Trail map bookmark for hikers

Sized for a 6 inch hoop (15 cm). The stitched design is about 2.2 × 4.7 in (5.6 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Lake, camp meadow
2. **Satin stitch**, 2 strands
   Mountain bands, trail bed, pennant, firs, tent, tent door, compass rose, small peaks, scale bar
3. **Buttonhole stitch**, 2 strands
   Eyelet
4. **Split stitch**, strands by part on page 2
   Contours, shore line, skyline, map frame
5. **Stem stitch**, 3 strands
   Contours, flagpole
6. **Running stitch**, strands by part on page 2
   Trail, border
7. **Straight stitch**, 4 strands
   Fir trunks
8. **Back stitch**, 1 strand
   Scale bar
9. **Chain stitch**, 3 strands
   Border
10. **French knot**
    strands by part on page 2, two wraps
    Viewpoints, compass center

Floss

- **1 DMC 3760 Medium Wedgwood** Lake (dark)
- **2 DMC 519 Sky Blue** Lake (middle)
- **3 DMC 3753 Ultra Very Light Antique Blue**
  Lake (light), mountain bands (shade 9 of 10)
- **4 DMC 986 Very Dark Forest Green**
  Mountain bands (shade 1 of 10), border (darker), map frame
- **5 DMC 988 Medium Forest Green**
  Mountain bands (shade 2 of 10)
- **6 DMC 470 Light Avocado Green**
  Mountain bands (shade 4 of 10), camp meadow (darker), firs and small peaks (lighter)
- **7 DMC 471 Very Light Avocado Green**
  Mountain bands (shade 6 of 10)
- **8 DMC 734 Light Olive Green** Mountain bands (shade 7 of 10)
- **9 DMC 833 Light Golden Olive** Mountain bands (shade 5 of 10)
- **10 DMC 3827 Pale Golden Brown**
  Mountain bands (shade 8 of 10)
- **11 DMC 3776 Light Mahogany**
  Border (lighter), mountain bands (shade 3 of 10)
- **12 DMC 3865 Winter White**
  Trail bed, mountain bands (shade 10 of 10), compass rose (light), scale bar (lighter)
- **13 DMC 934 Black Avocado Green**
  Contours, skyline, shore line, tent door, flagpole and fir trunks
- **14 DMC 472 Ultra Light Avocado Green**
  Camp meadow (lighter)
- **15 DMC 817 Very Dark Coral Red** Trail, eyelet and pennant
- **16 DMC 783 Medium Topaz**
  Compass rose (middle), viewpoints and compass center
- **17 DMC 890 Ultra Dark Pistachio Green**
  Firs and small peaks (darker)
- **18 DMC 721 Medium Orange Spice** Tent
- **19 DMC 336 Navy Blue** Scale bar (darker), compass rose (dark)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Trail map bookmark for hikers

6 inch hoop

How to read it

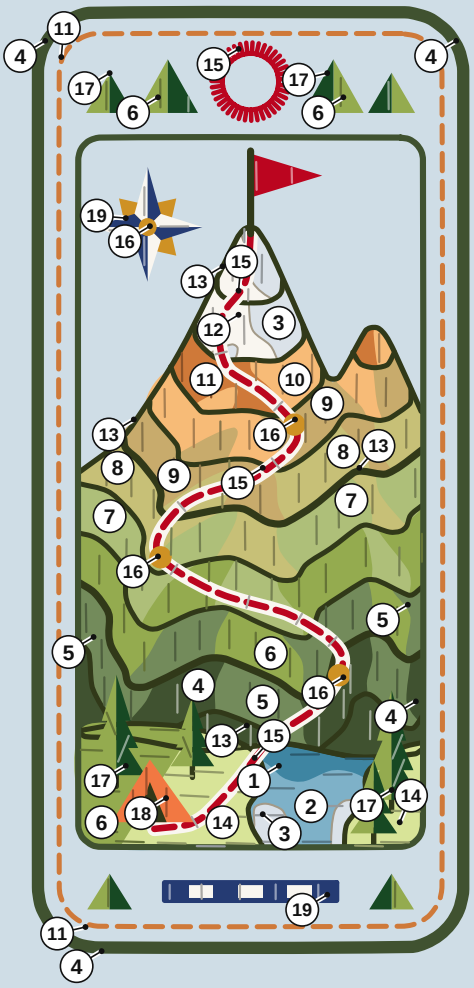
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is running stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3760 Medium Wedgwood	**8**	DMC 734 Light Olive Green	**15**	DMC 817 Very Dark Coral Red
2	DMC 519 Sky Blue	**9**	DMC 833 Light Golden Olive	**16**	DMC 783 Medium Topaz
3	DMC 3753 Ultra Very Light Antique Bl...	**10**	DMC 3827 Pale Golden Brown	**17**	DMC 890 Ultra Dark Pistachio Green
4	DMC 986 Very Dark Forest Green	**11**	DMC 3776 Light Mahogany	**18**	DMC 721 Medium Orange Spice
5	DMC 988 Medium Forest Green	**12**	DMC 3865 Winter White	**19**	DMC 336 Navy Blue
6	DMC 470 Light Avocado Green	**13**	DMC 934 Black Avocado Green		
7	DMC 471 Very Light Avocado Green	**14**	DMC 472 Ultra Light Avocado Green		

How many strands

Split stitch. 4 strands: map frame; 3 strands: skyline; 2 strands: contours, shore line.
Running stitch. 6 strands: trail; 3 strands: border.
French knot. 3 strands: viewpoints; 2 strands: compass center.

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Trail map bookmark for hikers

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Trail map bookmark for hikers

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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