Wednesday with hanging herbs

6 inch (15 cm) hoop, 4.6 × 2.5 in (11.7 × 6.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

15 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**
   1 strand: lines of the rosemary leaves
   2 strands: lines of the chive flowers
2. **Split stitch**
   1 strand: sage leaf outlines
   4 strands: lines of the bow
3. **Stem stitch**
   2 strands: rosemary stems, chive stems
   1 strand: thyme stems
4. **Long and short stitch**, 1 strand
   Wooden rail
5. **Fishbone stitch**, 2 strands
   Sage leaves
6. **Satin stitch**, 2 strands
   Rail ends, rosemary leaves, thyme leaves, chive caps, chive flowers, bow
7. **Stem stitch**, 2 strands
   Stem ends, sage stems, dill stems
8. **Back stitch**, 1 strand
   Twine loops, sage leaf veins (color 8), dill fronds (colors 11 and 12)
9. **Straight stitch**
   2 strands: twine ties
   1 strand: dill fronds (colors 11 and 12), lines of the dill flower heads
10. **Split stitch**
    1 strand: rail outline, sage leaf veins (color 8)
    4 strands: letters
11. **Lazy daisy stitch**, 1 strand
    Loops of the thyme leaves, loops of the chive flowers
12. **French knot**, 1 strand, two wraps
    Knots of the dill flower heads, thyme buds

Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



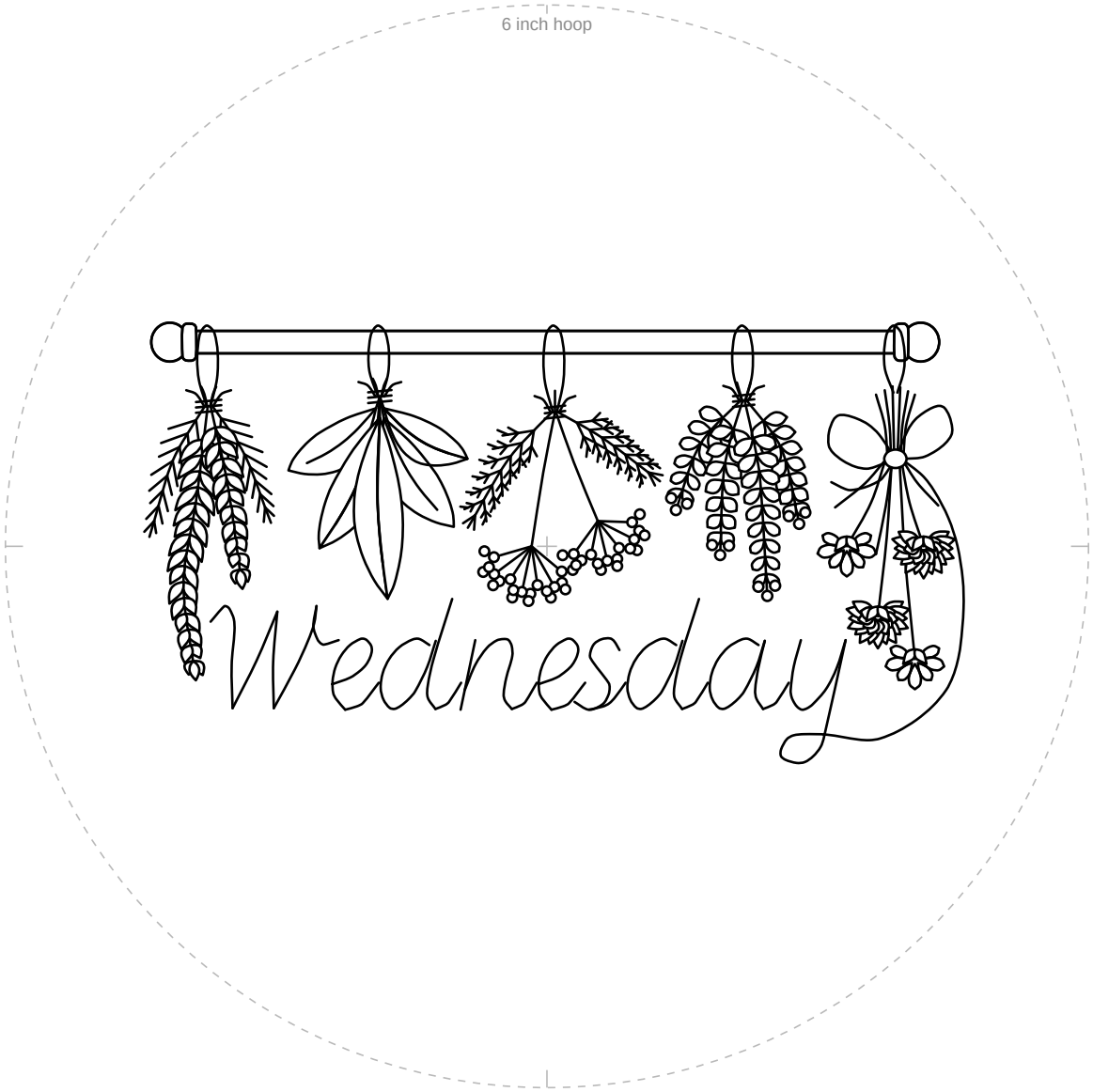
1	DMC 3862 Dark Mocha Beige	**6**	DMC 502 Blue Green	**11**	DMC 3362 Dark Pine Green
2	DMC 801 Dark Coffee Brown	**7**	DMC 501 Dark Blue Green	**12**	DMC 3363 Medium Pine Green
3	DMC 3863 Medium Mocha Beige	**8**	DMC 520 Dark Fern Green	**13**	DMC 834 Very Light Golden Olive
4	DMC 3031 Very Dark Mocha Brown	**9**	DMC 522 Fern Green	**14**	DMC 210 Medium Lavender
5	DMC 500 Very Dark Blue Green	**10**	DMC 524 Very Light Fern Green	**15**	DMC 208 Very Dark Lavender

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

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