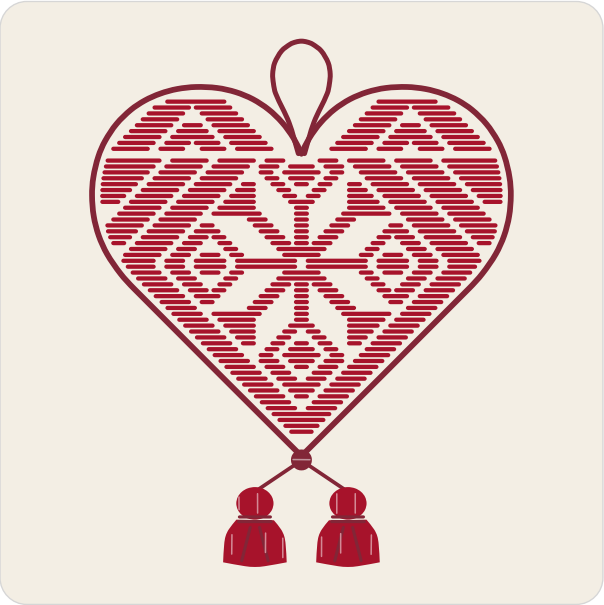
Swedish darning heart ornament

Sized for a 6 inch hoop (15 cm). The stitched design is about 3 × 3.8 in (7.6 × 9.7 cm).



Which color goes where.

Floss

- **DMC 902 Very Dark Garnet**
  Heart rim, hanging loop, tassel threads, tassel ties, tassel cords and foot bead
- **DMC 498 Dark Red**
  Level darning, tassels and tassel heads

Stitches

- **Stem stitch**, 3 to 4 strands
  Hanging loop, heart rim
- **Straight stitch**, 1 to 4 strands
  Tassel cords, tassel ties, tassel threads
- **Satin stitch**, 2 strands
  Tassels, tassel heads, foot bead
- **Running stitch**, 6 strands
  Level darning

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.

