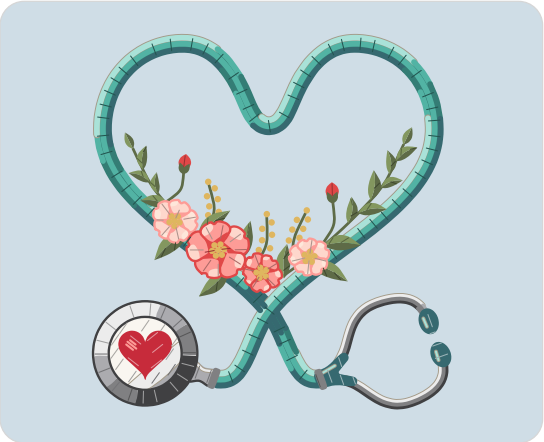
Stethoscope heart with monogram space

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.8 × 4 in (9.7 × 10.2 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Tube bed, chestpiece stem, collars, chestpiece, red heart, yoke, buds, sepals
2. **Long and short stitch**, 1 strand
   Chestpiece disc, blooms
3. **Padded satin stitch**, 2 strands
   Ear tips
4. **Fishbone stitch**, 2 strands
   Leaves
5. **Chain stitch**, 4 strands
   Tube
6. **Back stitch**, strands by part on page 2
   Chestpiece stem, chestpiece rim
7. **Straight stitch**, strands by part on page 2
   Heart light, ear tip light, yoke light
8. **Stem stitch**, strands by part on page 2
   Ear tubes, stems
9. **Split stitch**, 1 strand
   Petal edges
10. **French knot**, 2 strands, two wraps
    Filler knots, bloom centers

Floss

- **1 DMC 3847 Dark Teal Green** Tube bed, tube (dark)
- **2 DMC 964 Light Seagreen**
  Tube (lightest), ear tip light and yoke light
- **3 DMC 3808 Ultra Very Dark Turquoise**
  Tube (darkest), ear tips and yoke
- **4 DMC 3849 Light Teal Green** Tube (light)
- **5 DMC 318 Light Steel Gray**
  Chestpiece and ear tubes (light), chestpiece stem (middle), chestpiece disc (dark)
- **6 DMC 3799 Very Dark Pewter Gray**
  Chestpiece rim, chestpiece and ear tubes (darkest), chestpiece stem (dark)
- **7 DMC 762 Very Light Pearl Gray**
  Chestpiece and ear tubes (lightest), chestpiece disc (middle), chestpiece stem (light)
- **8 DMC 414 Dark Steel Gray**
  Chestpiece and ear tubes (dark), collars
- **9 DMC 3865 Winter White** Chestpiece disc (light)
- **10 DMC 321 Red** Red heart
- **11 DMC 352 Light Coral**
  Blooms (dark), petal edges (lighter), heart light
- **12 DMC 3362 Dark Pine Green**
  Leaves (darker), stems and sepals
- **13 DMC 3364 Pine Green** Leaves (lighter)
- **14 DMC 3820 Dark Straw** Bloom centers and filler knots
- **15 DMC 350 Medium Coral**
  Petal edges (darker), blooms (darkest), buds
- **16 DMC 353 Peach** Blooms (light)
- **17 DMC 948 Very Light Peach** Blooms (lightest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Stethoscope heart with monogram space

