Trout silhouette with a fishing river

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.7 × 4 in (9.4 × 10.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Rings of water, sun, snow, sunset on the water, angler, ripples, gill cover, jaw bone, eye, contour
2. **Long and short stitch**, 1 strand
   Sky, mountains, hills, river, far bank, fins, head, gill cover
3. **Straight stitch**, strands by part on page 2
   Far pines, near pines, fin rays, eye light
4. **Fly stitch**, strands by part on page 2
   Far pines, near pines
5. **Stem stitch**, strands by part on page 2
   Rod, ripples, fly line, rings round the fly, gill cover
6. **Split stitch**, strands by part on page 2
   Tail rays, fin rays, fins, jaw bone, eye, contour
7. **French knot**
   strands by part on page 2, two wraps
   Fly, spots

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3752 Very Light Antique Blue**
  Rings of water (light), head and river (lightest) and 3 more parts
- **2 DMC 931 Medium Antique Blue**
  Rings of water, mountains and head (middle), hills (darker), gill cover (shade 4 of 8)
- **3 DMC 930 Dark Antique Blue**
  Head and rings of water (dark), river (darkest), gill cover (shade 3 of 8)
- **4 DMC 3824 Light Apricot**
  Sky (light), gill cover (shade 8 of 8), sunset on the water (dark)
- **5 DMC 3721 Dark Shell Pink** Sky (darkest), fly
- **6 DMC 351 Coral** Sky (dark)
- **7 DMC 352 Light Coral** Sky (middle), gill cover (shade 6 of 8)
- **8 DMC 745 Light Pale Yellow**
  Sky (lightest), sunset on the water (middle)
- **9 DMC 3078 Very Light Golden Yellow**
  Sun, sunset on the water (light)
- **10 DMC 932 Light Antique Blue**
  Mountains, river and head (light), hills (lighter), gill cover (shade 5 of 8)
- **11 DMC 3740 Dark Antique Violet** Mountains (dark)
- **12 DMC 3865 Winter White**
  Ripples (light), fly line, snow, rings round the fly and eye light
- **13 DMC 3760 Medium Wedgwood** River (middle)
- **14 DMC 3808 Ultra Very Dark Turquoise**
  Far pines, river and ripples (dark)
- **15 DMC 500 Very Dark Blue Green** Near pines, far bank (darker)
- **16 DMC 3362 Dark Pine Green** Far bank (lighter)
- **17 DMC 939 Very Dark Navy Blue**
  Contour and fins (darker), fin rays and angler and 5 more parts
- **18 DMC 823 Dark Navy Blue**
  Contour, fins and spots (lighter), tail rays, head (darkest), gill cover (shade 2 of 8)
- **19 DMC 783 Medium Topaz** Eye (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Trout silhouette with a fishing river

