Sunflower and forget-me-not wreath

6 inch (15 cm) hoop, 4.4 × 4.5 in (11.2 × 11.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 7, and size 5 for 4 strands.

17 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, colors 1, 2
   4 strands: twining stems
   2 strands: forked stems

2. **Fishbone stitch**
   2 strands, colors 2, 3, 8
   Sunflower leaves, slim leaves



3. **Satin stitch**
   2 strands, colors 9, 12, 13, 15
   Back petals, heart rings



4. **Padded satin stitch**
   2 strands, colors 4, 5, 6, 9, 10, 11, 12, 13, 14
   Forget-me-nots, ribbon petals, petal folds



5. **French knot**
   2 strands, two wraps, colors 4, 5, 6, 7, 9, 11
   Curled buds, forget-me-not eyes



6. **Turkey work**
   2 strands, colors 15, 16
   Hearts



7. **Bullion knot**
   2 strands, colors 16, 17
   Bullion rings



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 520 Dark Fern Green	7	DMC 3326 Light Rose	13	DMC 782 Dark Topaz
2	DMC 522 Fern Green	8	DMC 524 Very Light Fern Green	14	DMC 3822 Light Straw
3	DMC 3362 Dark Pine Green	9	DMC 3820 Dark Straw	15	DMC 938 Ultra Dark Coffee Brown
4	DMC 793 Medium Cornflower Blue	10	DMC 792 Dark Cornflower Blue	16	DMC 433 Medium Brown
5	DMC 809 Delft Blue	11	DMC 745 Light Pale Yellow	17	DMC 435 Very Light Brown
6	DMC 3841 Pale Baby Blue	12	DMC 780 Ultra Very Dark Topaz		

