Guatemalan style birds and flowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.5 in (11.9 × 11.4 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 4 strands
  Ring of vine, tail feathers, legs, bodies, wings, sprigs, rose petals, round petals, star petals
- **Satin stitch**, 2 strands
  Tail feathers, tail tips, bills, crests, breasts, wing bands, wing triangles, wing diamonds, wing tips, eyes, buds, calyxes, rose petals, and 6 more
- **Straight stitch**, 1 to 3 strands
  Feet, wing bars, eye lights
- **Long and short stitch**, 1 strand
  Bodies
- **Back stitch**, 1 to 2 strands
  Wing bars, star heart
- **French knot**, 2 strands, two wraps
  Collars, berries, flower hearts, star dots
- **Fishbone stitch**, 2 strands
  Leaves

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 936 Very Dark Avocado Green**
  Tail feathers (shade 3 of 7), leaves and ring of vine (darker) and 5 more parts
- **DMC 3363 Medium Pine Green**
  Leaves and ring of vine (lighter), bodies (middle light) and 3 more parts
- **DMC 3820 Dark Straw**
  Tail feathers (shade 7 of 7), star petals (light) and 11 more parts
- **DMC 347 Very Dark Salmon**
  Round petals (middle), tail feathers (shade 4 of 7), breasts (darkest) and 9 more parts
- **DMC 3777 Very Dark Terra Cotta**
  Tail feathers (shade 2 of 7), round petals and rose petals (dark) and 3 more parts
- **DMC 3750 Very Dark Antique Blue**
  Tail feathers (shade 1 of 7), star petals (dark), wing bands (darkest) and 10 more parts
- **DMC 3328 Dark Salmon**
  Rose petals (light), breasts (dark), bodies (lightest) and 7 more parts
- **DMC 680 Dark Old Gold**
  Feet, bills, star dots and legs, breasts and flower hearts (light) and 2 more parts
- **DMC 931 Medium Antique Blue**
  Bodies, star and wing tips (light), star petals (middle), daisy petals and buds (dark)
- **DMC 712 Cream**
  Eye lights

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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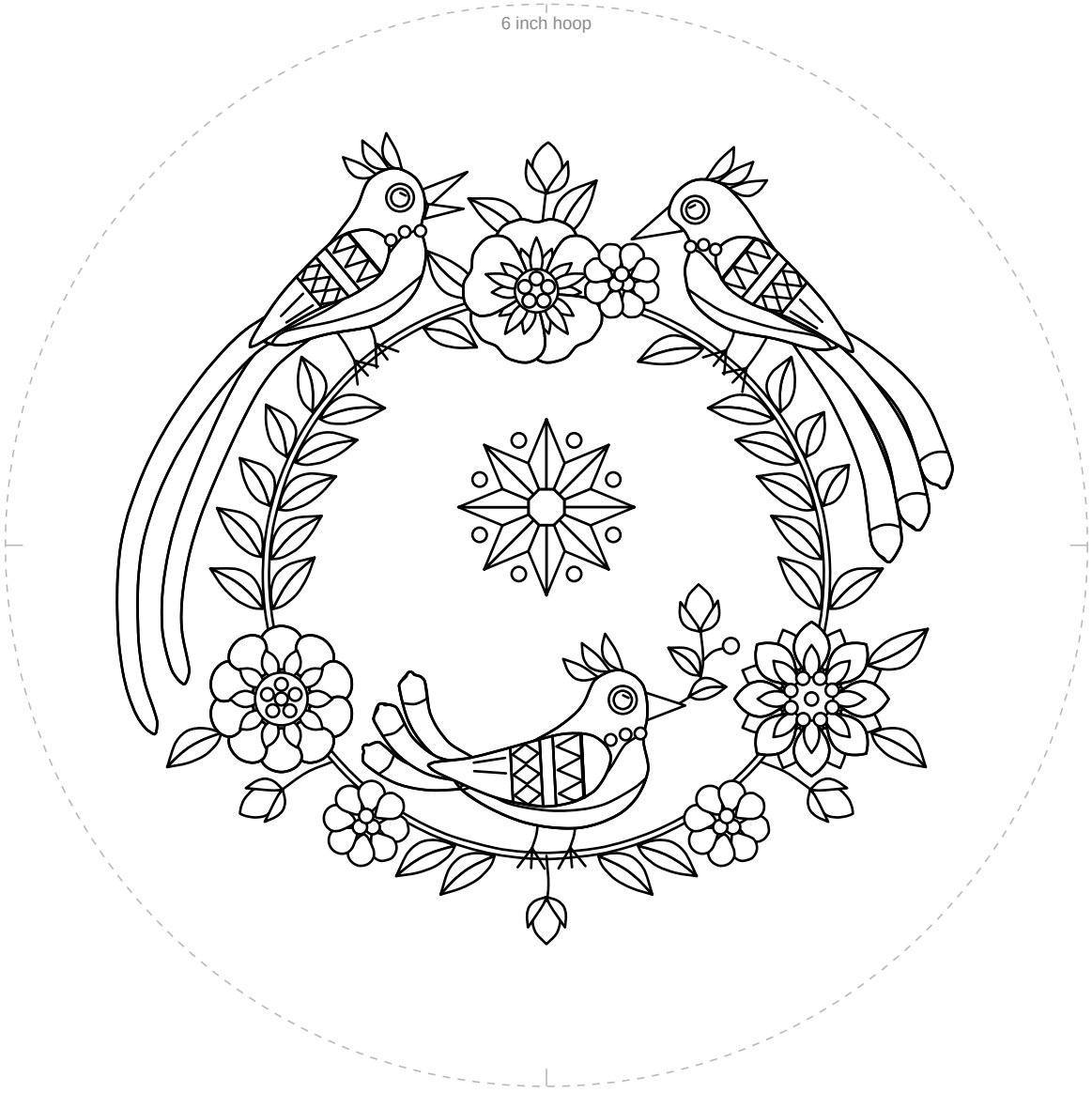
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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