Spiritual bouquet of lilies and roses

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.7 in (11.4 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**
   strands by part on page 2
   Olive leaves, lily leaves, lily buds, lily petals, rose petals, rose leaves
2. **Satin stitch**, 2 strands
   Forget-me-nots, anthers, lily feet, sepals, rose hips, ribbon, ribbon bow, cross side, gold cross
3. **Stem stitch**, strands by part on page 2
   Leaf stalks, leaf veins, lily stalks, forget-me-not stalks, stamens, rose stalks, rose hearts, bouquet stems, cross cord, cross ring
4. **Split stitch**, 1 strand
   Lily edges, rose edges, ribbon edges, cross edge
5. **Straight stitch**, strands by part on page 2
   Lily throats, thorns

Floss

- **1 DMC 3362 Dark Pine Green**
  Olive leaves (dark), leaf stalks, lily stalks (darker) and 5 more parts
- **2 DMC 3364 Pine Green**
  Olive leaves (lightest), leaf veins (lighter), forget-me-not stalks and 3 more parts
- **3 DMC 3363 Medium Pine Green**
  Olive leaves, rose leaves and bouquet stems (light) and 9 more parts
- **4 DMC 934 Black Avocado Green**
  Rose leaves, bouquet stems, olive leaves and lily leaves (darkest)
- **5 DMC BLANC White**
  Lily petals and lily buds (lightest), ribbon (lighter), ribbon bow (light)
- **6 DMC 415 Pearl Gray**
  Lily petals (dark), lily buds (middle dark), lily edges (lighter)
- **7 DMC 762 Very Light Pearl Gray** Lily petals and lily buds (light)
- **8 DMC 3348 Light Yellow Green**
  Stamens (lighter), lily throats and lily feet, lily buds (middle light)
- **9 DMC 318 Light Steel Gray**
  Lily petals (darkest), lily edges (darker), lily buds (dark)
- **10 DMC 794 Light Cornflower Blue** Forget-me-nots (lighter)
- **11 DMC 793 Medium Cornflower Blue**
  Forget-me-nots (darker), forget-me-not buds
- **12 DMC 3822 Light Straw** Gold cross and forget-me-not eyes
- **13 DMC 780 Ultra Very Dark Topaz**
  Anthers, cross side, cross cord and cross ring
- **14 DMC 3722 Medium Shell Pink** Rose petals (dark), rose edges
- **15 DMC 3721 Dark Shell Pink**
  Rose petals (darkest), rose hearts (dark)
- **16 DMC 224 Very Light Shell Pink**
  Rose petals and rose hearts (middle)
- **17 DMC 225 Ultra Very Light Shell Pink**
  Rose petals and rose hearts (light)
- **18 DMC 819 Light Baby Pink** Rose petals (lightest)
- **19 DMC 712 Cream** Ribbon bow (middle), ribbon (darker)
- **20 DMC 842 Very Light Beige Brown**
  Ribbon edges, ribbon bow (dark)
- **21 DMC 783 Medium Topaz** Cross edge

Stitches, continued

6. **French knot**, 2 strands, two wraps
   Forget-me-not eyes, forget-me-not buds, lily pistils

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3362 Dark Pine Green	**8**	DMC 3348 Light Yellow Green	**15**	DMC 3721 Dark Shell Pink
2	DMC 3364 Pine Green	**9**	DMC 318 Light Steel Gray	**16**	DMC 224 Very Light Shell Pink
3	DMC 3363 Medium Pine Green	**10**	DMC 794 Light Cornflower Blue	**17**	DMC 225 Ultra Very Light Shell Pink
4	DMC 934 Black Avocado Green	**11**	DMC 793 Medium Cornflower Blue	**18**	DMC 819 Light Baby Pink
5	DMC BLANC White	**12**	DMC 3822 Light Straw	**19**	DMC 712 Cream
6	DMC 415 Pearl Gray	**13**	DMC 780 Ultra Very Dark Topaz	**20**	DMC 842 Very Light Beige Brown
7	DMC 762 Very Light Pearl Gray	**14**	DMC 3722 Medium Shell Pink	**21**	DMC 783 Medium Topaz

