Stars and stripes bow

6 inch (15 cm) hoop, 4 × 4.2 in (10.2 × 10.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

13 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand
   Starry lining, red stripes, cream stripes



2. **Satin stitch**, 2 strands, color 12
   Stars



Stitch in this order, continued

3. **Stem stitch**, 2 strands, color 2
   Edges

4. **Back stitch**, 1 strand, color 12
   Edges of the stars

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 930 Dark Antique Blue	**6**	DMC 815 Medium Garnet	**11**	DMC 738 Very Light Tan
2	DMC 3750 Very Dark Antique Blue	**7**	DMC 3777 Very Dark Terra Cotta	**12**	DMC 712 Cream
3	DMC 931 Medium Antique Blue	**8**	DMC 739 Ultra Very Light Tan	**13**	DMC 939 Very Dark Navy Blue
4	DMC 3830 Terra Cotta	**9**	DMC 3863 Medium Mocha Beige		
5	DMC 3857 Dark Rosewood	**10**	DMC 3864 Light Mocha Beige		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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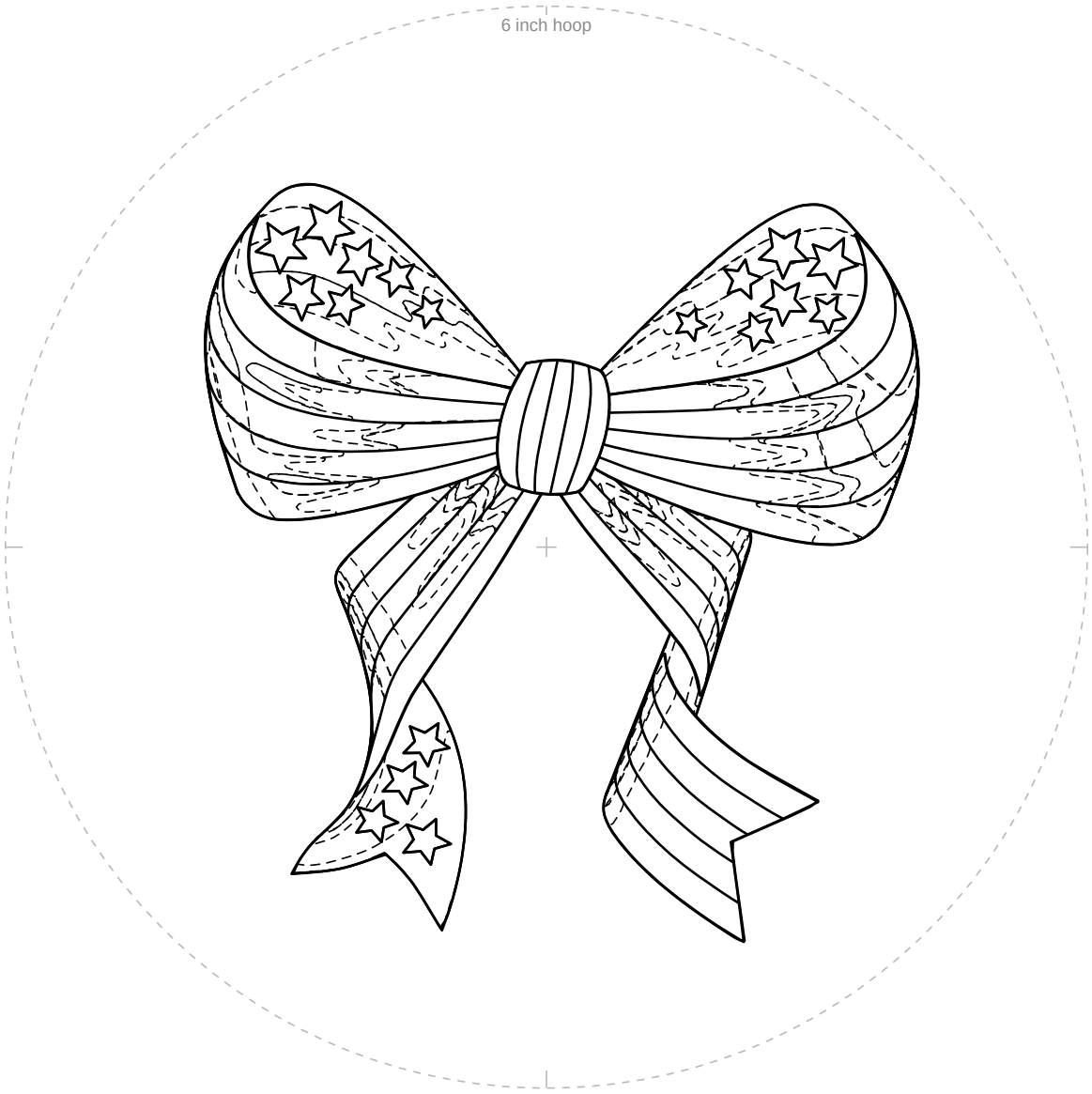
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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