Sweet dreams counting sheep border

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 3.4 in (12.2 × 8.6 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Hurdle, hurdle posts, legs, hooves, ears, heads, nightcap, nightcap brim, letters, clover leaves, stars
2. **Long and short stitch**, 1 strand
   Wool
3. **Padded satin stitch**, 2 strands
   Moon
4. **Chain stitch**, 3 strands
   Hill
5. **Stem stitch**, strands by part on page 2
   Hill, lashes, stems
6. **Straight stitch**, 1 strand
   Mouths, clover veins
7. **French knot**, 2 strands, two wraps
   Tails, wool, eyes, topknots, pompom, clover flowers

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 434 Light Brown**
  Hurdle posts and hurdle (darker)
- **2 DMC 436 Tan** Hurdle posts and hurdle (lighter)
- **3 DMC 3348 Light Yellow Green**
  Hill (lighter), clover veins
- **4 DMC 989 Forest Green**
  Hill (darker), clover leaves and stems
- **5 DMC 3863 Medium Mocha Beige**
  Legs (darker), ears
- **6 DMC 3371 Black Brown**
  Hooves, mouths, eyes and lashes
- **7 DMC 3864 Light Mocha Beige**
  Legs (lighter), heads (darker)
- **8 DMC 712 Cream** Wool (lightest), tails
- **9 DMC 3033 Very Light Mocha Brown**
  Wool (dark)
- **10 DMC 3782 Light Mocha Brown** Wool (darkest)
- **11 DMC 3865 Winter White**
  Wool (light), letters and topknots
- **12 DMC 950 Light Desert Sand** Heads (lighter)
- **13 DMC 3746 Dark Blue Violet** Nightcap (darker)
- **14 DMC 341 Light Blue Violet** Nightcap (lighter)
- **15 DMC 3822 Light Straw** Moon and nightcap brim
- **16 DMC 3820 Dark Straw** Stars and pompom
- **17 DMC 3689 Light Mauve** Clover flowers (lighter)
- **18 DMC 3687 Mauve** Clover flowers (darker)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 434 Light Brown	7	DMC 3864 Light Mocha Beige	13	DMC 3746 Dark Blue Violet
2	DMC 436 Tan	8	DMC 712 Cream	14	DMC 341 Light Blue Violet
3	DMC 3348 Light Yellow Green	9	DMC 3033 Very Light Mocha Brown	15	DMC 3822 Light Straw
4	DMC 989 Forest Green	10	DMC 3782 Light Mocha Brown	16	DMC 3820 Dark Straw
5	DMC 3863 Medium Mocha Beige	11	DMC 3865 Winter White	17	DMC 3689 Light Mauve
6	DMC 3371 Black Brown	12	DMC 950 Light Desert Sand	18	DMC 3687 Mauve

How many strands

Stem stitch. 3 strands: hill; 2 strands: lashes, stems.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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