Wise

6 inch (15 cm) hoop, 3.7 × 5 in (9.4 × 12.7 cm)



Colors by number: page 2.
Fabric: mustard yellow cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of mustard yellow cotton or linen.

An embroidery needle, size 9.

7 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: oval frame
   3 strands: lines of the twig

2. **Satin stitch**, 2 strands
   Frame leaves, starburst hearts, tail feathers, twig, twig leaves, wings, breast feathers, eye rings, eye whites, irises, eye highlights, lowered lid, brows, forehead, beak, toes, lettering



3. **Straight stitch**
   3 strands: starbursts
   1 strand: eye rays



4. **Stem stitch**, 3 strands
   Breast chevrons, face line, lid line

5. **French knot**
   2 strands, two wraps
   Starburst tips



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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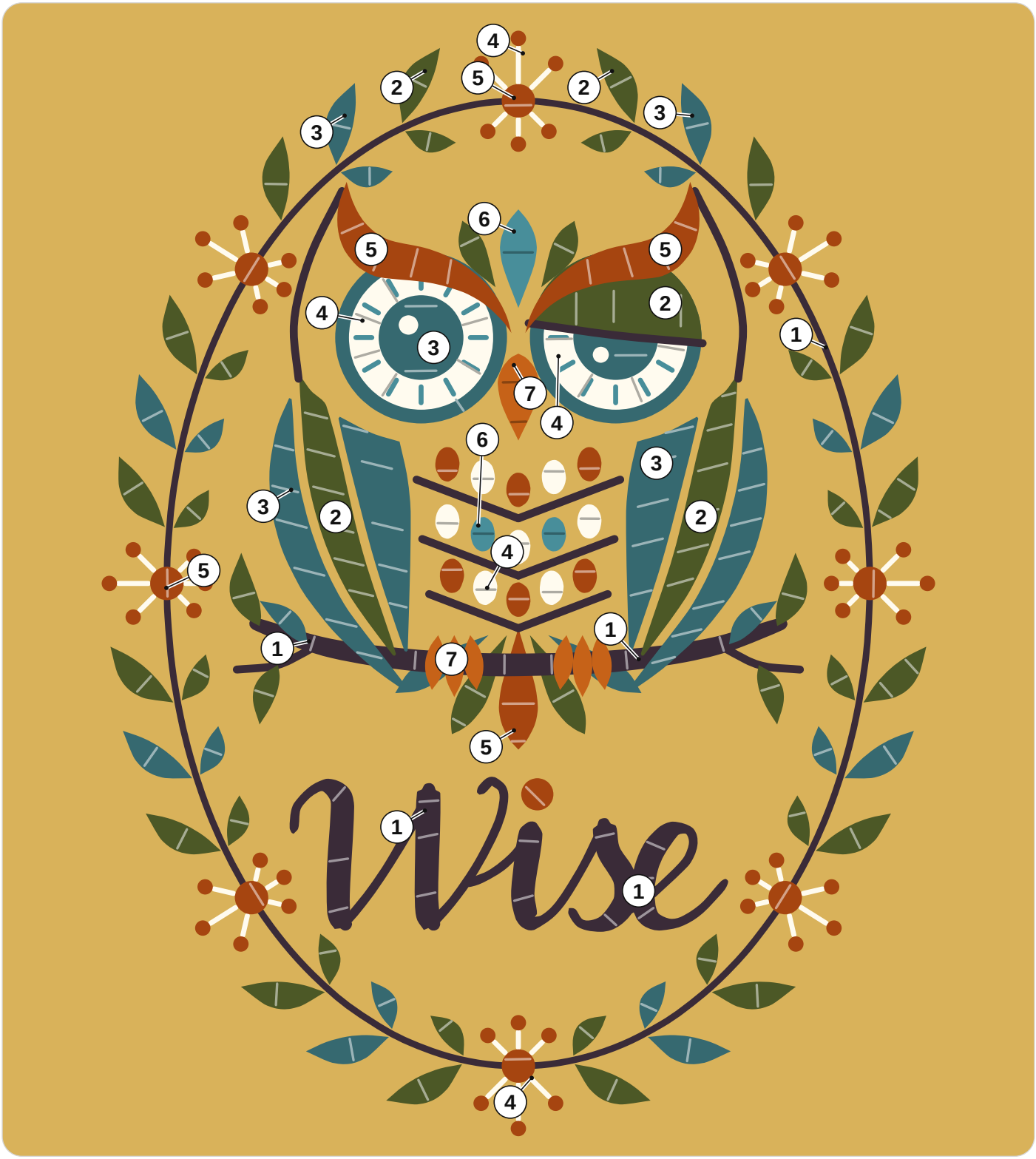
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 3371 Black Brown
2 DMC 936 Very Dark Avocado Green
3 DMC 3808 Ultra Very Dark Turquoise
4 DMC 712 Cream
5 DMC 919 Red Copper
6 DMC 3810 Dark Turquoise
7 DMC 921 Copper

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Wise

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Wise

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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