Varsity alphabet round a laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 5 in (12.4 × 12.7 cm).



Which color goes where: by number on page 2.
Fabric: wine red cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Laurel leaves, blossom leaves
2. **Satin stitch**, 2 strands
   Buds, sepals, blossom hearts, laurel stalks, ribbon bow, ribbon folds, gold drop shade, alphabet
3. **Long and short stitch**, 1 strand
   Blossom petals
4. **Padded satin stitch**, 2 strands
   Ribbon knot, great letter
5. **Stem stitch**, strands by part on page 2
   Laurel stems, laurel leaves, twigs, blossom leaves
6. **Straight stitch**, strands by part on page 2
   Berry stalks, stamens
7. **Split stitch**, 1 strand
   Petal edges, alphabet edges

Floss

- **1 DMC 434 Light Brown**
  Laurel stems, laurel stalks, twigs and berry stalks
- **2 DMC 3053 Green Gray**
  Laurel leaves and blossom leaves (dark)
- **3 DMC 524 Very Light Fern Green**
  Laurel leaves and blossom leaves (light), blossom hearts
- **4 DMC 3047 Light Yellow Beige**
  Laurel leaves and blossom leaves (lightest), stamens
- **5 DMC 3052 Medium Green Gray**
  Laurel leaves (darkest), sepals (lighter)
- **6 DMC 3820 Dark Straw**
  Alphabet, gold drop shade, berries and anthers
- **7 DMC 963 Ultra Very Light Dusty Rose**
  Blossom petals (light), buds (lighter)
- **8 DMC 3832 Medium Raspberry**
  Blossom petals (dark), buds (darker)
- **9 DMC 3051 Dark Green Gray**
  Sepals (darker), blossom leaves (darkest)
- **10 DMC 3865 Winter White**
  Blossom petals (lightest), ribbon bow (light)
- **11 DMC 3831 Dark Raspberry**
  Blossom petals (darkest)
- **12 DMC 3833 Light Raspberry**
  Petal edges, blossom petals (middle)
- **13 DMC 739 Ultra Very Light Tan**
  Ribbon bow (dark)
- **14 DMC 712 Cream**
  Great letter and ribbon knot, ribbon bow (lightest)
- **15 DMC 738 Very Light Tan**
  Ribbon folds, ribbon bow (darkest)
- **16 DMC 783 Medium Topaz** Alphabet edges

Stitches, continued

8. **French knot**, strands by part on page 2, two wraps
   Berries, anthers

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Varsity alphabet round a laurel

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 434 Light Brown	**7**	DMC 963 Ultra Very Light Dusty Rose	**13**	DMC 739 Ultra Very Light Tan
2	DMC 3053 Green Gray	**8**	DMC 3832 Medium Raspberry	**14**	DMC 712 Cream
3	DMC 524 Very Light Fern Green	**9**	DMC 3051 Dark Green Gray	**15**	DMC 738 Very Light Tan
4	DMC 3047 Light Yellow Beige	**10**	DMC 3865 Winter White	**16**	DMC 783 Medium Topaz
5	DMC 3052 Medium Green Gray	**11**	DMC 3831 Dark Raspberry		
6	DMC 3820 Dark Straw	**12**	DMC 3833 Light Raspberry		

How many strands

Stem stitch. 3 strands: laurel stems; 2 strands: twigs; 1 strand: laurel leaves, blossom leaves.
Straight stitch. 2 strands: berry stalks; 1 strand: stamens.
French knot. 2 strands: berries; 1 strand: anthers.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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