6 inch hoop

How to read it

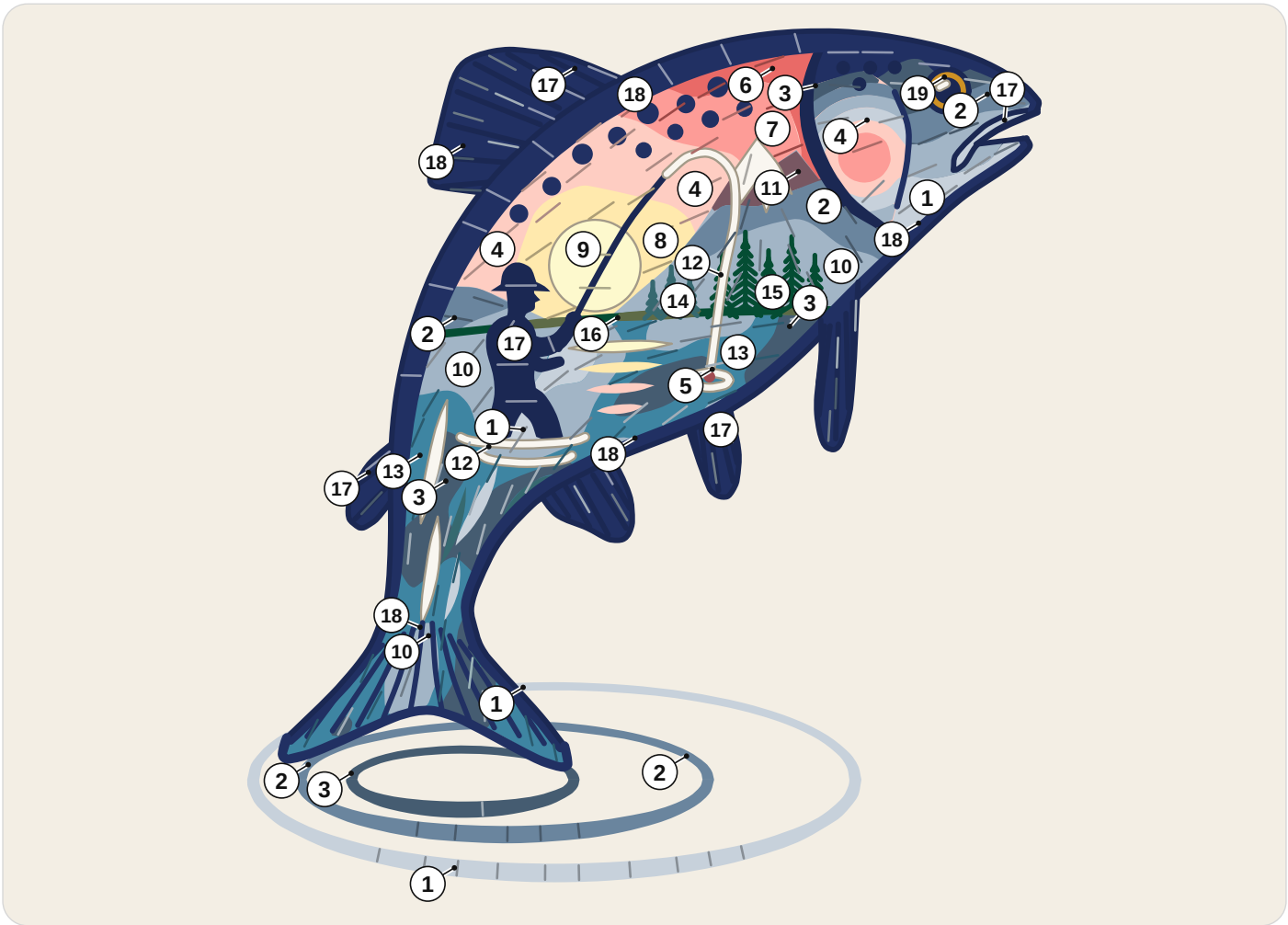
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3752 Very Light Antique Blue	**8**	DMC 745 Light Pale Yellow	**15**	DMC 500 Very Dark Blue Green
2	DMC 931 Medium Antique Blue	**9**	DMC 3078 Very Light Golden Yellow	**16**	DMC 3362 Dark Pine Green
3	DMC 930 Dark Antique Blue	**10**	DMC 932 Light Antique Blue	**17**	DMC 939 Very Dark Navy Blue
4	DMC 3824 Light Apricot	**11**	DMC 3740 Dark Antique Violet	**18**	DMC 823 Dark Navy Blue
5	DMC 3721 Dark Shell Pink	**12**	DMC 3865 Winter White	**19**	DMC 783 Medium Topaz
6	DMC 351 Coral	**13**	DMC 3760 Medium Wedgwood		
7	DMC 352 Light Coral	**14**	DMC 3808 Ultra Very Dark Turquoise		

How many strands

Straight stitch. 2 strands: near pines, eye light; 1 strand: far pines, fin rays.
Fly stitch. 2 strands: near pines; 1 strand: far pines.
Stem stitch. 2 strands: rod; 1 strand: ripples, fly line, rings round the fly, gill cover.
Split stitch. 2 strands: fins, contour; 1 strand: tail rays, fin rays, jaw bone, eye.
French knot. 2 strands: spots; 1 strand: fly.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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