# Sunflower with two leaves

6 inch (15 cm) hoop, 4.6 × 4.4 in (11.7 × 11.2 cm)



Colors by number: page 2.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Tendrils, left leaf edges (color 7)
2. **Fishbone stitch**
   2 strands: sepals
   3 strands: back petals
3. **Long and short stitch**, 2 strands
   Left leaf lobes, right leaf (color 6), front petals, bee (color 8)
4. **Satin stitch**
   2 strands: left leaf tip, bee (color 8), bee stripes, bee head
   3 strands: right leaf (color 3), stem, mound, turned edges, frill, heart, heart middle, bee wings
5. **Chain stitch**, 2 strands
   Left leaf chain rows
6. **Stem stitch**
   2 strands: left leaf side veins, right leaf edges, stem edge, mound edges, mound rows, heart rings
   3 strands: left leaf vein, right leaf vein
7. **Split stitch**, 1 strand
   Left leaf edges (color 2), petal edges, bee edges (color 6)
8. **Trellis stitch**, 2 strands
   Trellis heart
9. **Straight stitch**, 1 strand
   Bee edges (color 13)
10. **Back stitch**, 2 strands
    Bee eye
11. **French knot**, 2 strands, two wraps
    Right leaf knots, seeds

Take out lines that still show, press face down, finish the hoop or sew a pillow.



For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

# Sunflower with two leaves

**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




| | | | | | |
|---|---|---|---|---|---|
| **1** | DMC 3012 Medium Khaki Green | **6** | DMC 3809 Very Dark Turquoise | **11** | DMC 3822 Light Straw |
| **2** | DMC 936 Very Dark Avocado Green | **7** | DMC 924 Very Dark Gray Green | **12** | DMC 918 Dark Red Copper |
| **3** | DMC 3011 Dark Khaki Green | **8** | DMC 725 Medium Light Topaz | **13** | DMC 898 Very Dark Coffee Brown |
| **4** | DMC 3013 Light Khaki Green | **9** | DMC 780 Ultra Very Dark Topaz | **14** | DMC 3811 Very Light Turquoise |
| **5** | DMC 597 Turquoise | **10** | DMC 783 Medium Topaz | | |



For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

# Sunflower with two leaves

**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

# Sunflower with two leaves

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.