Sunshine

6 inch (15 cm) hoop, 4.9 × 3.9 in (12.4 × 9.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

7 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Stalks

2. **Straight stitch**, 1 strand
   Awns



3. **Satin stitch**
   3 strands: sun
   2 strands: long rays, ray hearts, wheat ears, letters



4. **Chain stitch**, 3 strands
   Rings (color 5)



5. **Running stitch**, 3 strands
   Rings (color 6)

6. **Stem stitch**
   2 strands: sun lines, lines of the wheat sprigs, short rays
   3 strands: sun rim

7. **Back stitch**, 4 strands
   Lines of the horizon

8. **Lazy daisy stitch**, 3 strands
   Loops of the wheat sprigs



9. **French knot**
   3 strands, two wraps
   Ray tips, knots of the horizon



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 741 Medium Tangerine
2 DMC 742 Light Tangerine
3 DMC 743 Medium Yellow
4 DMC 921 Copper
5 DMC 783 Medium Topaz
6 DMC 3328 Dark Salmon
7 DMC 918 Dark Red Copper

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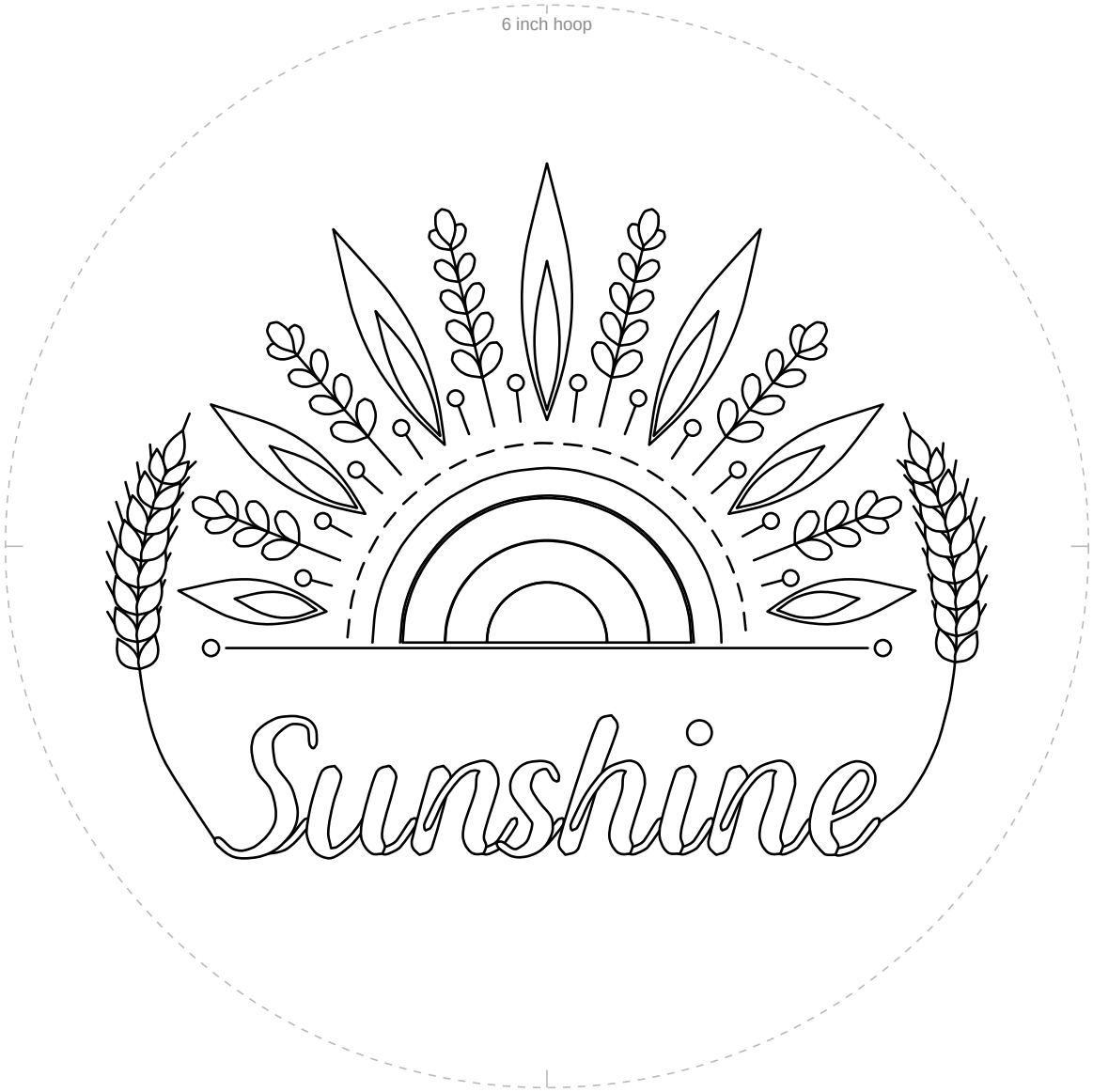
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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