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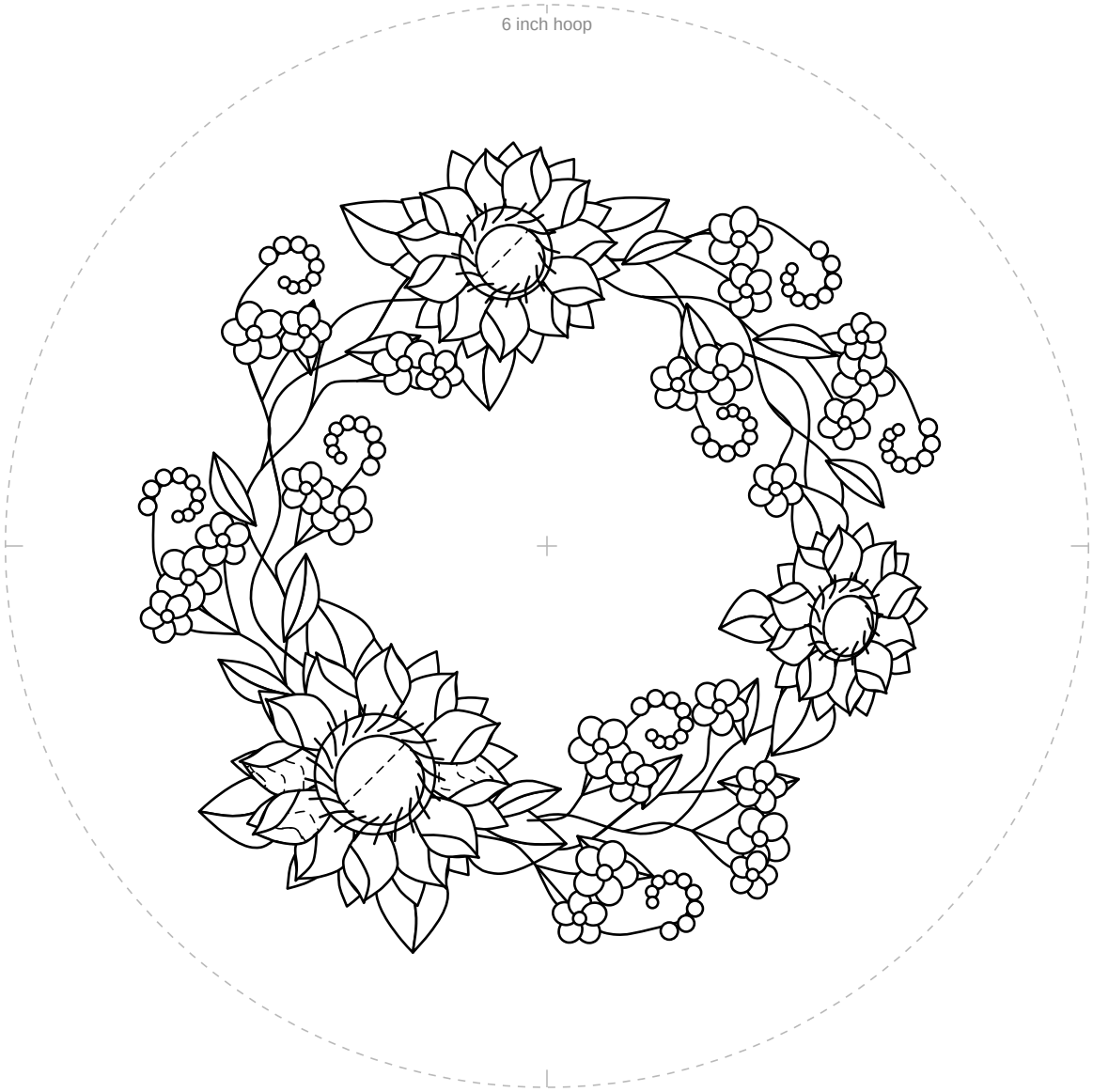
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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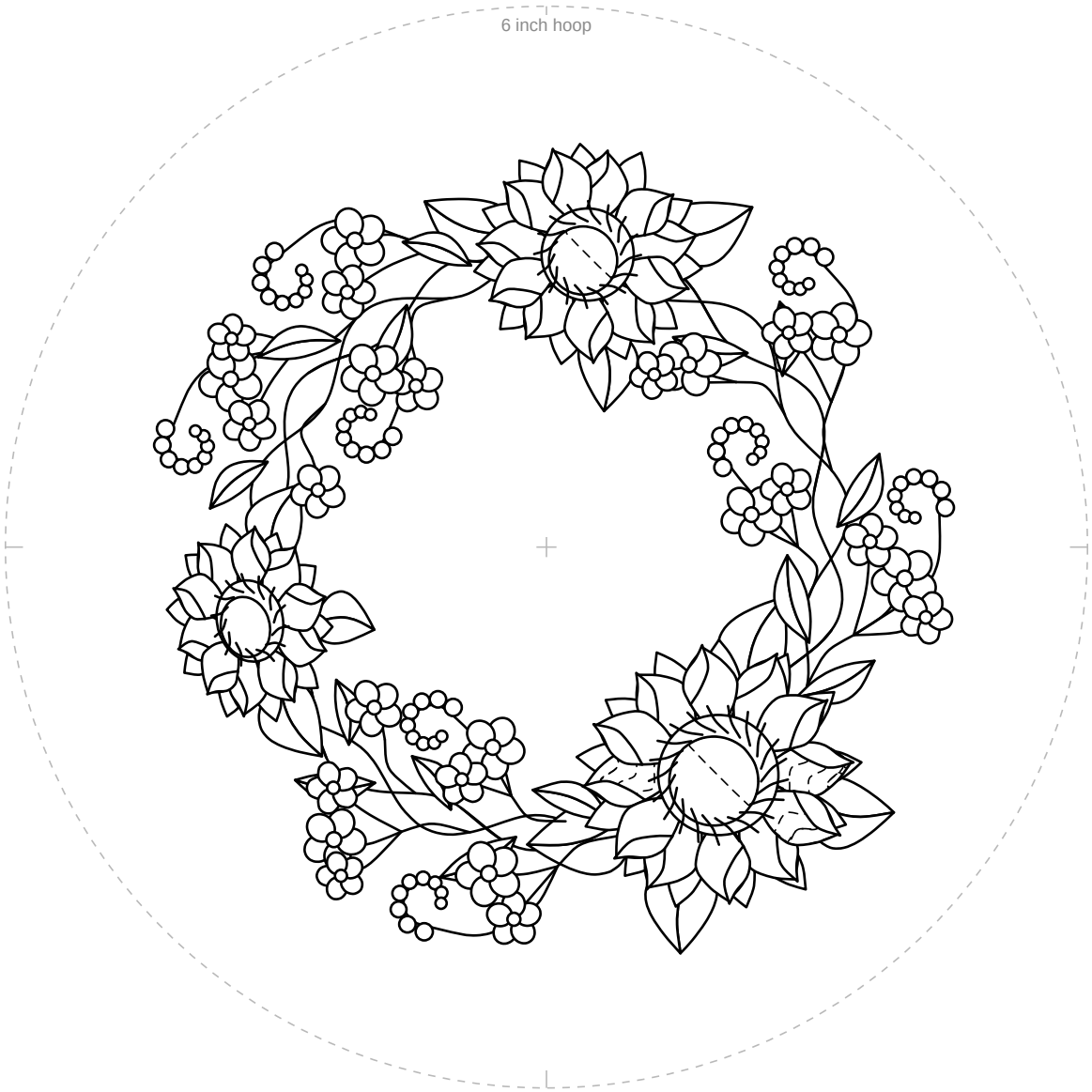
Sunflower and forget-me-not wreath

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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