Sunflower oval frame

6 inch (15 cm) hoop, 3.7 × 4.7 in (9.4 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21
   Sky, far hills, near hills, field, legs, arms (color 14), dress, sleeves, neck, hair, tall stem, leaves, rays, flower centers, vine, buds



2. **Satin stitch**
   2 strands, colors 8, 10, 11, 12, 14, 19, 20
   Field flowers, arms (color 14), sash, ears, bud cups



3. **Split stitch**, 1 strand, color 15
   Hair part

4. **Straight stitch**
   2 strands, color 22
   Hair ties



5. **Stem stitch**, colors 8, 23
   1 strand: leaf veins (color 23)
   3 strands: bud stalks

6. **Outline stitch**, 1 strand, color 23
   Leaf veins (color 23)

7. **French knot**
   two wraps, colors 11, 12, 13, 20, 21, 24
   1 strand: knots of the field flowers, seeds
   2 strands: knots of the flower centers, knots of the sash, hair puffs



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3825 Pale Pumpkin	9	DMC 936 Very Dark Avocado Green	17	DMC 154 Very Dark Grape
2	DMC 3752 Very Light Antique Blue	10	DMC 3012 Medium Khaki Green	18	DMC 3835 Medium Grape
3	DMC 948 Very Light Peach	11	DMC 725 Medium Light Topaz	19	DMC 921 Copper
4	DMC 3856 Ultra Very Light Mahogany	12	DMC 783 Medium Topaz	20	DMC 919 Red Copper
5	DMC 931 Medium Antique Blue	13	DMC 801 Dark Coffee Brown	21	DMC 3371 Black Brown
6	DMC 932 Light Antique Blue	14	DMC 433 Medium Brown	22	DMC 727 Very Light Topaz
7	DMC 930 Dark Antique Blue	15	DMC 435 Very Light Brown	23	DMC 3013 Light Khaki Green
8	DMC 469 Avocado Green	16	DMC 3834 Dark Grape	24	DMC 780 Ultra Very Dark Topaz

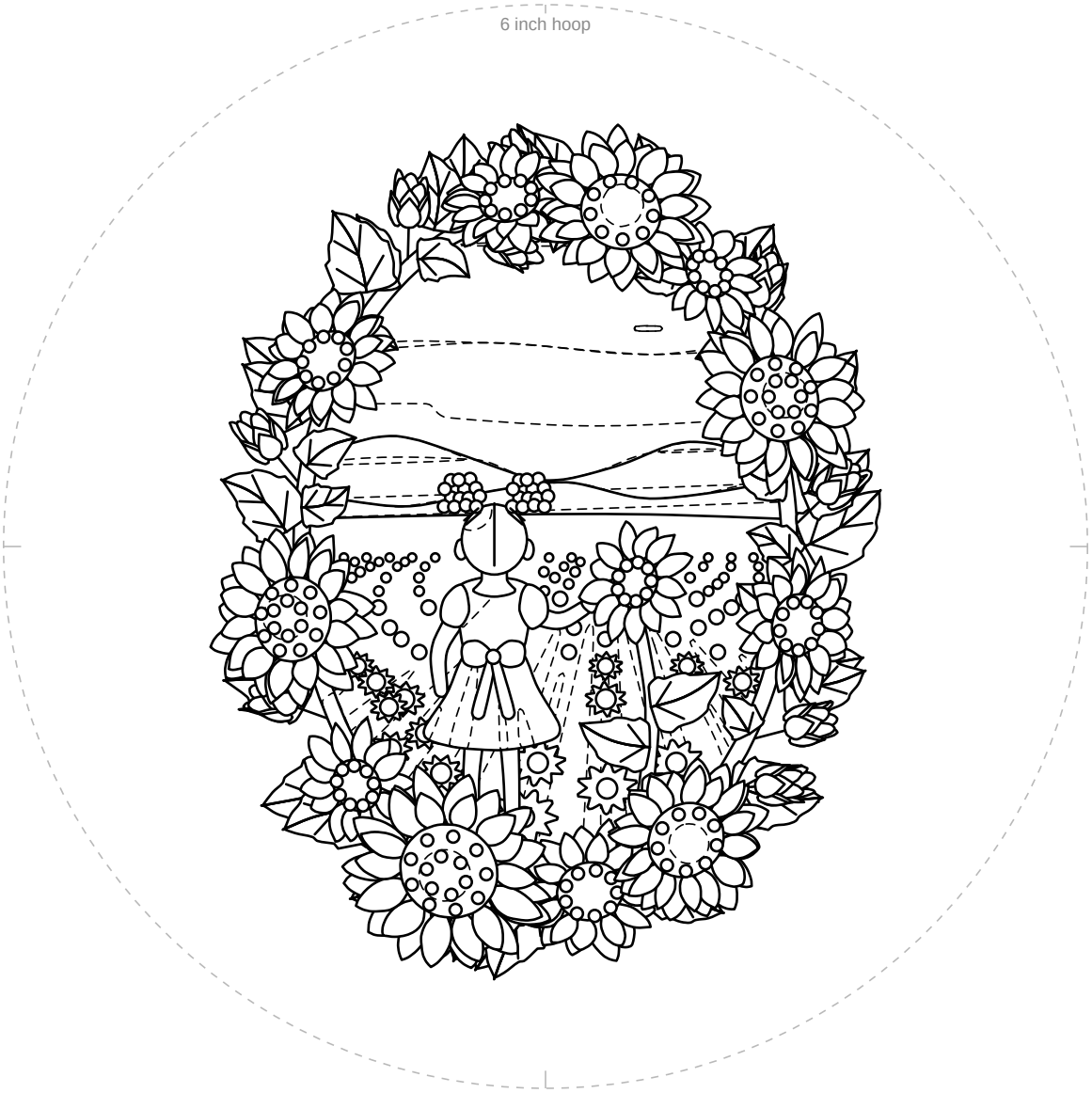
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