6 inch hoop

How to read it

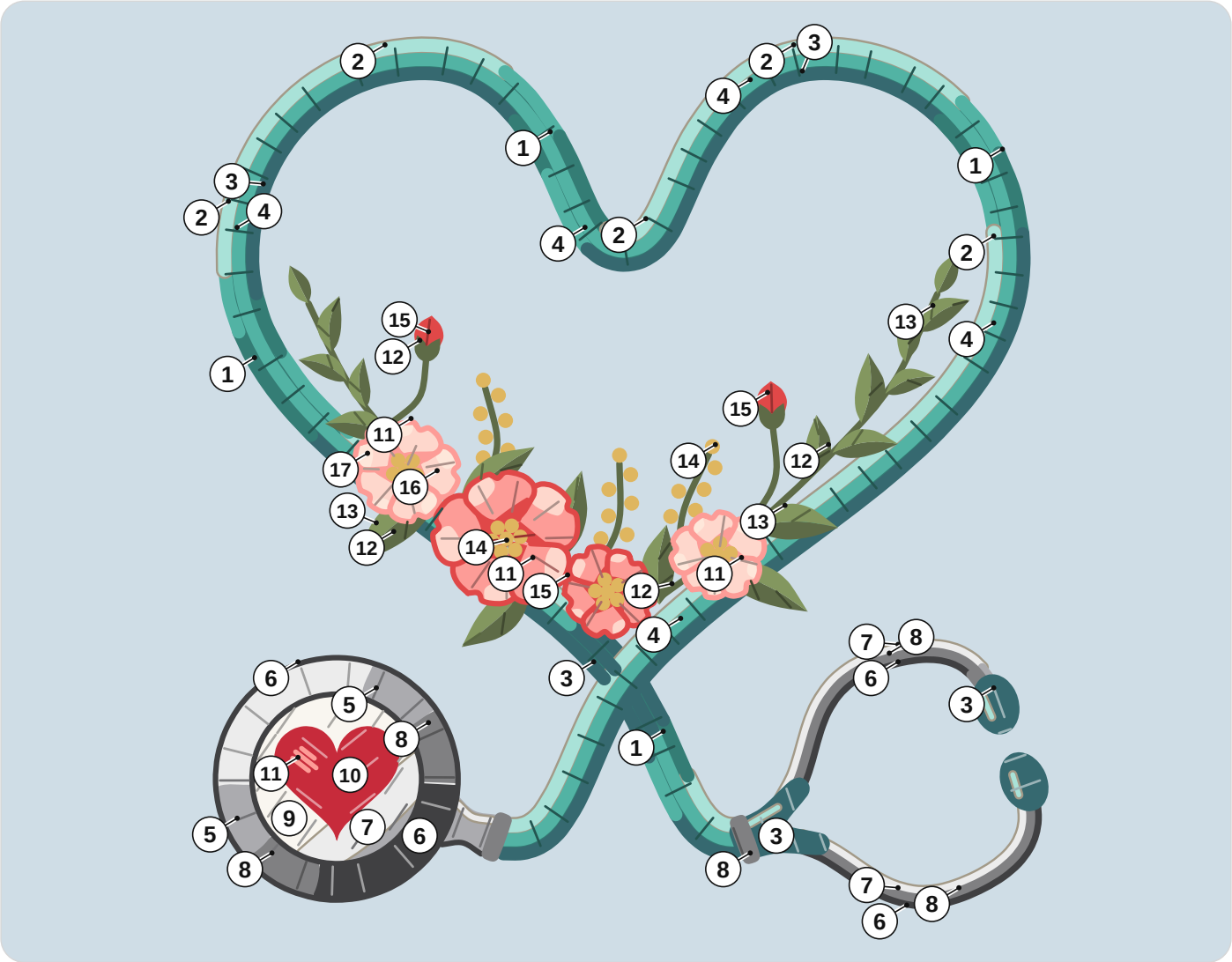
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3847 Dark Teal Green	**7**	DMC 762 Very Light Pearl Gray	**13**	DMC 3364 Pine Green
2	DMC 964 Light Seagreen	**8**	DMC 414 Dark Steel Gray	**14**	DMC 3820 Dark Straw
3	DMC 3808 Ultra Very Dark Turquoise	**9**	DMC 3865 Winter White	**15**	DMC 350 Medium Coral
4	DMC 3849 Light Teal Green	**10**	DMC 321 Red	**16**	DMC 353 Peach
5	DMC 318 Light Steel Gray	**11**	DMC 352 Light Coral	**17**	DMC 948 Very Light Peach
6	DMC 3799 Very Dark Pewter Gray	**12**	DMC 3362 Dark Pine Green		

