitches, continued

11. **Fly stitch**, 2 strands
    Sun rays
12. **Chain stitch**, 2 strands
    Sun rays, horizon
13. **Straight stitch**, strands by part on page 2
    Wheat ears, wheat beards, legs, toes
14. **Split stitch**, 1 strand
    Leaf veins, petal edges, wren edge
15. **Lazy daisy stitch**, 2 strands
    Wheat ears
16. **French knot**, strands by part on page 2, two wraps
    Crown knots, sun rays, sun beads, small letters, and 4 more

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

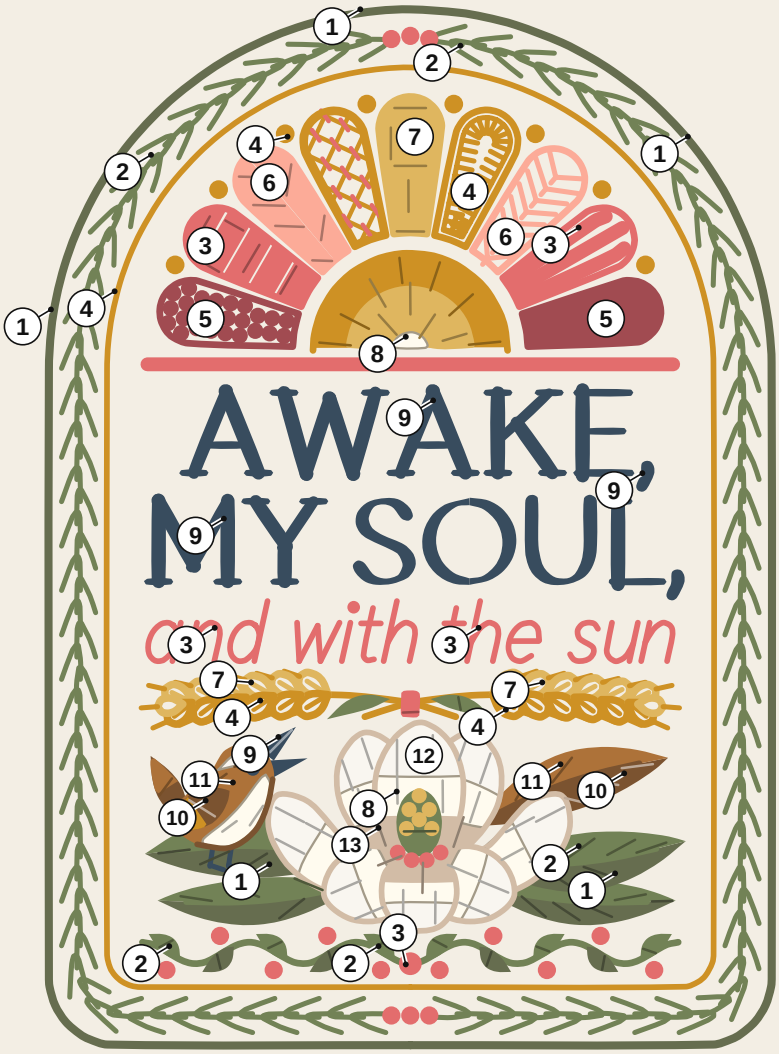
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 520 Dark Fern Green	**6**	DMC 3341 Apricot	**11**	DMC 3826 Golden Brown
2	DMC 3363 Medium Pine Green	**7**	DMC 3820 Dark Straw	**12**	DMC 3865 Winter White
3	DMC 3328 Dark Salmon	**8**	DMC 712 Cream	**13**	DMC 3782 Light Mocha Brown
4	DMC 783 Medium Topaz	**9**	DMC 3750 Very Dark Antique Blue		
5	DMC 3721 Dark Shell Pink	**10**	DMC 433 Medium Brown		

How many strands

Stem stitch. 3 strands: border line; 2 strands: ray edges, sun edge, wheat stalks, vine.
Straight stitch. 2 strands: legs, toes; 1 strand: wheat ears, wheat beards.
French knot. 2 strands: crown knots, sun rays, sun beads, vine berries, heart knots, stamens, eye; 1 strand: small letters.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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