Woman in a Balochi style shawl

Sized for a 6 inch hoop (15 cm). The stitched design is about 5 × 5 in (12.7 × 12.7 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Satin stitch**, strands by part on page 2
   Fruit crowns, pomegranate flowers, flower cups, dress band, shawl sprigs, border, border diamonds, diamond hearts, border triangles, and 6 more
3. **Long and short stitch**, 1 strand
   Pomegranates, dress, neck, face, hair, shawl
4. **Stem stitch**, strands by part on page 2
   Boughs, shawl edge, dress edge, border edge, eyelid, eyebrow, ring
5. **Split stitch**, 1 strand
   Stamens, silver hair, eyelid, mouth line, nose line, face edge
6. **Chain stitch**, 2 strands
   Border edge, dress lines
7. **Straight stitch**, 1 strand
   Eye light
8. **Back stitch**, 2 strands
   Earring hook
9. **French knot**
   strands by part on page 2, two wraps
   Stamens, sprig knots, dress knots, nose stud, earring knots, ring knots

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 779 Dark Cocoa** Boughs
- **2 DMC 3347 Medium Yellow Green** Leaves (middle)
- **3 DMC 520 Dark Fern Green** Leaves (dark)
- **4 DMC 522 Fern Green** Leaves (light)
- **5 DMC 816 Garnet** Dress (middle), flower cups and fruit crowns
- **6 DMC 3328 Dark Salmon** Pomegranates (light), lips
- **7 DMC 815 Medium Garnet**
  Dress and pomegranates (dark), dress edge and mouth line
- **8 DMC 347 Very Dark Salmon**
  Ring diamonds (darker), border diamonds and sprig knots, dress (light) and 1 more part
- **9 DMC 947 Burnt Orange** Pomegranate flowers (lighter)
- **10 DMC 721 Medium Orange Spice**
  Border edge, ring knots, diamond hearts and dress lines, pomegranate flowers (darker)
- **11 DMC 742 Light Tangerine**
  Shawl sprigs, stamens, dress diamonds, earring and earring knots and 2 more parts
- **12 DMC 632 Ultra Very Dark Desert Sand**
  Neck (darker), face edge and nose line, eyelid (lighter)
- **13 DMC 3772 Very Dark Desert Sand** Neck (lighter), face (dark)
- **14 DMC 310 Black** Border, ring, hair and dress band, eyelid (darker)
- **15 DMC 3064 Desert Sand** Face (light)
- **16 DMC 407 Dark Desert Sand** Face (middle)
- **17 DMC 414 Dark Steel Gray** Silver hair
- **18 DMC 3808 Ultra Very Dark Turquoise** Shawl (dark)
- **19 DMC 3750 Very Dark Antique Blue** Shawl (darkest), shawl edge
- **20 DMC 3809 Very Dark Turquoise** Shawl (light), ring diamonds (lighter)
- **21 DMC 3810 Dark Turquoise** Shawl (lightest)
- **22 DMC 3865 Winter White**
  Border triangles, dress knots, eye white and eye light
- **23 DMC 3371 Black Brown** Eyebrow and eye

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Woman in a Balochi style shawl

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 779 Dark Cocoa	**9**	DMC 947 Burnt Orange	**17**	DMC 414 Dark Steel Gray
2	DMC 3347 Medium Yellow Green	**10**	DMC 721 Medium Orange Spice	**18**	DMC 3808 Ultra Very Dark Turquoise
3	DMC 520 Dark Fern Green	**11**	DMC 742 Light Tangerine	**19**	DMC 3750 Very Dark Antique Blue
4	DMC 522 Fern Green	**12**	DMC 632 Ultra Very Dark Desert Sand	**20**	DMC 3809 Very Dark Turquoise
5	DMC 816 Garnet	**13**	DMC 3772 Very Dark Desert Sand	**21**	DMC 3810 Dark Turquoise
6	DMC 3328 Dark Salmon	**14**	DMC 310 Black	**22**	DMC 3865 Winter White
7	DMC 815 Medium Garnet	**15**	DMC 3064 Desert Sand	**23**	DMC 3371 Black Brown
8	DMC 347 Very Dark Salmon	**16**	DMC 407 Dark Desert Sand		

How many strands

Satin stitch. 2 strands: fruit crowns, pomegranate flowers, flower cups, dress band, shawl sprigs, border, border diamonds, diamond hearts, border triangles, dress diamonds, eye, lips, earring, ring diamonds; 1 strand: eye white.
Stem stitch. 3 strands: border edge, eyebrow, ring; 2 or 3 strands: boughs; 2 strands: shawl edge, dress edge, eyelid.
French knot. 2 strands: stamens, sprig knots, dress knots, earring knots, ring knots; 1 strand: nose stud.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Woman in a Balochi style shawl

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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