True friends with sunflowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.4 in (12.2 × 11.2 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Stems, bracts, tail, wing bars, cap, bill, eye, seed in the bill, bow, bow inside, words
- **Long and short stitch**, 1 to 2 strands
  Leaves, petals, bracts, back petals, seed hearts, body, rump, wing
- **Split stitch**, 1 strand
  Leaf veins, bract edges, body edges, bow edges, words
- **Stem stitch**, 2 to 4 strands
  Leaf veins, stems, legs
- **French knot**, 1 to 2 strands, two wraps
  Seeds, eye light
- **Straight stitch**, 1 to 2 strands
  Tail edges, legs, wing edges, bill line, bow folds

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 3346 Hunter Green**
  Stems (middle), bracts and leaves (dark)
- **DMC 895 Very Dark Hunter Green**
  Leaves and bracts (darkest), bract edges, stems (dark)
- **DMC 3347 Medium Yellow Green**
  Leaves, stems and bracts (light), seeds (shade 5 of 7)
- **DMC 471 Very Light Avocado Green**
  Leaf veins, bracts and leaves (lightest), seeds (shade 7 of 7)
- **DMC 972 Deep Canary**
  Back petals (light), petals (middle light)
- **DMC 780 Ultra Very Dark Topaz**
  Back petals and petals (dark)
- **DMC 783 Medium Topaz**
  Back petals (middle), petals (middle dark), seeds (shade 6 of 7)
- **DMC 975 Dark Golden Brown**
  Back petals and petals (darkest)
- **DMC 725 Medium Light Topaz**
  Petals (light), back petals (lightest), body (dark)
- **DMC 726 Light Topaz**
  Petals (lightest), body (light), wing bars (darker)
- **DMC 3371 Black Brown**
  Seed hearts and wing (darker), seeds (shade 1 of 7), eye
- **DMC 898 Very Dark Coffee Brown**
  Seed hearts (lighter), seeds (shade 2 of 7)
- **DMC 433 Medium Brown**
  Seeds (shade 4 of 7), legs and seed in the bill
- **DMC 801 Dark Coffee Brown**
  Seeds (shade 3 of 7), bill line
- **DMC 3799 Very Dark Pewter Gray**
  Wing (lighter), tail and cap
- **DMC 3865 Winter White**
  Rump and wing bars (lighter), wing edges, tail edges and eye light
- **DMC 733 Medium Olive Green**
  Body edges, body (darkest)
- **DMC 727 Very Light Topaz**
  Body (lightest), rump (darker)
- **DMC 721 Medium Orange Spice** Bill
- **DMC 322 Dark Baby Blue** Bow (light)
- **DMC 336 Navy Blue**
  Words, bow edges, bow inside and bow folds, bow (darkest)
- **DMC 312 Very Dark Baby Blue** Bow (dark)
- **DMC 3755 Baby Blue** Bow (lightest)

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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