Ultrasound baby with wildflowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Long and short stitch**, 1 strand
   Feet, legs, body, head, arm, hands, ear, buds, poppies, cornflowers
2. **Padded satin stitch**, 2 strands
   Heart
3. **Satin stitch**, 2 strands
   Grass, oat seeds, buds, cups, daisy petals
4. **Fishbone stitch**, 2 strands
   Leaves
5. **Running stitch**, 1 strand
   Scan lines
6. **Stem stitch**, strands by part on page 2
   Scan edge, grass stems, stems
7. **Split stitch**, strands by part on page 2
   Soft edges, fingers, eyes, brows, mouth, ear
8. **Straight stitch**, strands by part on page 2
   Eyelashes, lips, lavender, cornflower centers, grass
9. **Back stitch**, 1 strand
   Grass stems, umbel rays
10. **Lazy daisy stitch**, 2 strands
    Lavender
11. **French knot**, 2 strands, two wraps
    Cow parsley, daisy centers

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 932 Light Antique Blue**
  Legs, body and feet (middle dark), scan edge and scan lines and 4 more parts
- **2 DMC 930 Dark Antique Blue**
  Soft edges and fingers, legs, ear, body and feet (darkest)
- **3 DMC 931 Medium Antique Blue**
  Legs, body, feet and ear (dark), head and arm (darkest), brows
- **4 DMC 822 Light Beige Gray**
  Body, legs, arm, head, feet and hands (light), ear (lightest), daisy petals (darker)
- **5 DMC 3752 Very Light Antique Blue**
  Body, legs and feet (middle light), head and arm (middle), hands (dark), ear (light)
- **6 DMC 3770 Very Light Tawny**
  Head, legs, body, feet, arm and hands (lightest), daisy petals (lighter), cow parsley
- **7 DMC 3750 Very Dark Antique Blue**
  Eyes, eyelashes and mouth
- **8 DMC 352 Light Coral** Poppies (lightest), lips
- **9 DMC 350 Medium Coral** Poppies (dark), heart
- **10 DMC 520 Dark Fern Green**
  Grass, stems and cups (darker), leaves (dark), buds (darkest)
- **11 DMC 3363 Medium Pine Green**
  Grass, stems and cups (lighter), leaves (middle), buds (dark)
- **12 DMC 3053 Green Gray**
  Leaves (light), grass stems and umbel rays, buds (lightest)
- **13 DMC 676 Light Old Gold** Oat seeds and daisy centers
- **14 DMC 3746 Dark Blue Violet**
  Lavender and cornflowers (dark), cornflower centers
- **15 DMC 340 Medium Blue Violet**
  Cornflowers and lavender (middle)
- **16 DMC 341 Light Blue Violet** Cornflowers and lavender (light)
- **17 DMC 351 Coral** Poppies and buds (light)
- **18 DMC 347 Very Dark Salmon** Poppies (darkest)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A dashed line is running stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 932 Light Antique Blue	7	DMC 3750 Very Dark Antique Blue	13	DMC 676 Light Old Gold
2	DMC 930 Dark Antique Blue	8	DMC 352 Light Coral	14	DMC 3746 Dark Blue Violet
3	DMC 931 Medium Antique Blue	9	DMC 350 Medium Coral	15	DMC 340 Medium Blue Violet
4	DMC 822 Light Beige Gray	10	DMC 520 Dark Fern Green	16	DMC 341 Light Blue Violet
5	DMC 3752 Very Light Antique Blue	11	DMC 3363 Medium Pine Green	17	DMC 351 Coral
6	DMC 3770 Very Light Tawny	12	DMC 3053 Green Gray	18	DMC 347 Very Dark Salmon

How many strands

Stem stitch. 2 strands: scan edge, stems; 1 strand: grass stems.
Split stitch. 2 strands: eyes; 1 strand: soft edges, fingers, brows, mouth, ear.
Straight stitch. 2 strands: lips, cornflower centers, grass; 1 strand: eyelashes, lavender.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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