# Teacher’s apple

6 inch (15 cm) hoop, 4.2 × 4.4 in (10.7 × 11.2 cm)



Colors by number: page 2.

## What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): one skein of each color (an estimate from the drawing’s lines and shapes).

A water-soluble pen, and small scissors.

## Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker’s carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen’s packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

## How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

## Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24
   Table, bottom book cover (color 4), page edges, bottom book spine, middle book cover (color 12), top book cover (color 16), top book spine, apple, apple hollow, leaf, bud, blossom petals



2. **Satin stitch**
   2 strands, colors 1, 2, 3, 5, 10, 11, 13, 14, 15, 17
   Table rim, bottom book cover (color 5), spine bands, spine ornament, middle book cover (colors 13 and 15), top book cover (color 17), window light, apple stem, ribbon marker, bud cap



3. **Fishbone stitch**
   2 strands, colors 12, 15
   Leaves



4. **Split stitch**
   colors 3, 4, 7, 8, 15, 16, 18, 23
   2 strands: table edge, bottom book hinge, top book hinge
   1 strand: page lines, bottom book worn edge, middle book worn edge, top book worn edge, petal edges



5. **Stem stitch**, colors 2, 3, 10
   1 strand: lines of the leaf, edges of the apple stem
   3 strands: blossom twig



6. **Straight stitch**, 1 strand, color 15
   Stamens



7. **French knot**, two wraps, color 11
   2 strands: knots of the spine ornament
   1 strand: stamen tips



Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.



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**6 inch hoop**

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.




| | | | | | |
|---|---|---|---|---|---|
| 1 | DMC 433 Medium Brown | 9 | DMC 221 Very Dark Shell Pink | 17 | DMC 3750 Very Dark Antique Blue |
| 2 | DMC 801 Dark Coffee Brown | 10 | DMC 676 Light Old Gold | 18 | DMC 932 Light Antique Blue |
| 3 | DMC 435 Very Light Brown | 11 | DMC 729 Medium Old Gold | 19 | DMC 931 Medium Antique Blue |
| 4 | DMC 814 Dark Garnet | 12 | DMC 936 Very Dark Avocado Green | 20 | DMC 3853 Dark Autumn Gold |
| 5 | DMC 815 Medium Garnet | 13 | DMC 937 Medium Avocado Green | 21 | DMC 321 Red |
| 6 | DMC 738 Very Light Tan | 14 | DMC 712 Cream | 22 | DMC 350 Medium Coral |
| 7 | DMC 841 Light Beige Brown | 15 | DMC 3012 Medium Khaki Green | 23 | DMC 224 Very Light Shell Pink |
| 8 | DMC 3721 Dark Shell Pink | 16 | DMC 823 Dark Navy Blue | 24 | DMC 225 Ultra Very Light Shell Pink |



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**6 inch hoop**

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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# Teacher’s apple

**6 inch hoop**

For an iron-on pen only. Go over the lines, press ink side down.




**1 in**
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.



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