The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

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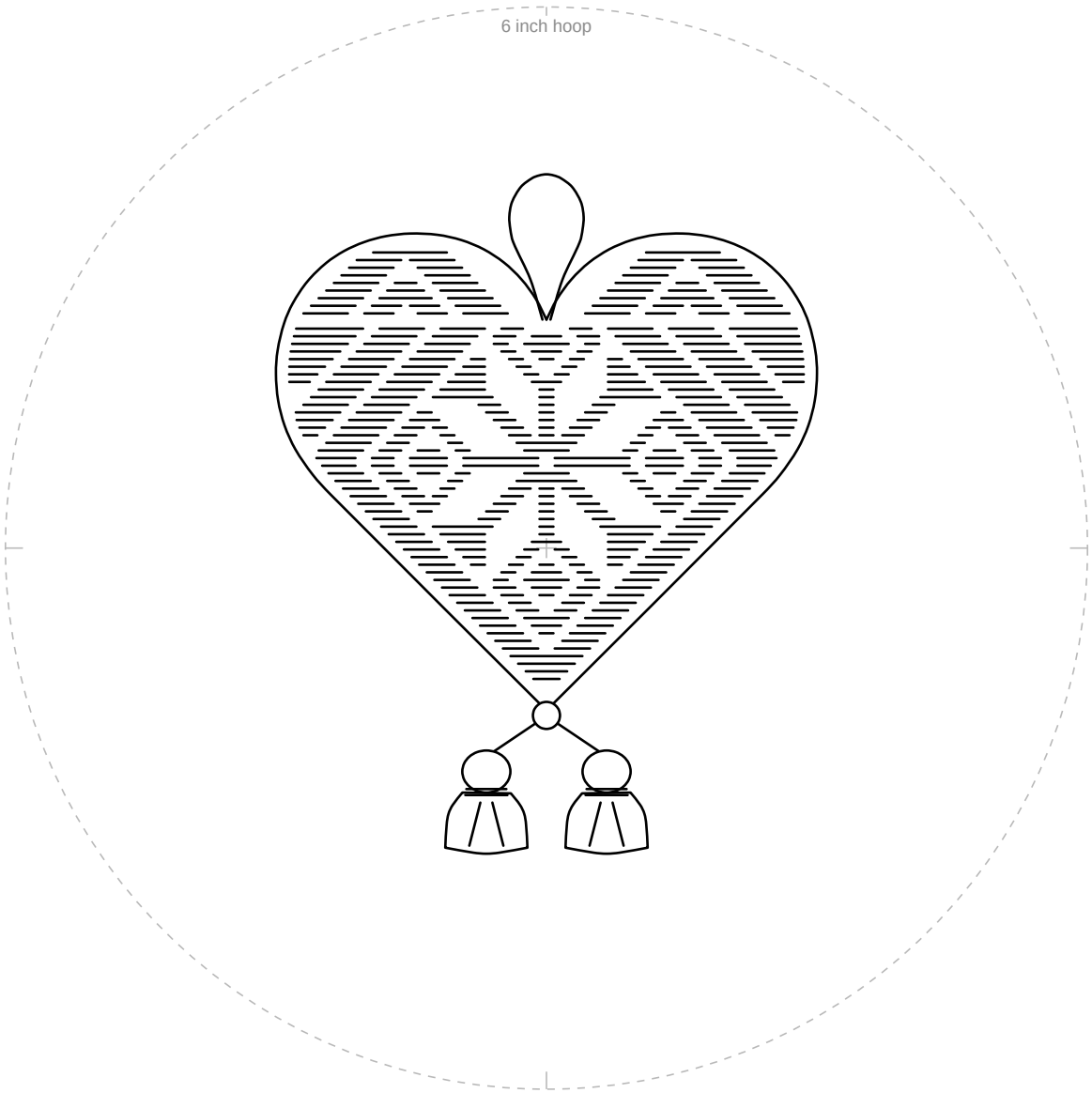
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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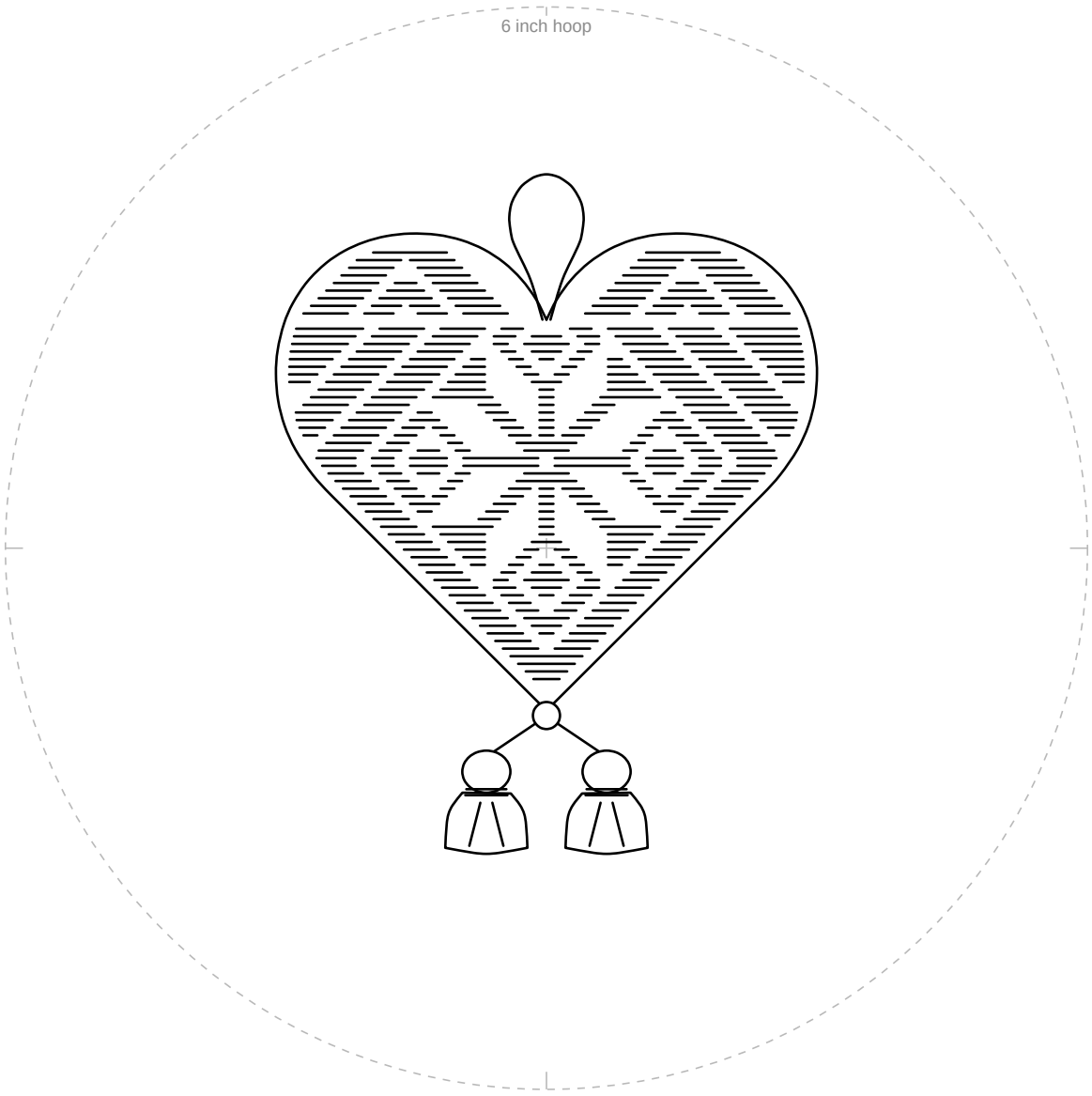
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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