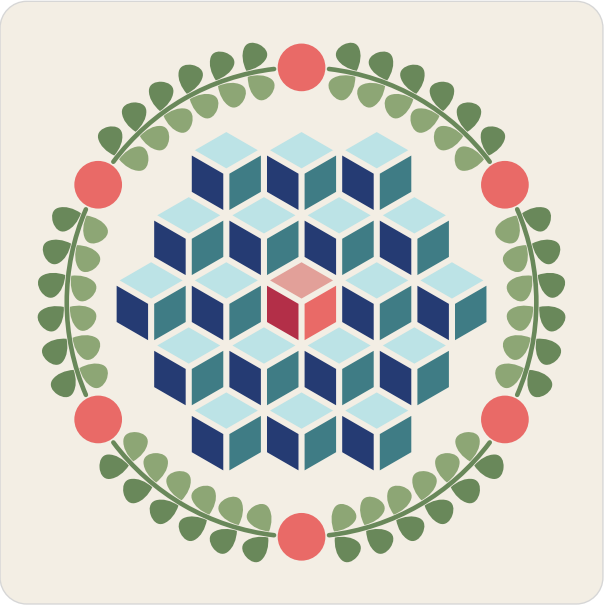
Tumbling blocks quilt

6 inch (15 cm) hoop, 4.8 × 4.7 in (12.2 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 7.

8 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Top of the block in the middle, right side of the block in the middle, left side of the block in the middle, tops of the other blocks, right sides of the other blocks, left sides of the other blocks, outer leaves of the wreath, inner leaves of the wreath



Stitch in this order, continued

2. **Stem stitch**
   2 or 3 strands, color 7
   Ring of the wreath

3. **Woven wheel stitch**
   2 strands, color 2
   Roses on the wreath

Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list.



1 DMC 152 Medium Light Shell Pink
2 DMC 351 Coral
3 DMC 3831 Dark Raspberry
4 DMC 3811 Very Light Turquoise
5 DMC 3809 Very Dark Turquoise
6 DMC 336 Navy Blue
7 DMC 320 Medium Pistachio Green
8 DMC 989 Forest Green

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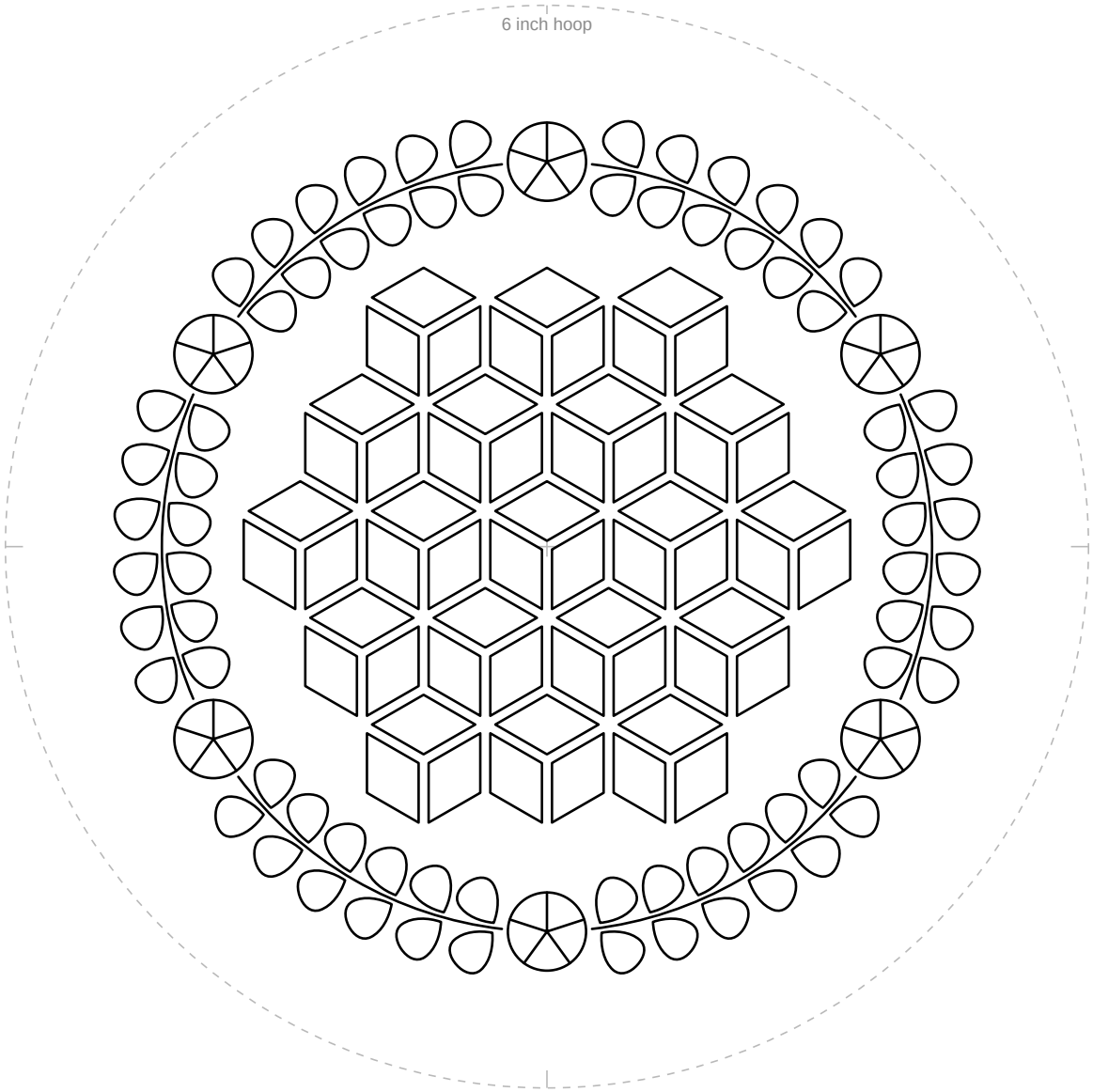
Tumbling blocks quilt