How many strands

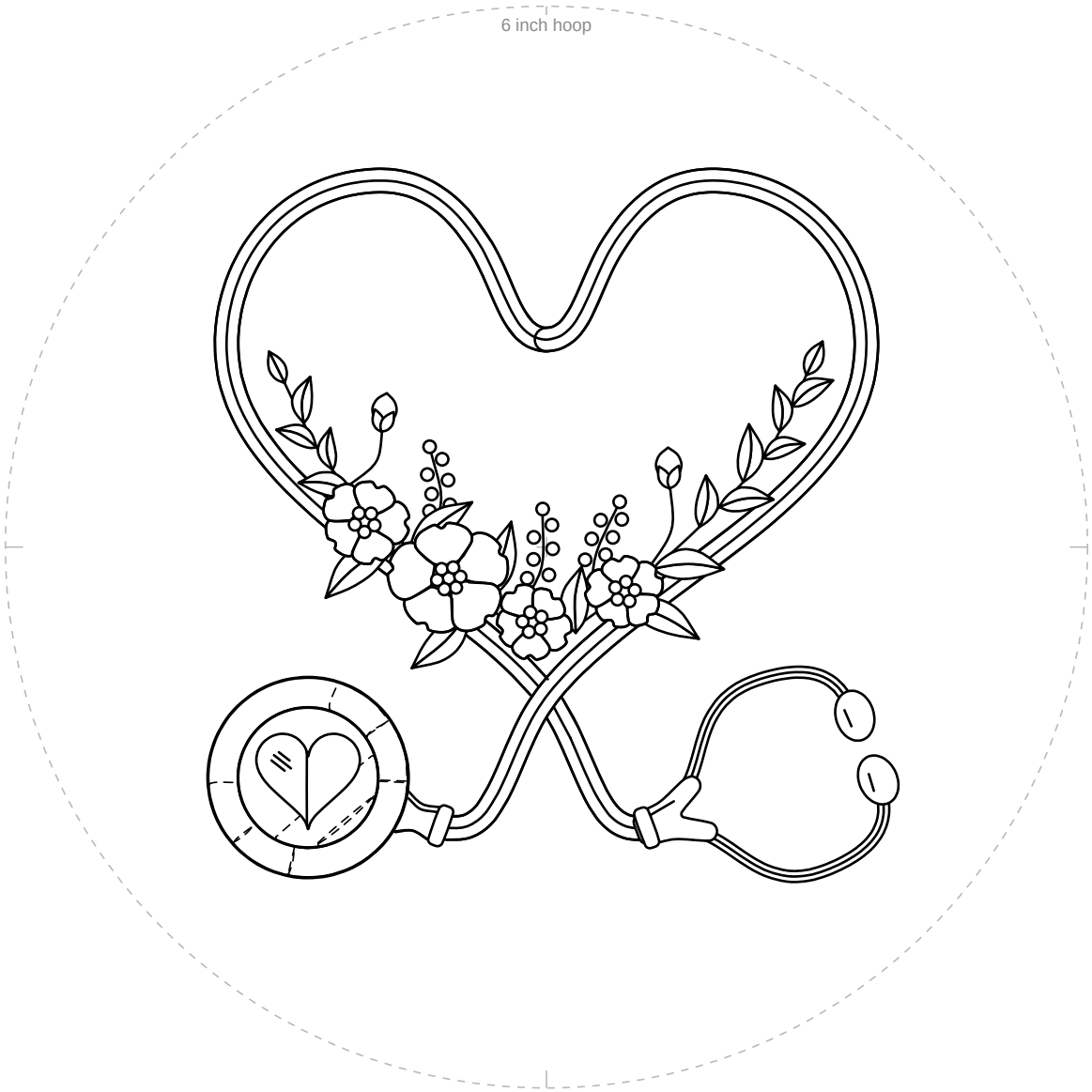
Back stitch. 2 or 3 strands: chestpiece rim; 2 strands: chestpiece stem.
Straight stitch. 2 strands: ear tip light, yoke light; 1 strand: heart light.
Stem stitch. 4 strands: ear tubes; 2 strands: stems.

