Wednesday mending day

6 inch (15 cm) hoop, 3.4 × 4.2 in (8.6 × 10.7 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

Embroidery needles, size 7, and size 3 for 4 to 6 strands.

6 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 6 strands
   Lines of the heel darn, lines of the toe darn



2. **Woven filling stitch**, 6 strands
   Heel darn, toe darn



3. **Running stitch**, 5 strands
   Sock waves

4. **Chain stitch**, 4 strands
   Cuff ribs



5. **Straight stitch**, 6 strands
   Lines of the needle



6. **Stem stitch**
   5 strands: sock outline
   4 strands: cuff edges, word
   3 strands: loose thread

7. **Lazy daisy stitch**, 3 strands
   Loops of the needle



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list.



1 DMC 3865 Winter White
2 DMC 3325 Light Baby Blue
3 DMC 351 Coral
4 DMC 349 Dark Coral
5 DMC 744 Pale Yellow
6 DMC 742 Light Tangerine

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a loop is one lazy daisy, begun at its point; a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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