Vintage heart shaped world map

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.1 × 4.4 in (10.4 × 11.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Inland seas, chart scale, compass rose, sea serpent, sails, heart on the sail, hull, pennants, whale throat, whale tail, whale fin, whale eye
2. **Long and short stitch**, 1 strand
   Whale
3. **Back stitch**, strands by part on page 2
   Meridians and parallels, equator, compass ring, compass rose edges, throat pleats, waves
4. **Holbein stitch**, strands by part on page 2
   North america lattice, south america lattice, africa lattice, greenland lattice, europe lattice, asia lattice, australia lattice, islands
5. **Straight stitch**, strands by part on page 2
   North america crosses, south america crosses, africa crosses, greenland crosses, europe crosses, asia crosses, australia crosses, and 3 more
6. **Split stitch**, strands by part on page 2
   Coasts, inland shores, land border, island shores, chart scale lines, sail edges, whale outline
7. **Chain stitch**, 2 strands
   Heart rim
8. **Stem stitch**, strands by part on page 2
   Serpent ripples, masts, bowsprit, hull bands, spout
9. **French knot**
   strands by part on page 2, two wraps
   Caribbean islands, serpent eye

Floss

- **1 DMC 932 Light Antique Blue**
  Meridians and parallels, waves (lighter), whale (light)
- **2 DMC 931 Medium Antique Blue**
  Whale (middle), waves (darker), equator and inland seas and 4 more parts
- **3 DMC 355 Dark Terra Cotta**
  North america lattice, heart rim and europe lattice, islands (middle) and 9 more parts
- **4 DMC 936 Very Dark Avocado Green**
  Asia lattice, south america lattice and asia crosses, islands (dark) and 1 more part
- **5 DMC 680 Dark Old Gold**
  Africa lattice, chart scale, greenland lattice and africa crosses and 5 more parts
- **6 DMC 3031 Very Dark Mocha Brown**
  Coasts, chart scale lines, island shores, hull and sail edges and 8 more parts
- **7 DMC 739 Ultra Very Light Tan**
  Sails (light), compass rose (lightest), eye light
- **8 DMC 3750 Very Dark Antique Blue**
  Whale (dark), whale outline, sea serpent, whale tail and whale fin
- **9 DMC 729 Medium Old Gold** Sails (dark)
- **10 DMC 676 Light Old Gold** Sails (middle)
- **11 DMC 3753 Ultra Very Light Antique Blue**
  Whale throat

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Vintage heart shaped world map

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 932 Light Antique Blue	**5**	DMC 680 Dark Old Gold	**9**	DMC 729 Medium Old Gold
2	DMC 931 Medium Antique Blue	**6**	DMC 3031 Very Dark Mocha Brown	**10**	DMC 676 Light Old Gold
3	DMC 355 Dark Terra Cotta	**7**	DMC 739 Ultra Very Light Tan	**11**	DMC 3753 Ultra Very Light Antique Bl...
4	DMC 936 Very Dark Avocado Green	**8**	DMC 3750 Very Dark Antique Blue		

How many strands

Back stitch. 2 strands: waves; 1 strand: meridians and parallels, equator, compass ring, compass rose edges, throat pleats.
Holbein stitch. 1 or 2 strands: north america lattice, south america lattice, africa lattice, greenland lattice, europe lattice, asia lattice, australia lattice; 1 strand: islands.
Straight stitch. 2 strands: eye light; 1 strand: north america crosses, south america crosses, africa crosses, greenland crosses, europe crosses, asia crosses, australia crosses, serpent tongue, rigging.
Split stitch. 3 strands: coasts; 2 strands: chart scale lines, whale outline; 1 or 2 strands: island shores; 1 strand: inland shores, land border, sail edges.
Stem stitch. 3 strands: spout; 2 strands: serpent ripples, masts, bowsprit, hull bands.
French knot. 2 strands: caribbean islands; 1 strand: serpent eye.