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Stethoscope heart with monogram space

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

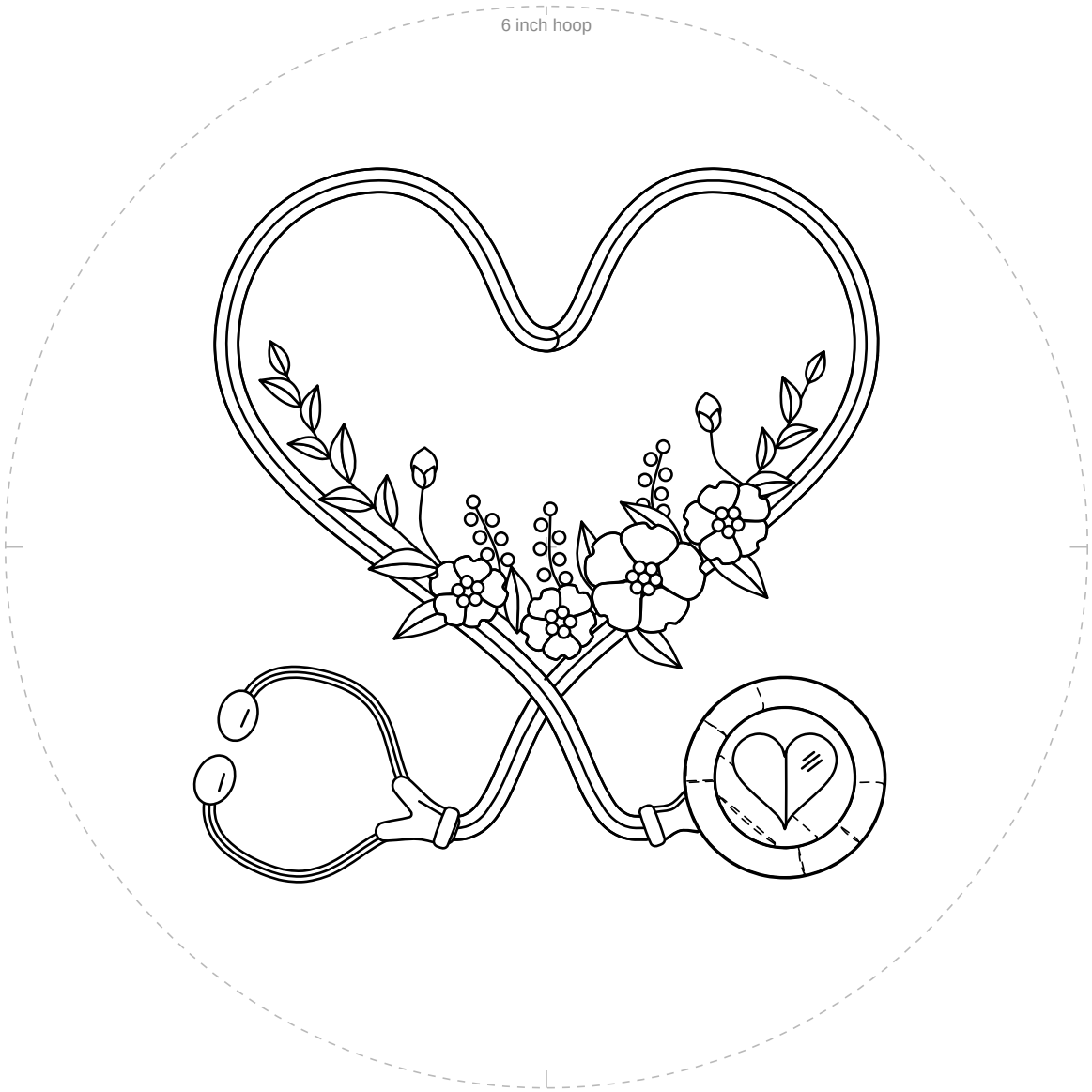
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Stethoscope heart with monogram space

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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