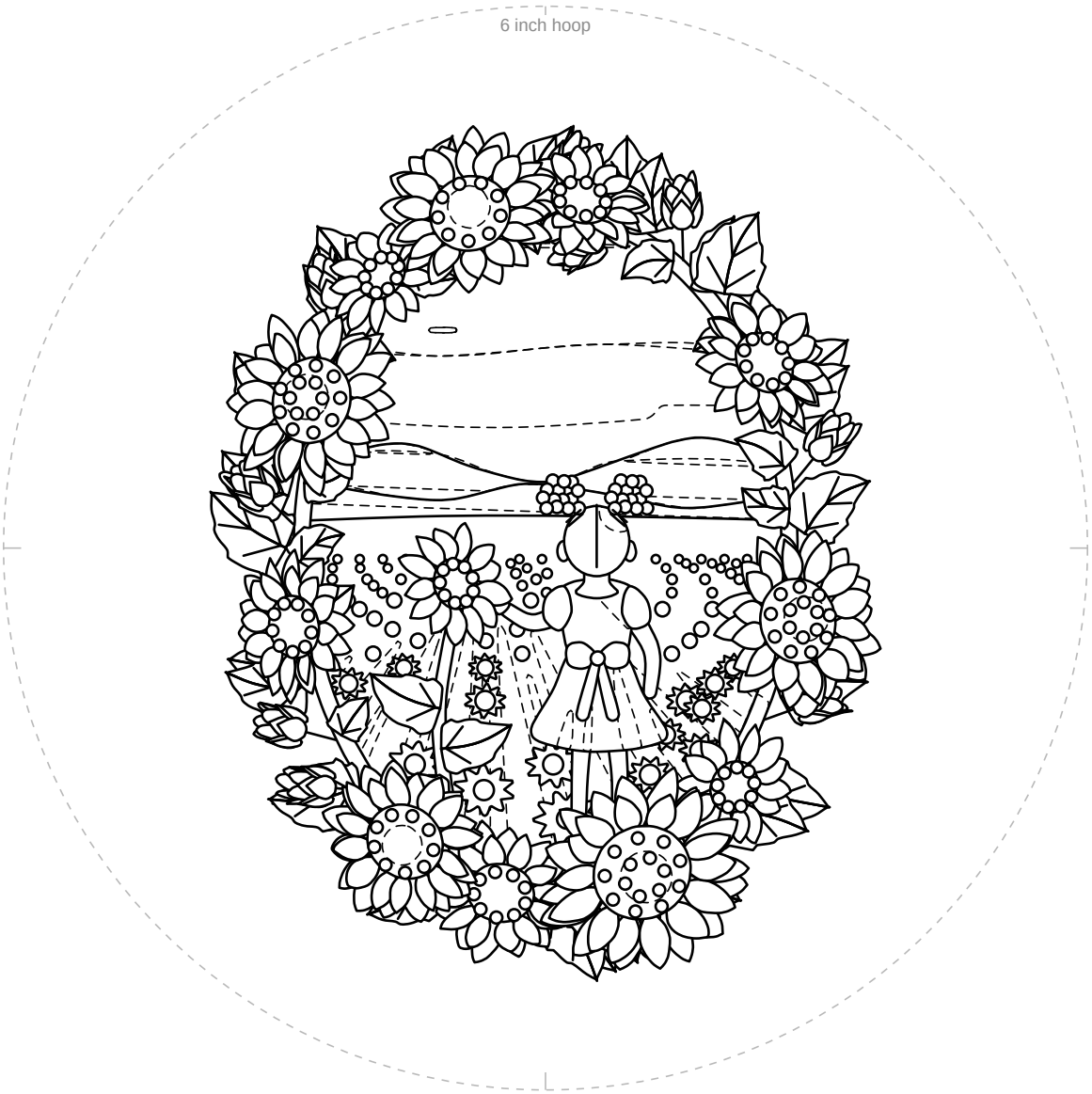
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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