With love and thanks, wheat

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.5 in (12.2 × 11.4 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 3 strands
  Spike stems, stalks, flower stems, poppy leaves, words
- **French knot**, 1 to 2 strands, two wraps
  Violet spikes, poppy stamens, cornflower heart, ladybird marks, words
- **Back stitch**, 1 strand
  Wheat beards
- **Satin stitch**, 2 strands
  Wheat grains, poppy bud, bud slit, poppy heart, cornflower petals, cornflower cup, ribbon tails, ribbon tie, ribbon knot, ladybird head, ladybird
- **Split stitch**, 1 strand
  Wheat grains, petal edges, ribbon edge
- **Fishbone stitch**, 2 strands
  Blades
- **Fly stitch**, 1 strand
  Poppy leaves
- **Long and short stitch**, 1 strand
  Poppy petals
- **Straight stitch**, 1 strand
  Poppy blotches, heart rays, cornflower heart, ladybird marks

Floss

- **DMC 3051 Dark Green Gray**
  Flower stems, spike stems, cup scales and heart rays, blades (dark) and 2 more parts
- **DMC 209 Dark Lavender**
  Violet spikes (light), cornflower heart (lighter)
- **DMC 553 Violet** Violet spikes (middle)
- **DMC 552 Medium Violet**
  Violet spikes (dark), cornflower heart (darker)
- **DMC 729 Medium Old Gold**
  Wheat grains (middle), stalks (lighter)
- **DMC 3829 Very Dark Old Gold**
  Wheat grains (dark), stalks (darker), wheat beards (lighter)
- **DMC 869 Very Dark Hazelnut Brown**
  Wheat grains (darkest), wheat beards (darker)
- **DMC 676 Light Old Gold** Wheat grains (light)
- **DMC 677 Very Light Old Gold**
  Wheat grains (lightest)
- **DMC 3052 Medium Green Gray**
  Poppy leaves and poppy heart, cornflower cup, poppy bud and blades (middle)
- **DMC 3053 Green Gray**
  Blades, cornflower cup and poppy bud (light)
- **DMC 3328 Dark Salmon** Poppy petals (light), bud slit
- **DMC 347 Very Dark Salmon**
  Poppy petals (middle), ladybird
- **DMC 3777 Very Dark Terra Cotta**
  Petal edges, poppy petals (dark)
- **DMC 939 Very Dark Navy Blue**
  Words, poppy stamens, poppy blotches, ladybird marks and ladybird head
- **DMC 791 Very Dark Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (dark), ribbon edge
- **DMC 792 Dark Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (middle), ribbon tails
- **DMC 793 Medium Cornflower Blue**
  Cornflower petals, ribbon tie and ribbon knot (light)

Stitches, continued

- **Trellis stitch**, 1 strand
  Cup scales

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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