White labyrinth with a sprig of sage

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: dark green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Padded satin stitch**, 2 strands
   Goal wall, outer wall
2. **Satin stitch**, 2 strands
   Scalloped rim, sage stem, flower lips, flower hoods
3. **Long and short stitch**, 1 strand
   Sage leaves
4. **Chain stitch**, 3 strands
   Labyrinth walls
5. **Stem stitch**, strands by part on page 2
   Flower stalks, leaf stalks, leaf veins
6. **Split stitch**, 1 strand
   Leaf edges
7. **Straight stitch**, 3 strands
   Flower cups
8. **Colonial knot**, 1 strand, two wraps
   Rim knots

Floss

- **1 DMC BLANC White**
  Labyrinth walls, outer wall, scalloped rim, goal wall and rim knots
- **2 DMC 522 Fern Green**
  Sage leaves (dark), leaf edges, flower stalks and sage stem
- **3 DMC 3363 Medium Pine Green**
  Leaf stalks
- **4 DMC 523 Light Fern Green**
  Sage leaves (middle)
- **5 DMC 772 Very Light Yellow Green**
  Sage leaves (lightest)
- **6 DMC 524 Very Light Fern Green**
  Sage leaves (light), leaf veins
- **7 DMC 520 Dark Fern Green**
  Sage leaves (darkest)
- **8 DMC 3747 Very Light Blue Violet**
  Flower lips (lighter)
- **9 DMC 340 Medium Blue Violet**
  Flower hoods
- **10 DMC 3746 Dark Blue Violet**
  Flower cups
- **11 DMC 341 Light Blue Violet**
  Flower lips (darker)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

White labyrinth with a sprig of sage

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one Colonial knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC BLANC White
2 DMC 522 Fern Green
3 DMC 3363 Medium Pine Green
4 DMC 523 Light Fern Green
5 DMC 772 Very Light Yellow Green
6 DMC 524 Very Light Fern Green
7 DMC 520 Dark Fern Green
8 DMC 3747 Very Light Blue Violet
9 DMC 340 Medium Blue Violet
10 DMC 3746 Dark Blue Violet
11 DMC 341 Light Blue Violet

How many strands

Stem stitch. 3 strands: flower stalks, leaf stalks; 1 strand: leaf veins.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

White labyrinth with a sprig of sage

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

White labyrinth with a sprig of sage

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.