Superhero book for a reading pillow

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.1 in (11.9 × 10.4 cm).



Which color goes where: by number on page 2.
Fabric: indigo cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Long and short stitch**, 1 strand
   Moon, cape, cover
2. **Satin stitch**, 2 strands
   Arms and legs, boots, back cover, pages, spine, gloves, mask, eyes, pupils, smile, cheeks, collar, star, book towers, tower bands, and 2 more
3. **Split stitch**, 2 strands
   Moon, cape, cover
4. **Back stitch**, strands by part on page 2
   Boots, page lines, gloves, smile, star
5. **Straight stitch**, strands by part on page 2
   Eye light, stars
6. **Stem stitch**, 3 strands
   Ground

Floss

- 1 **DMC 739 Ultra Very Light Tan** Moon (middle)
- 2 **DMC 738 Very Light Tan** Moon (dark), page lines
- 3 **DMC 746 Off White**
  Moon (light), pages, lit windows and stars
- 4 **DMC 666 Bright Red** Cape (lightest)
- 5 **DMC 815 Medium Garnet** Cape (darkest)
- 6 **DMC 498 Dark Red** Cape (dark)
- 7 **DMC 321 Red** Cape (light), collar
- 8 **DMC 823 Dark Navy Blue**
  Arms and legs, mask and pupils, smile (darker)
- 9 **DMC 741 Medium Tangerine**
  Boots and gloves (light)
- 10 **DMC 921 Copper** Boots and gloves (dark)
- 11 **DMC 946 Medium Burnt Orange**
  Gloves and boots (middle)
- 12 **DMC 3847 Dark Teal Green**
  Back cover and spine, cover (dark)
- 13 **DMC 3848 Medium Teal Green** Cover (middle)
- 14 **DMC 3849 Light Teal Green** Cover (light)
- 15 **DMC BLANC White**
  Eyes and eye light, smile (lighter)
- 16 **DMC 351 Coral** Cheeks
- 17 **DMC 3820 Dark Straw**
  Tower bands, ground and tower stars, star (lighter)
- 18 **DMC 780 Ultra Very Dark Topaz** Star (darker)
- 19 **DMC 931 Medium Antique Blue**
  Book towers (light)
- 20 **DMC 3835 Medium Grape** Book towers (darkest)
- 21 **DMC 3830 Terra Cotta** Book towers (middle)
- 22 **DMC 3809 Very Dark Turquoise**
  Book towers (dark)
- 23 **DMC 932 Light Antique Blue**
  Book towers (lightest)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



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- 20 DMC 3835 Medium Grape
- 21 DMC 3830 Terra Cotta
- 22 DMC 3809 Very Dark Turquoise
- 23 DMC 932 Light Antique Blue

How many strands

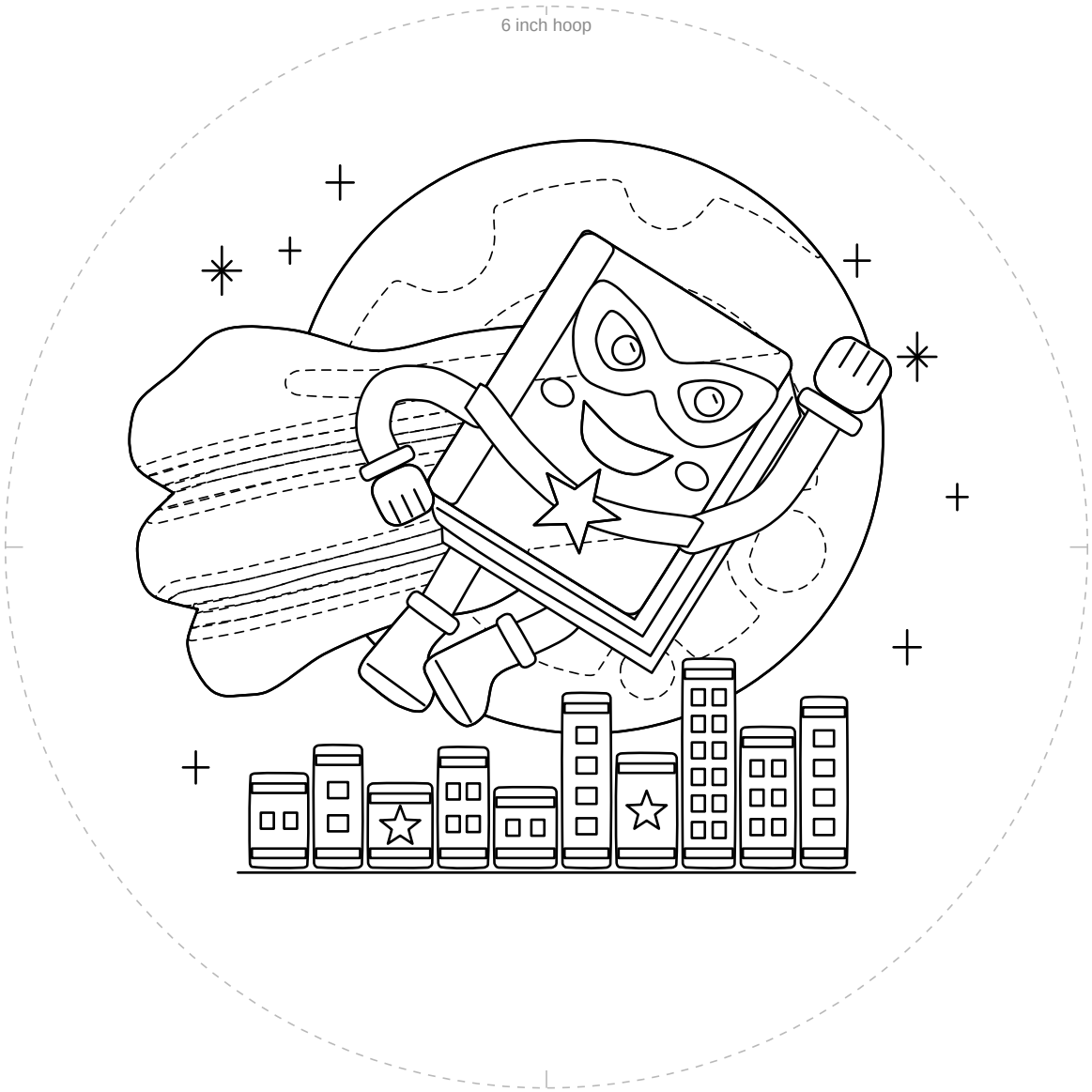
Back stitch. 2 strands: smile; 1 strand: boots, page lines, gloves, star.
Straight stitch. 2 strands: eye light; 1 or 2 strands: stars.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

