Two seals monogram frame

6 inch (15 cm) hoop, 4.5 × 4.5 in (11.4 × 11.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Sea leaf stems

2. **Fishbone stitch**, 2 strands
   Sea leaves



3. **Satin stitch**, 2 strands
   Rope, noses, eyes, shell (color 5)



4. **Long and short stitch**, 1 strand
   Coat, hind flippers, muzzle, foreflippers, shell (color 16)



5. **Back stitch**, 1 strand
   Whiskers

6. **Split stitch**
   2 strands: coat edges, flipper edges, mouth
   1 strand: starfish edge, shell ribs

7. **Stem stitch**, 1 strand
   Flipper lines, brows

8. **Padded satin stitch**, 2 strands
   Starfish



9. **French knot**, 1 strand, two wraps
   Whisker dots, eye highlights, starfish knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 501 Dark Blue Green	**7**	DMC 3750 Very Dark Antique Blue	**13**	DMC 351 Coral
2	DMC 503 Medium Blue Green	**8**	DMC 930 Dark Antique Blue	**14**	DMC 352 Light Coral
3	DMC 780 Ultra Very Dark Topaz	**9**	DMC 931 Medium Antique Blue	**15**	DMC 349 Dark Coral
4	DMC 3820 Dark Straw	**10**	DMC 932 Light Antique Blue	**16**	DMC 3823 Ultra Pale Yellow
5	DMC 782 Dark Topaz	**11**	DMC 3756 Ultra Very Light Baby Blue		
6	DMC 3752 Very Light Antique Blue	**12**	DMC 939 Very Dark Navy Blue		

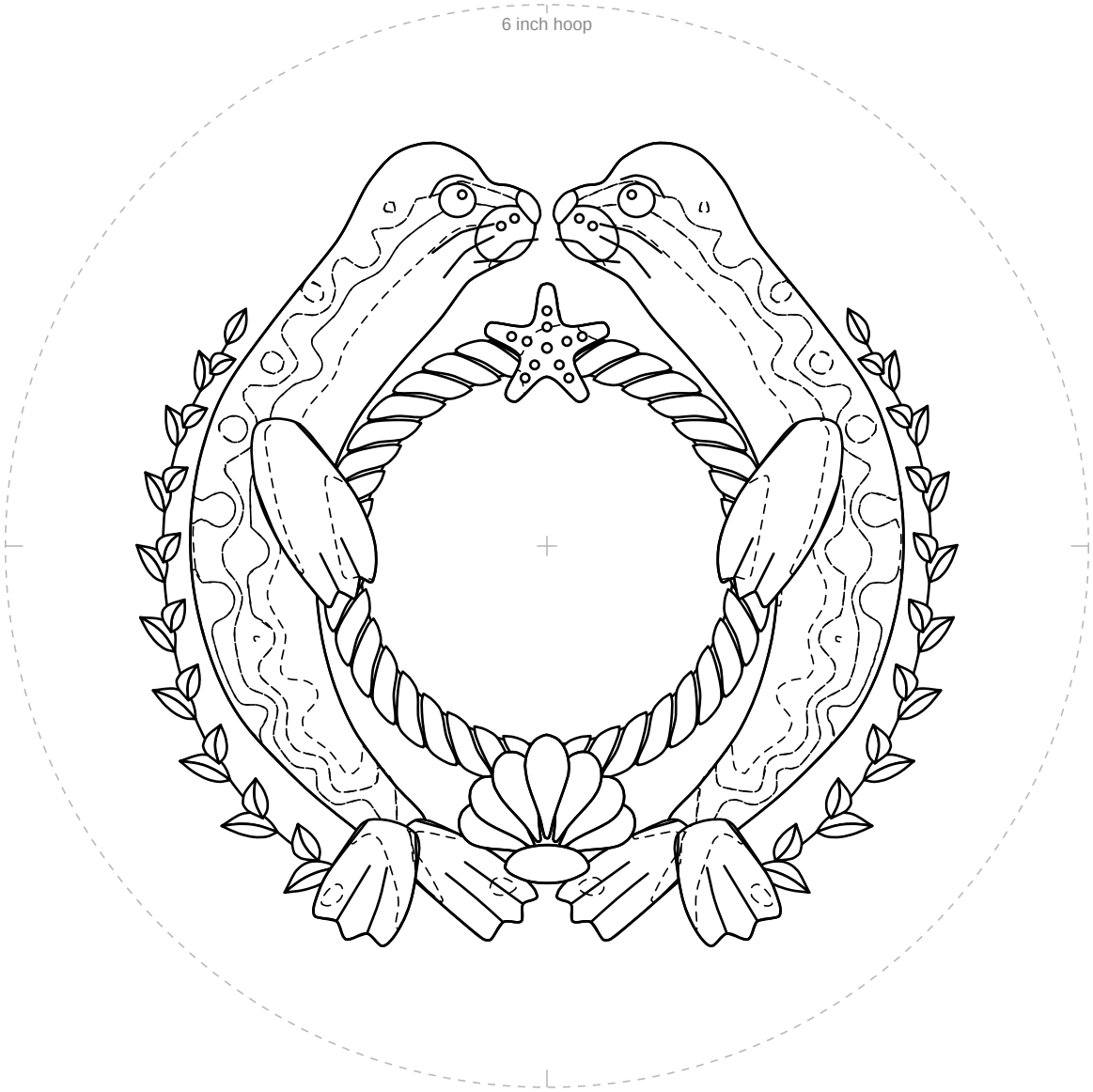
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