How many strands

Long and short stitch. 2 strands: olive leaves, lily leaves, rose leaves; 1 strand: lily buds, lily petals, rose petals.
Stem stitch. 3 to 5 strands: bouquet stems; 3 or 4 strands: lily stalks; 3 strands: rose stalks; 2 strands: leaf stalks, cross cord; 1 or 2 strands: forget-me-not stalks, stamens, rose hearts; 1 strand: leaf veins, cross ring.
Straight stitch. 2 strands: thorns; 1 strand: lily throats.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

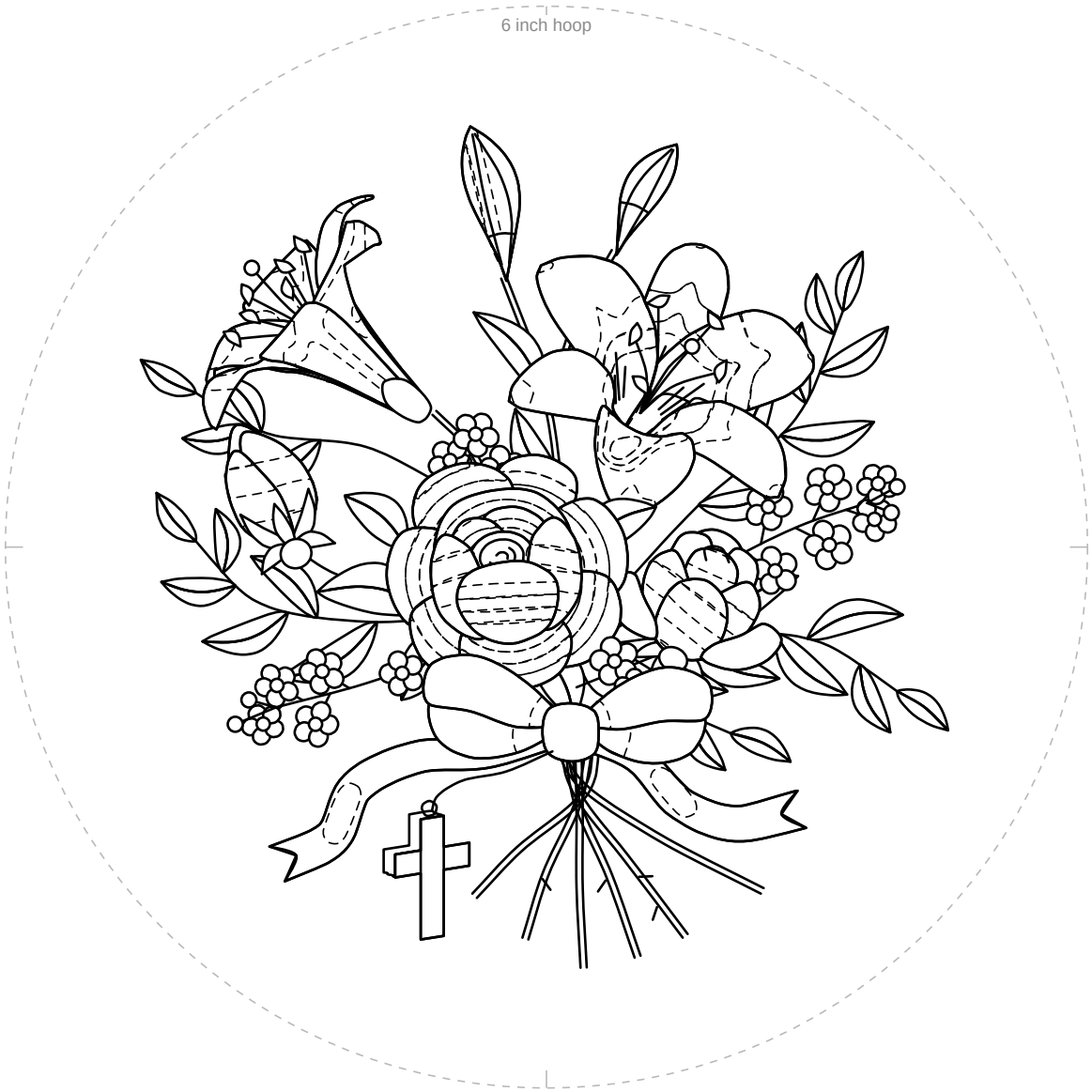
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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