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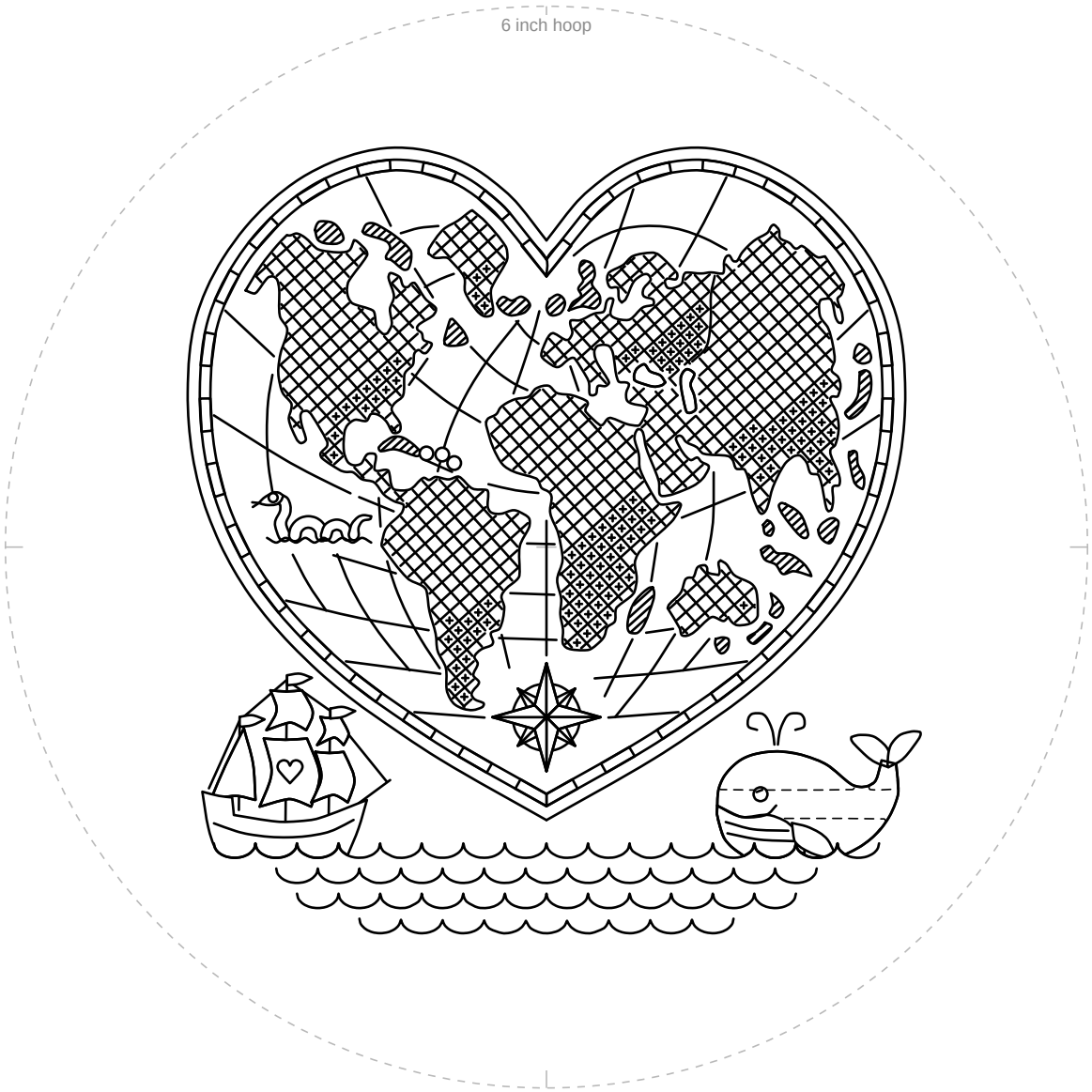
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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