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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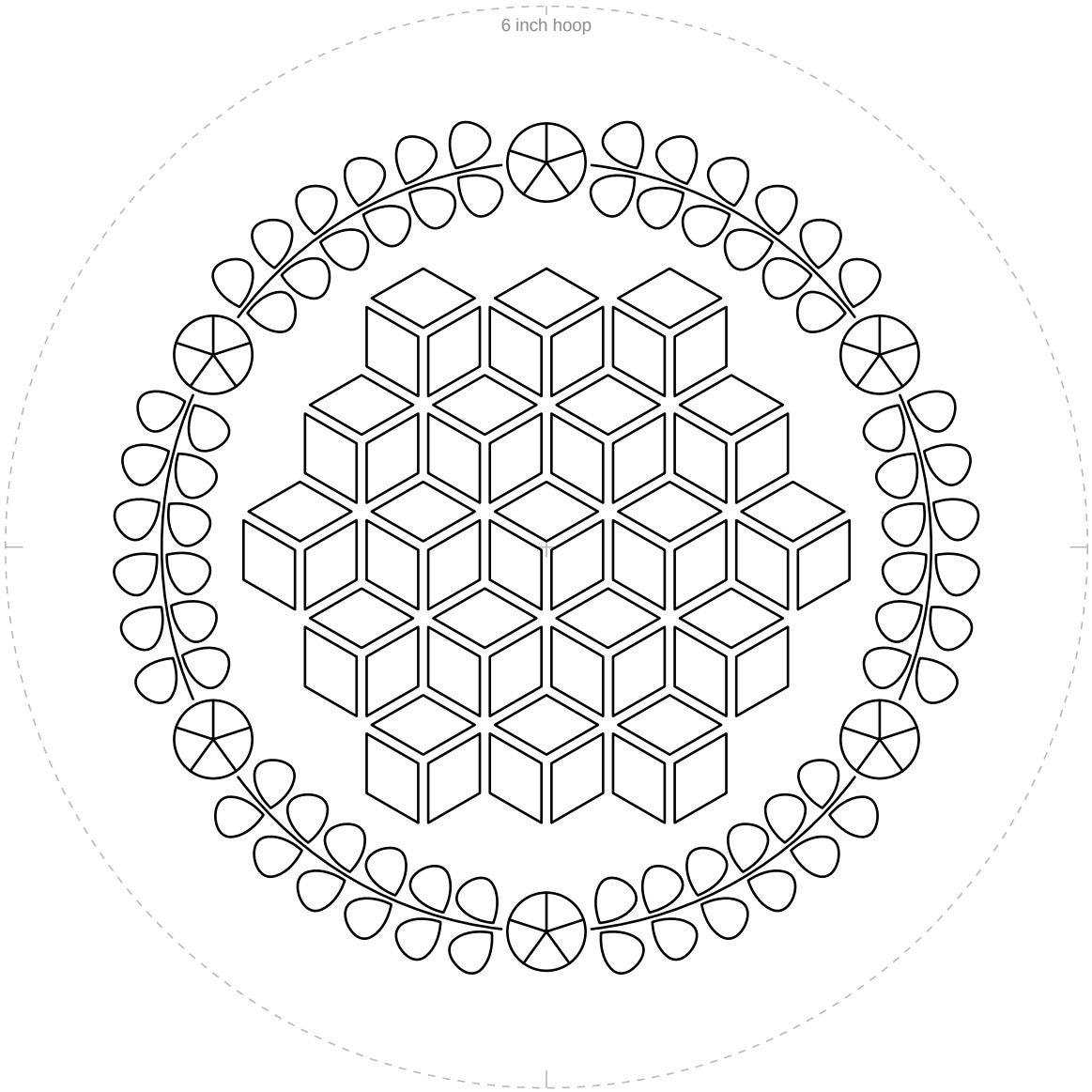
Tumbling blocks quilt

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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