Wisdom with a book and flowers

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 24 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 1 strand
   Fennel leaves (color 2)
2. **Back stitch**
   2 strands: fennel leaves (color 1)
   1 strand: feelers (color 8)
3. **Stem stitch**, 2 strands
   Fern stems, avens stems, lines of the words, lines of the sprig
4. **Satin stitch**, 2 strands
   Fern leaves, grass blades, foxglove stem, foxglove throats, foxglove cups, foxglove buds, fennel stem, scabious buds, scabious cups, daisy petals, daisy cups, avens petals, avens cups, avens buds, cover, flower on the page, ribbon marker, wing spots, moth head, words, sprig
5. **Fishbone stitch**, 2 strands
   Foxglove leaves, fennel bracts, scabious leaves, daisy leaves, small leaves
6. **Long and short stitch**, 1 strand
   Foxglove bells, scabious petals, page edges, pages, lower wings, upper wings
7. **Back stitch**, 1 strand
   Fennel rays, lines of the flower on the page
8. **Stem stitch**
   3 strands: lines of the fennel stem
   2 strands: scabious stems, daisy stems, fold, wing edges (color 9)
   1 strand: cover edge
9. **Split stitch**, 1 strand
   Daisy edges, edges of the page edges, page outline, wing edges (color 6), moth body edge
10. **Running stitch**, 1 strand
    Lines of the page
11. **Straight stitch**, 1 strand
    Lines of the flower on the page, feelers (color 8)
12. **Lazy daisy stitch**, 1 strand
    Loops of the flower on the page
13. **Padded satin stitch**, 2 strands
    Moth body
14. **French knot**, two wraps
    1 strand: fennel flowers, scabious centers, daisy centers, avens centers, knots of the flower on the page, knots of the wing spots
    2 strands: knots of the sprig

Take out lines that still show, press face down, finish the hoop or sew a pillow.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Wisdom with a book and flowers

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3345 Dark Hunter Green	9	DMC 3835 Medium Grape	17	DMC 3032 Medium Mocha Brown
2	DMC 3346 Hunter Green	10	DMC 153 Very Light Violet	18	DMC 3865 Winter White
3	DMC 3347 Medium Yellow Green	11	DMC 782 Dark Topaz	19	DMC 760 Salmon
4	DMC 3053 Green Gray	12	DMC 725 Medium Light Topaz	20	DMC 347 Very Dark Salmon
5	DMC 3052 Medium Green Gray	13	DMC 3747 Very Light Blue Violet	21	DMC 3328 Dark Salmon
6	DMC 3051 Dark Green Gray	14	DMC 340 Medium Blue Violet	22	DMC 924 Very Dark Gray Green
7	DMC 3836 Light Grape	15	DMC 341 Light Blue Violet	23	DMC 926 Medium Gray Green
8	DMC 3834 Dark Grape	16	DMC 3033 Very Light Mocha Brown	24	DMC 154 Very Dark Grape

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Wisdom with a book and flowers

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a dashed line is running stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Wisdom with a book and flowers

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.