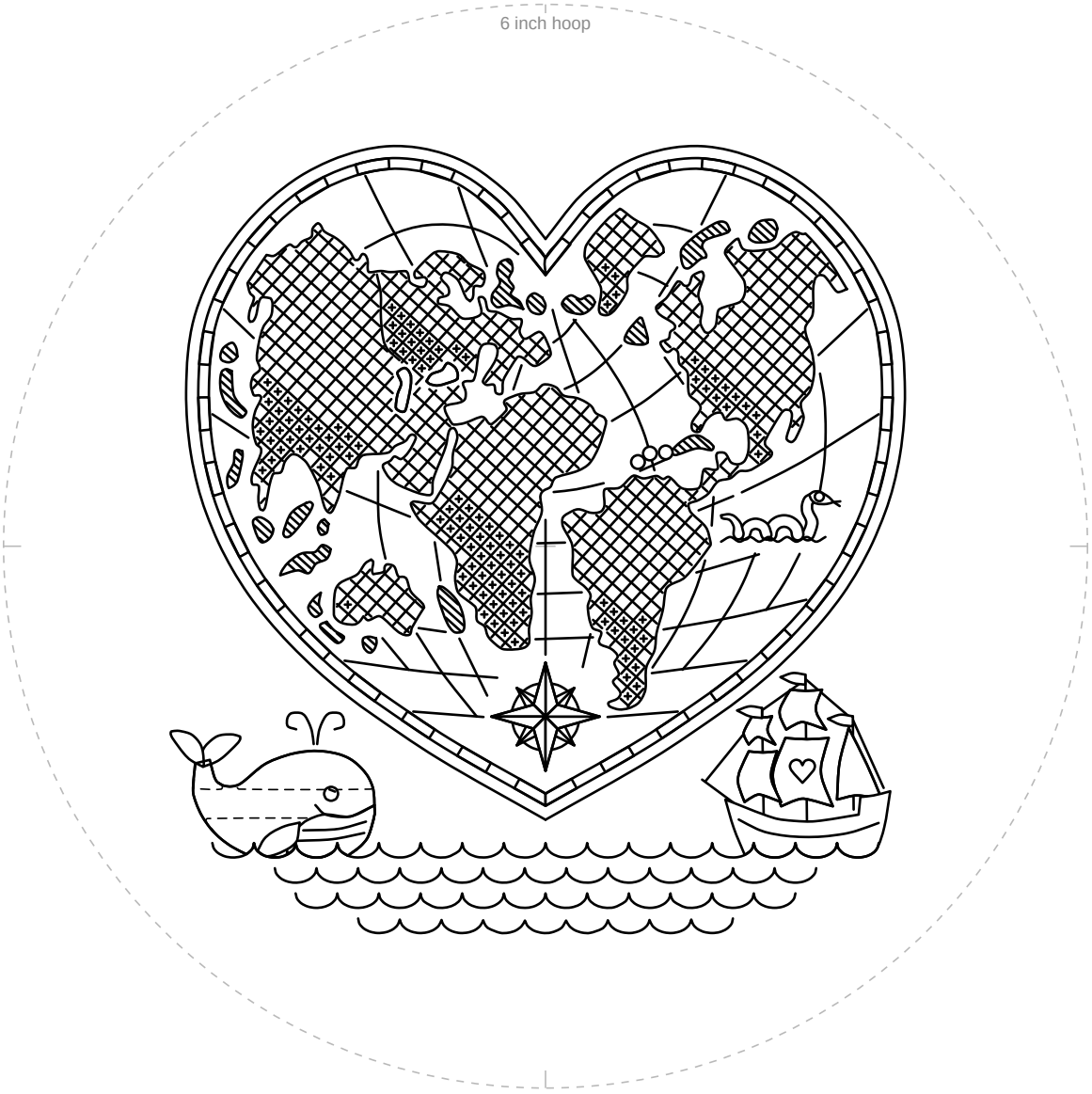
Vintage heart shaped world map

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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