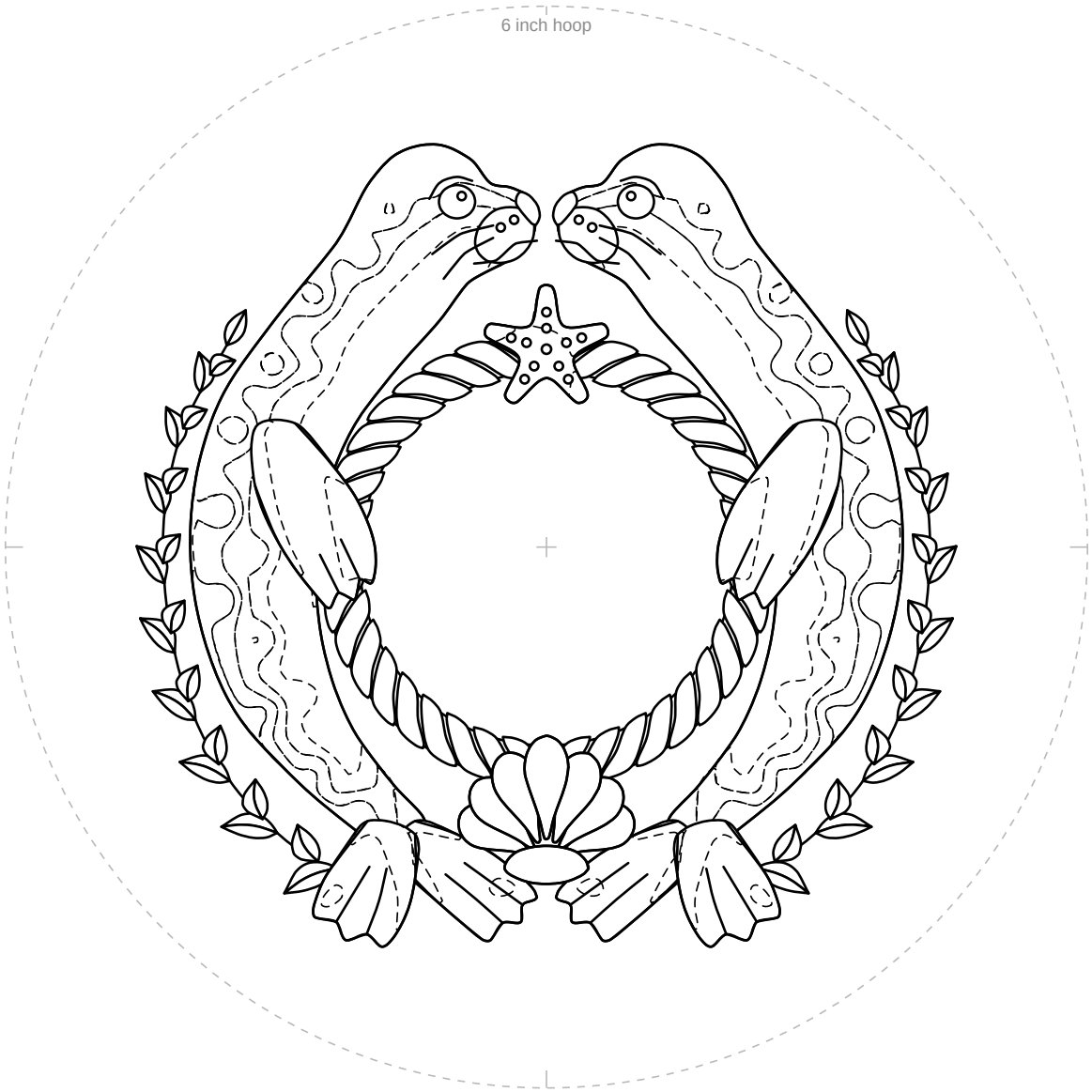
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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