This is the day with a Jacobean stem

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Small leaves, end leaf, calyx, strawberry leaves
2. **Satin stitch**, 2 strands
   Scroll leaf, pink petals, pink cup, hanging leaf, and 13 more
3. **Long and short stitch**
   strands by part on page 2
   Scroll leaf, main stem, tulip back petals, and 6 more
4. **Trellis stitch**, strands by part on page 2
   Hanging leaf lattice, heart lattice, hillock lattice
5. **Padded satin stitch**, 2 strands
   Calyx
6. **Stem stitch**, strands by part on page 2
   Scroll leaf edges, upright leaf, upright leaf edge, and 12 more
7. **Chain stitch**, 2 strands
   Scroll leaf vein, hanging leaf vein, heart edge
8. **Fly stitch**, 2 strands
   Upright leaf
9. **Split stitch**, strands by part on page 2
   Pink edges, stem grain, berry edges, wing edge, and 6 more
10. **Back stitch**, 1 strand
    Stamens
11. **Straight stitch**, strands by part on page 2
    Crest, feet, snail horns
12. **French knot**
    strands by part on page 2, two wraps
    Berry knots, stamen knots, petal knots, and 9 more

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3012 Medium Khaki Green**
  Main stem and calyx (light) and 8 more parts
- **2 DMC 936 Very Dark Avocado Green** Stem edges and 17 more parts
- **3 DMC 3011 Dark Khaki Green** Main stem (middle) and 10 more parts
- **4 DMC 3013 Light Khaki Green** Hillock scales and 4 more parts
- **5 DMC 3750 Very Dark Antique Blue**
  Outer petals (darkest) and 11 more parts
- **6 DMC 930 Dark Antique Blue** Outer petals (dark) and 4 more parts
- **7 DMC 931 Medium Antique Blue** Outer petals (light) and 4 more parts
- **8 DMC 932 Light Antique Blue** Outer petals (lightest) and 2 more parts
- **9 DMC 729 Medium Old Gold** Hillocks (shade 8 of 9) and 7 more parts
- **10 DMC 3778 Light Terra Cotta** Inner petals (lightest) and 4 more parts
- **11 DMC 3777 Very Dark Terra Cotta**
  Inner petals (darkest) and 10 more parts
- **12 DMC 356 Medium Terra Cotta** Inner petals (light) and 5 more parts
- **13 DMC 680 Dark Old Gold** Heart lattice (middle) and 9 more parts
- **14 DMC 3042 Light Antique Violet** Berries and tulip heart (light)
- **15 DMC 3740 Dark Antique Violet** Tulip heart (dark) and 3 more parts
- **16 DMC 3041 Medium Antique Violet** Berries and tulip heart (middle)
- **17 DMC 3047 Light Yellow Beige**
  Strawberry blossom (lighter) and 5 more parts
- **18 DMC 869 Very Dark Hazelnut Brown**
  Hillocks (shade 3 of 9) and 9 more parts
- **19 DMC 355 Dark Terra Cotta** Inner petals (dark) and 5 more parts
- **20 DMC 676 Light Old Gold** Breast (lightest) and 4 more parts
- **21 DMC 823 Dark Navy Blue** Words

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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This is the day with a Jacobean stem

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3012 Medium Khaki Green	**8**	DMC 932 Light Antique Blue	**15**	DMC 3740 Dark Antique Violet
2	DMC 936 Very Dark Avocado Green	**9**	DMC 729 Medium Old Gold	**16**	DMC 3041 Medium Antique Violet
3	DMC 3011 Dark Khaki Green	**10**	DMC 3778 Light Terra Cotta	**17**	DMC 3047 Light Yellow Beige
4	DMC 3013 Light Khaki Green	**11**	DMC 3777 Very Dark Terra Cotta	**18**	DMC 869 Very Dark Hazelnut Brown
5	DMC 3750 Very Dark Antique Blue	**12**	DMC 356 Medium Terra Cotta	**19**	DMC 355 Dark Terra Cotta
6	DMC 930 Dark Antique Blue	**13**	DMC 680 Dark Old Gold	**20**	DMC 676 Light Old Gold
7	DMC 931 Medium Antique Blue	**14**	DMC 3042 Light Antique Violet	**21**	DMC 823 Dark Navy Blue

How many strands

Long and short stitch. 2 strands: main stem; 1 strand: scroll leaf, tulip back petals, tulip heart, tulip petals, outer petals, breast, back, hillocks.
Trellis stitch. 2 strands: hanging leaf lattice, heart lattice; 1 strand: hillock lattice.
Stem stitch. 3 or 4 strands: side stems; 3 strands: strawberry stems, words; 2 strands: hanging leaf edge, stem edges, outer petal edges, inner petal edges, hillock edges; 1 or 2 strands: tulip edges; 1 strand: scroll leaf edges, upright leaf, upright leaf edge, end leaf, calyx edges, strawberry edges.
Split stitch. 2 strands: hillock scales, shell spiral; 1 strand: pink edges, stem grain, berry edges, wing edge, bird edge, blossom edges, hillock bands, snail edge.
Straight stitch. 2 strands: feet; 1 strand: crest, snail horns.
French knot. 2 strands: stamen knots, petal knots, words; 1 or 2 strands: eye; 1 strand: berry knots, heart lattice, wing knots, crest, strawberry seeds, blossom heart, hillock knots, snail horns.

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This is the day with a Jacobean stem

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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This is the day with a Jacobean stem

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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