Swedish darning heart ornament

Sized for a 6 inch hoop (15 cm). The stitched design is about 3 × 3.8 in (7.6 × 9.7 cm).



Which color goes where.

Floss

DMC 902 Very Dark Garnet
Heart rim, hanging loop, tassel threads, tassel ties, tassel cords and foot bead

DMC 498 Dark Red
Level darning, tassels and tassel heads

Stitches

- **Stem stitch**, 3 to 4 strands
  Hanging loop, heart rim
- **Straight stitch**, 1 to 4 strands
  Tassel cords, tassel ties, tassel threads
- **Satin stitch**, 2 strands
  Tassels, tassel heads, foot bead
- **Running stitch**, 6 strands
  Level darning

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.

The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

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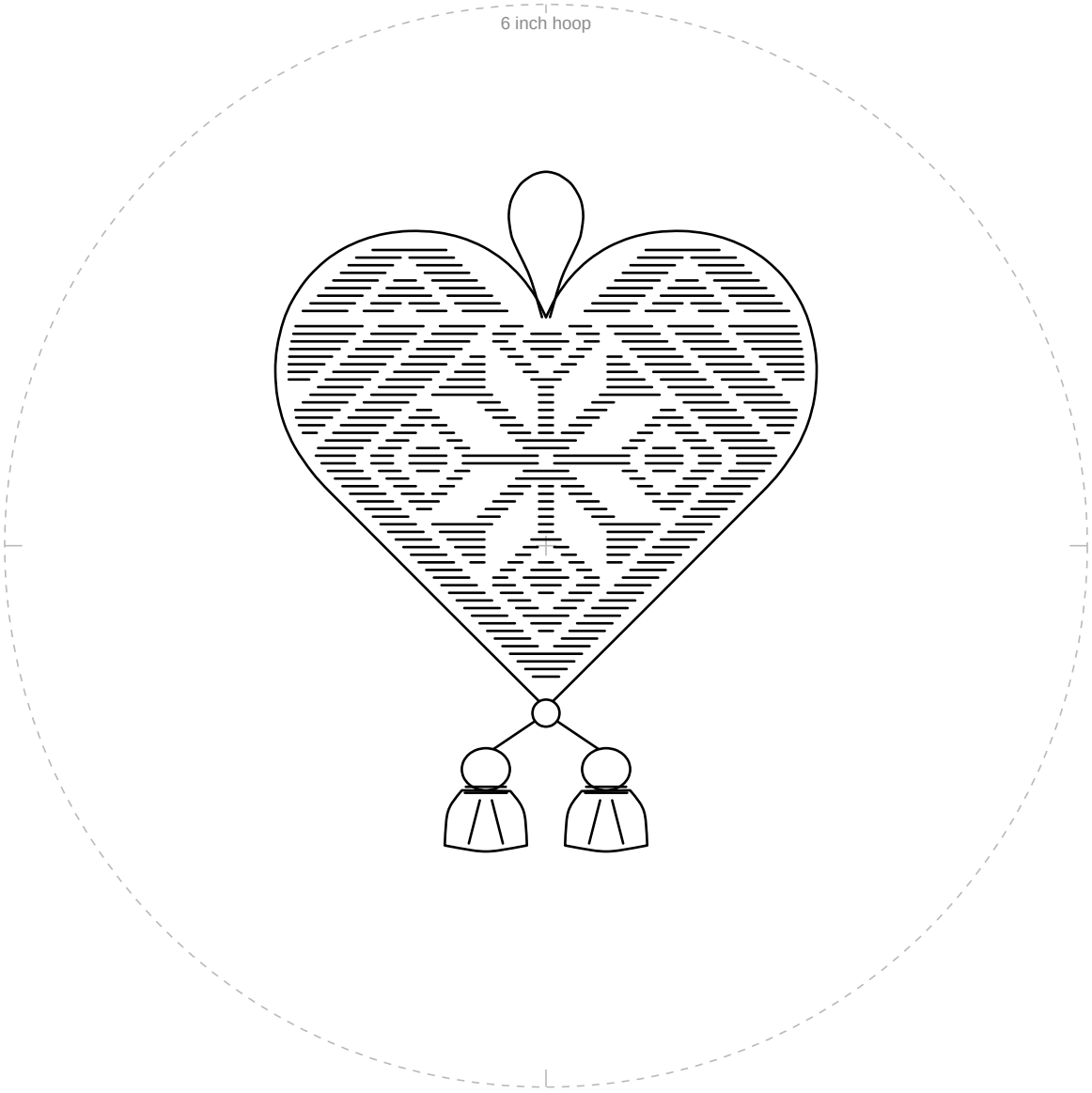
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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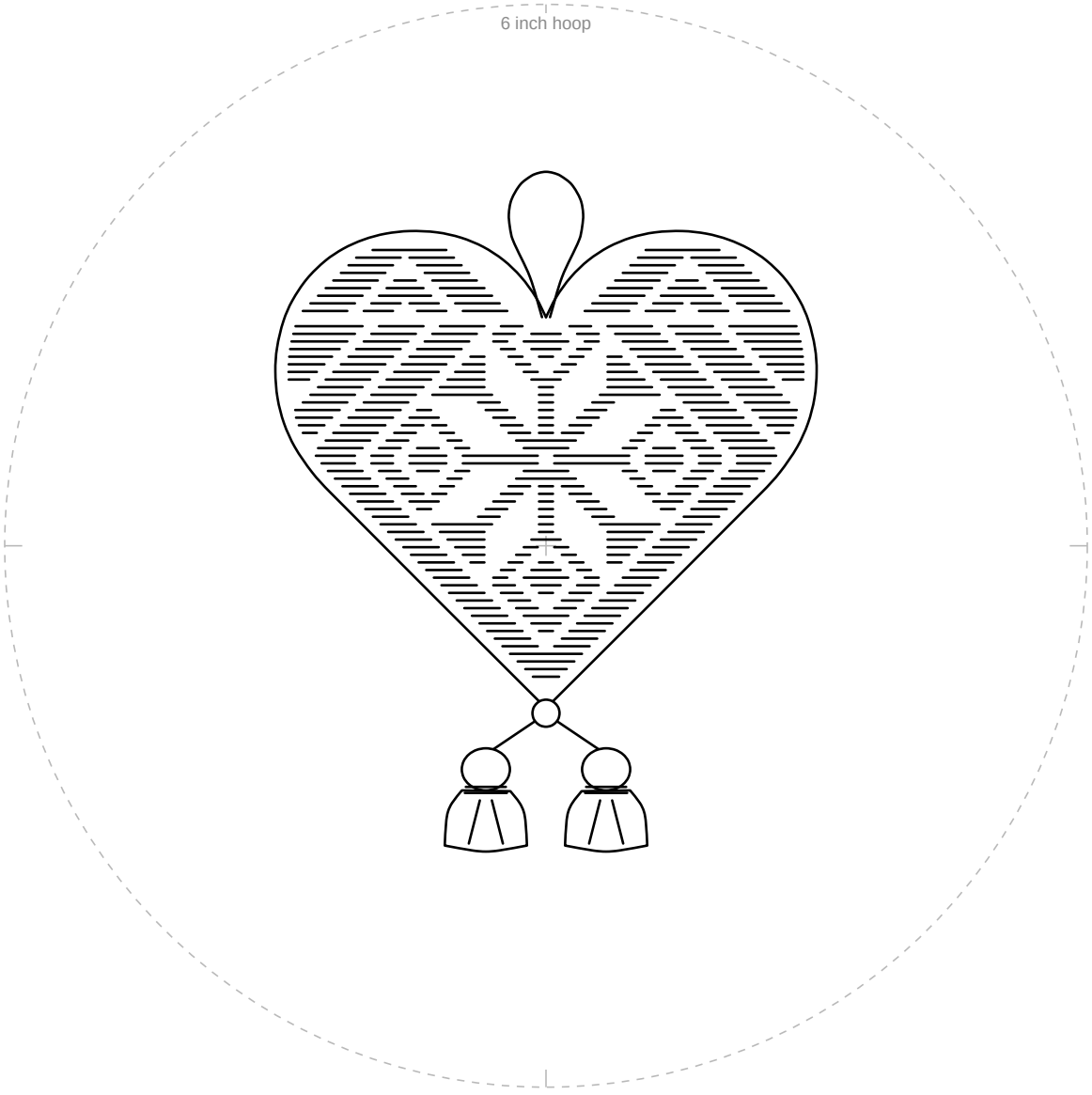
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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