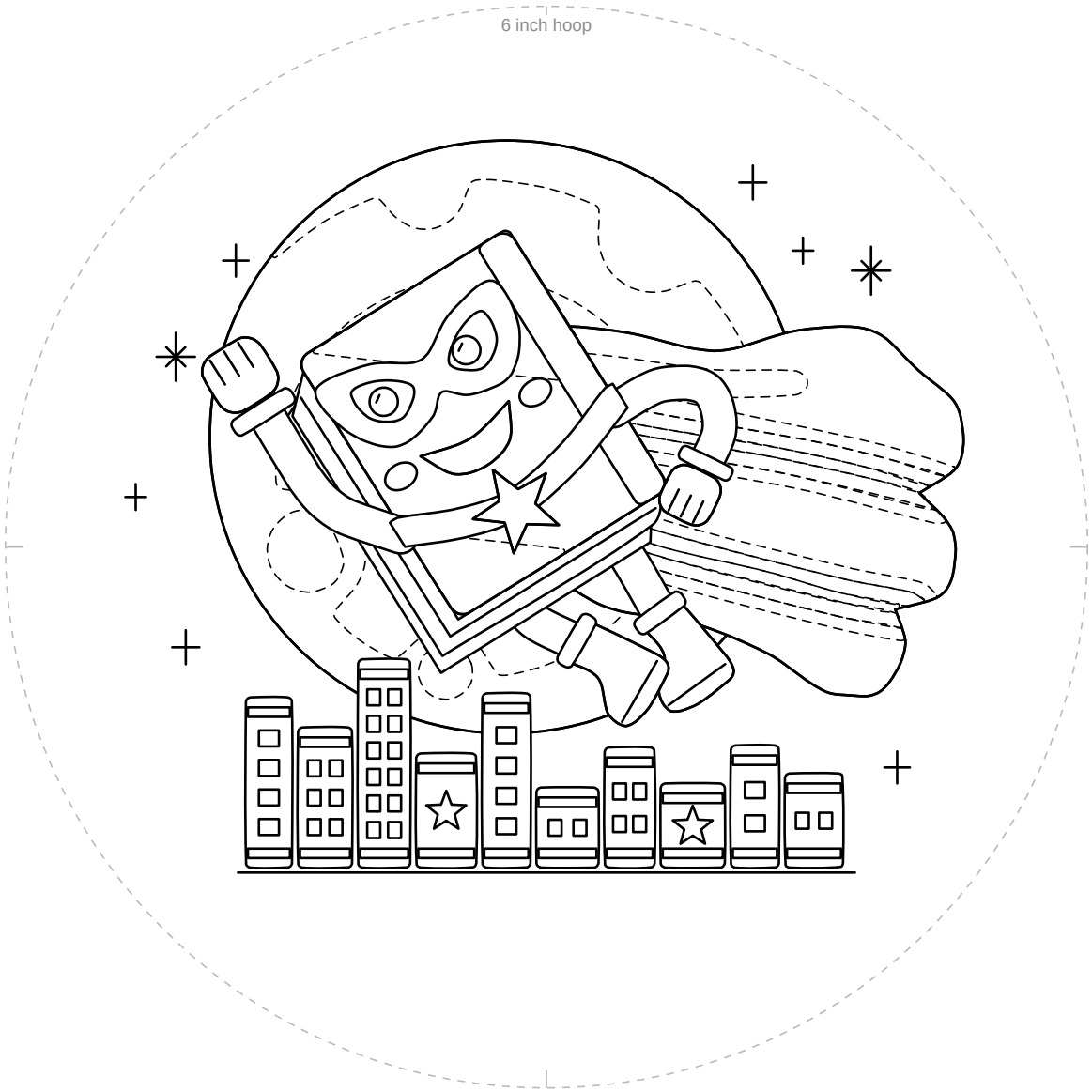
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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