Thankful and blessed, wheat ring

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.5 in (12.2 × 11.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Wheat grains, poppy bud, bud slit, poppy heart, cornflower petals, cornflower cup, ribbon tails, ribbon tie, ribbon knot, ladybird head, and 2 more
2. **Fishbone stitch**, 2 strands
   Blades
3. **Long and short stitch**, 1 strand
   Poppy petals
4. **Trellis stitch**, 1 strand
   Cup scales
5. **Stem stitch**, strands by part on page 2
   Spike stems, stalks, flower stems, poppy leaves
6. **Back stitch**, 1 strand
   Wheat beards
7. **Split stitch**, 1 strand
   Wheat grains, petal edges, ribbon edge, words
8. **Fly stitch**, 1 strand
   Poppy leaves
9. **Straight stitch**, 1 strand
   Poppy blotches, heart rays, cornflower heart, ladybird marks
10. **French knot**
    strands by part on page 2, two wraps
    Violet spikes, poppy stamens, cornflower heart, ladybird marks

Floss

- **1 DMC 3051 Dark Green Gray**
  Flower stems, spike stems, cup scales and heart rays, blades (dark) and 2 more parts
- **2 DMC 209 Dark Lavender**
  Violet spikes (light), cornflower heart (lighter)
- **3 DMC 553 Violet** Violet spikes (middle)
- **4 DMC 552 Medium Violet**
  Violet spikes (dark), cornflower heart (darker)
- **5 DMC 729 Medium Old Gold**
  Wheat grains (middle), stalks (lighter)
- **6 DMC 3829 Very Dark Old Gold**
  Wheat grains (dark), stalks (darker), wheat beards (lighter)
- **7 DMC 869 Very Dark Hazelnut Brown**
  Wheat grains (darkest), wheat beards (darker)
- **8 DMC 676 Light Old Gold** Wheat grains (light)
- **9 DMC 677 Very Light Old Gold** Wheat grains (lightest)
- **10 DMC 3052 Medium Green Gray**
  Poppy leaves and poppy heart, cornflower cup, poppy bud and blades (middle)
- **11 DMC 3053 Green Gray**
  Blades, cornflower cup and poppy bud (light)
- **12 DMC 3328 Dark Salmon** Poppy petals (light), bud slit
- **13 DMC 347 Very Dark Salmon** Poppy petals (middle), ladybird
- **14 DMC 3777 Very Dark Terra Cotta**
  Petal edges, poppy petals (dark)
- **15 DMC 939 Very Dark Navy Blue**
  Words, poppy stamens, poppy blotches, ladybird marks and ladybird head
- **16 DMC 791 Very Dark Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (dark), ribbon edge
- **17 DMC 792 Dark Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (middle), ribbon tails
- **18 DMC 793 Medium Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3051 Dark Green Gray	**7**	DMC 869 Very Dark Hazelnut Brown	**13**	DMC 347 Very Dark Salmon
2	DMC 209 Dark Lavender	**8**	DMC 676 Light Old Gold	**14**	DMC 3777 Very Dark Terra Cotta
3	DMC 553 Violet	**9**	DMC 677 Very Light Old Gold	**15**	DMC 939 Very Dark Navy Blue
4	DMC 552 Medium Violet	**10**	DMC 3052 Medium Green Gray	**16**	DMC 791 Very Dark Cornflower Blue
5	DMC 729 Medium Old Gold	**11**	DMC 3053 Green Gray	**17**	DMC 792 Dark Cornflower Blue
6	DMC 3829 Very Dark Old Gold	**12**	DMC 3328 Dark Salmon	**18**	DMC 793 Medium Cornflower Blue

How many strands

Stem stitch. 2 or 3 strands: stalks; 2 strands: spike stems, flower stems; 1 strand: poppy leaves.
French knot. 2 strands: violet spikes; 1 strand: poppy stamens, cornflower heart, ladybird marks.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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