Stay strong in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.8 in (11.9 × 12.2 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Under leaves, berries, cord, eye, bill
- **Long and short stitch**, 1 strand
  Boughs, tail, breast, back, wing, head, throat, brow
- **Fishbone stitch**, 2 strands
  Laurel leaves
- **Stem stitch**, 1 to 2 strands
  Berry stalks, blossom stalks, legs
- **Straight stitch**, 1 to 2 strands
  Berry lights, blossom stalks, feather bars, eye light
- **French knot**, 2 strands, two wraps
  Blossom
- **Split stitch**, 1 strand
  Feather edges
- **Padded satin stitch**, 1 strand
  Letters

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 501 Dark Blue Green**
  Under leaves, laurel leaves (shade 3 of 7)
- **DMC 801 Dark Coffee Brown**
  Boughs and feather bars (darker), feather edges, wing and back (darkest)
- **DMC 433 Medium Brown**
  Boughs (lighter), wing, back and tail (dark), head (darkest)
- **DMC 3346 Hunter Green**
  Laurel leaves (shade 2 of 7)
- **DMC 3348 Light Yellow Green**
  Laurel leaves (shade 7 of 7), blossom stalks (lighter)
- **DMC 503 Medium Blue Green**
  Laurel leaves (shade 6 of 7)
- **DMC 3347 Medium Yellow Green**
  Laurel leaves (shade 5 of 7), berry stalks, blossom stalks (darker)
- **DMC 3345 Dark Hunter Green**
  Laurel leaves (shade 1 of 7)
- **DMC 502 Blue Green** Laurel leaves (shade 4 of 7)
- **DMC 3834 Dark Grape** Berries (middle)
- **DMC 154 Very Dark Grape** Berries (dark)
- **DMC 3836 Light Grape** Berries (light)
- **DMC 712 Cream**
  Letters, berry lights and eye light, breast (lightest), throat (light)
- **DMC 745 Light Pale Yellow** Blossom (lighter)
- **DMC 3822 Light Straw**
  Cord and bill, blossom (darker)
- **DMC 435 Very Light Brown**
  Head, tail and wing (light), back (lightest), legs, breast (darkest)
- **DMC 434 Light Brown**
  Back (light), tail and wing (middle), head (dark)
- **DMC 739 Ultra Very Light Tan**
  Breast (light), throat (middle), brow
- **DMC 437 Light Tan**
  Breast (dark), head and wing (lightest)
- **DMC 738 Very Light Tan**
  Breast (middle), feather bars (lighter), throat (dark)
- **DMC 3371 Black Brown** Eye

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Stay strong in laurel

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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