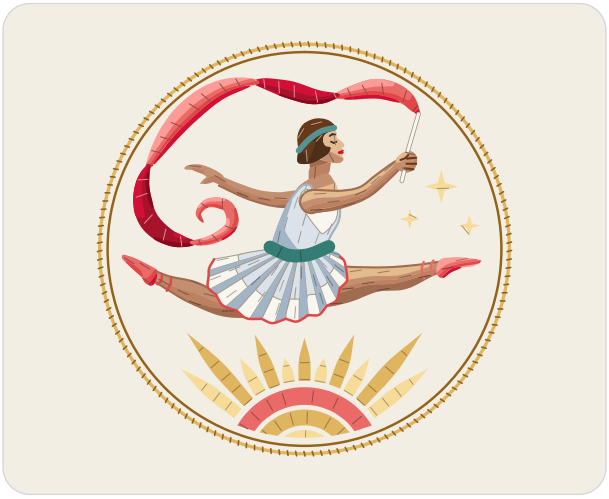
Vintage gymnast with ribbon

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 5 in (12.7 × 12.7 cm).



Which color goes where.

Stitches

- **Couching**, 6 strands
  Ring
- **Stem stitch**, 2 to 3 strands
  Inner ring, ankle ribbons, hem, stick
- **Satin stitch**, 2 strands
  Sun rays, sun, stars, ribbon, sash, headband
- **Long and short stitch**, 1 strand
  Arms, legs, slippers, neck and shoulders, tunic, face, hair
- **Split stitch**, 1 strand
  Fine edges, finger lines
- **Straight stitch**, 1 to 2 strands
  Eye, brow, mouth

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 3820 Dark Straw**
  Ring (lighter), sun rays (darker), sun (middle)
- **DMC 780 Ultra Very Dark Topaz**
  Inner ring, ring (darker)
- **DMC 3822 Light Straw**
  Sun rays (lighter), stars, sun (light)
- **DMC 351 Coral**
  Ribbon and slippers (light), sun (dark), ankle ribbons (lighter)
- **DMC 3064 Desert Sand**
  Legs, arms and neck and shoulders (light), face (darker)
- **DMC 3772 Very Dark Desert Sand**
  Fine edges (darker), legs, arms and neck and shoulders (darkest)
- **DMC 407 Dark Desert Sand**
  Legs, arms and neck and shoulders (dark)
- **DMC 349 Dark Coral**
  Ribbon (middle dark), slippers (darkest), mouth
- **DMC 350 Medium Coral**
  Ribbon (middle light), hem, slippers (dark), ankle ribbons (darker)
- **DMC 352 Light Coral** Ribbon and slippers (lightest)
- **DMC 815 Medium Garnet** Ribbon (darkest)
- **DMC 498 Dark Red** Ribbon (dark)
- **DMC 437 Light Tan**
  Legs, arms and neck and shoulders (lightest), face (lighter)
- **DMC 3865 Winter White** Tunic (light), stick
- **DMC 3753 Ultra Very Light Antique Blue**
  Tunic (middle)
- **DMC 932 Light Antique Blue**
  Tunic (dark), fine edges (lighter)
- **DMC 3847 Dark Teal Green** Sash
- **DMC 801 Dark Coffee Brown**
  Hair (lighter), finger lines
- **DMC 898 Very Dark Coffee Brown** Hair (darker)
- **DMC 3848 Medium Teal Green** Headband
- **DMC 3371 Black Brown** Eye and brow

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Vintage gymnast with ribbon

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Vintage gymnast with ribbon

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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