Today is a good day

6 inch (15 cm) hoop, 3.1 × 4.5 in (7.9 × 11.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Flower stems (colors 4, 6 and 7)
2. **Straight stitch**, 2 strands
   Cornflowers
3. **Long and short stitch**, 1 strand
   Poppy petals
4. **Satin stitch**, 2 strands
   Sun, letters, sepals, leaves, bud case, poppy buds, poppy center, flower cups, daisy petals, daisy centers
5. **Chain stitch**, 3 strands
   Window frame, lines of the sun
6. **Stem stitch**
   3 strands: inner frame (color 2), hills (colors 4 and 7)
   4 strands: window sill (color 4)
   2 strands: gold sprigs (color 2), grasses (color 7)
7. **Herringbone stitch**, 2 strands
   Window sill (color 3)
8. **Running stitch**
   2 strands: inner frame (color 3)
   3 strands: hills (colors 4, 6 and 7)
9. **Split stitch**, 1 strand
   Petal edges, edges of the bud case
10. **Straight stitch**
    3 strands: sun rays
    2 strands: gold sprigs (color 2), lines of the daisies, grasses (color 7), flower stems (color 6)
    1 strand: petal folds, lines of the poppy center
11. **Fly stitch**, 2 strands
    Grasses (color 7)
12. **Lazy daisy stitch**, 3 strands
    Loops of the daisies
13. **French knot**, two wraps
    2 strands: knots of the gold sprigs, gold buttons
    1 strand: poppy stamens, knots of the daisy centers

Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3830 Terra Cotta	7	DMC 3363 Medium Pine Green	13	DMC 352 Light Coral
2	DMC 3820 Dark Straw	8	DMC 350 Medium Coral	14	DMC 336 Navy Blue
3	DMC 3808 Ultra Very Dark Turquoise	9	DMC 817 Very Dark Coral Red	15	DMC 3807 Cornflower Blue
4	DMC 3362 Dark Pine Green	10	DMC 349 Dark Coral	16	DMC 3865 Winter White
5	DMC 3853 Dark Autumn Gold	11	DMC 351 Coral		
6	DMC 3052 Medium Green Gray	12	DMC 815 Medium Garnet		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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