# To thine own self be true, sunrise

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 4.8 in (12.7 × 12.2 cm).




Which color goes where.

## Stitches

- **Long and short stitch**, 1 strand
  Sun, far hills, left fields, right fields, road
- **Stem stitch**, 2 to 4 strands
  Sun, hill lines, furrows, road edge, flower stalks
- **Straight stitch**, 1 to 4 strands
  Sun rays, windows, bushes
- **Fishbone stitch**, 2 strands
  Cypress trees
- **Satin stitch**, 2 strands
  House, roof, door, leaves, words
- **Split stitch**, 1 strand
  House edge, words
- **French knot**, 2 strands, two wraps
  Round trees, flowers in rows, flower hearts, buds
- **Lazy daisy stitch**, 2 strands
  Bushes, small flowers
- **Whipped back stitch**, 2 strands
  Circle

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

## Floss

- **DMC 783 Medium Topaz**
  Sun (dark), circle (lighter), sun rays (darker)
- **DMC 351 Coral**
  Sun (darkest), roof, small flowers and buds, flowers in rows (dark)
- **DMC 3853 Dark Autumn Gold** Sun (light), sun rays (lighter)
- **DMC 3820 Dark Straw**
  Sun (lightest), flowers in rows (middle), flower hearts
- **DMC 3743 Very Light Antique Violet**
  Far hills and flowers in rows (light)
- **DMC 3041 Medium Antique Violet**
  Hill lines (darker), far hills (dark)
- **DMC 3042 Light Antique Violet**
  Far hills (middle), hill lines (lighter)
- **DMC 500 Very Dark Blue Green**
  Cypress trees (darker), right fields and left fields (darkest)
- **DMC 3362 Dark Pine Green**
  Furrows and leaves (dark), cypress trees (lighter), flower stalks
- **DMC 712 Cream** House
- **DMC 831 Medium Golden Olive**
  Circle (darker), road edge and house edge, furrows (light)
- **DMC 327 Dark Violet** Words, door and windows
- **DMC 501 Dark Blue Green**
  Right fields (dark), left fields (middle dark), bushes (darker), round trees
- **DMC 3364 Pine Green**
  Left fields (lightest), right fields (middle light), furrows (middle), leaves (light)
- **DMC 3363 Medium Pine Green**
  Left fields (middle light), right fields (middle dark), leaves (middle)
- **DMC 3347 Medium Yellow Green**
  Left fields (light), bushes (lighter)
- **DMC 834 Very Light Golden Olive** Right fields (lightest)
- **DMC 833 Light Golden Olive** Right fields (light)
- **DMC 3346 Hunter Green** Left fields (dark)
- **DMC 739 Ultra Very Light Tan** Road

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.


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# To thine own self be true, sunrise

**6 inch hoop**

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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# To thine own self be true, sunrise

**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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