Swiss cows going up to the alp

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.
3. Keep the knots for the end, so that the hoop and your hand do not flatten them.

Floss

- **DMC 3820 Dark Straw**
  Bells, sun, windows and flower hearts
- **DMC 3752 Very Light Antique Blue**
  Mountains (light), snow (darker)
- **DMC BLANC White**
  Snow (lighter), lead cow flower, sleeve, eyes and dog chest
- **DMC 932 Light Antique Blue**
  Mountains (middle)
- **DMC 931 Medium Antique Blue**
  Mountains (dark), mountain edges
- **DMC 310 Black**
  Cows, path, ring, hut, calf, dog, tails, horns, foot leaves and firs and 8 more parts
- **DMC 321 Red**
  Collars, roof, foot heart, waistcoat, bouquet flowers, small hearts and door
- **DMC 3856 Ultra Very Light Mahogany**
  Face

Stitches

- **Satin stitch**, 2 strands
  Sun, cows, udders, tails, horns, ears, collars, bells, lead cow flower, bouquet flowers, calf, herder, waistcoat, face, beard, hat, sleeve, and 10 more
- **Long and short stitch**, 1 strand
  Mountains, snow, cows
- **Stem stitch**, 3 to 4 strands
  Mountain edges, path, ring, staff, foot scrolls
- **Straight stitch**, 1 to 2 strands
  Eyes
- **French knot**, 1 to 2 strands, two wraps
  Bell clappers, flower hearts

The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Swiss cows going up to the alp

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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