Sunflower laurel wreath

6 inch (15 cm) hoop, 4.7 × 4.3 in (11.9 × 10.9 cm)



Colors by number: page 2.
Fabric: black cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of black cotton or linen.

Embroidery needles, size 7, and size 5 for 4 strands.

7 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, colors 1, 2
   4 strands: branches
   3 strands: scrolls

2. **Satin stitch**
   2 strands, colors 1, 2, 3, 4, 5, 7
   Leaves, half-open rays, half-open hearts, flower cups, buds, bud cups, bird tails, bird bodies, wings, beaks, back petals, front petals, bloom center



3. **Straight stitch**
   2 strands, colors 3, 4
   Wing lines, legs



4. **Chain stitch**, 2 strands, color 4
   Edges of the bloom center



5. **French knot**
   2 strands, two wraps, color 6
   Blue knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 904 Very Dark Parrot Green
2 DMC 906 Medium Parrot Green
3 DMC 741 Medium Tangerine
4 DMC 972 Deep Canary
5 DMC 920 Medium Copper
6 DMC 794 Light Cornflower Blue
7 DMC 727 Very Light Topaz

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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