Vietnamese woman in an ao dai

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.8 in (10.9 × 12.2 cm).



Which color goes where.

Stitches

- **Stem stitch**, 1 to 3 strands
  Stalks, leaf edges, water, dress edges, ao dai edges, gold hems, ribbon, hat edge
- **Long and short stitch**, 1 strand
  Bud petals, lotus pads, trousers, sleeve, ao dai, face, hair, hat, lotus leaf, back petals, side petals, front petals, drifting petals
- **Split stitch**, 1 strand
  Petal edges, leaf veins, trouser edges, ao dai edges, face lines, hat rings
- **Satin stitch**, 2 strands
  Slippers, collar, seed cup, hands
- **Back stitch**, 1 strand
  Eye, eyebrow
- **Straight stitch**, 1 strand
  Mouth, face lines
- **French knot**, 2 strands, two wraps
  Stamens

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.

2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.

3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 501 Dark Blue Green**
  Lotus leaf and lotus pads (middle), stalks
- **DMC 3689 Light Mauve**
  Back petals, side petals, bud petals, front petals and drifting petals (light)
- **DMC 3687 Mauve**
  Petal edges, back petals (dark), bud petals and side petals (darkest) and 3 more parts
- **DMC 3688 Medium Mauve**
  Side petals, bud petals, front petals and drifting petals (dark), back petals (middle)
- **DMC 3865 Winter White**
  Trousers (light), side petals, front petals, bud petals and drifting petals (lightest)
- **DMC 500 Very Dark Blue Green**
  Leaf edges and leaf veins, lotus pads and lotus leaf (dark)
- **DMC 503 Medium Blue Green**
  Lotus leaf and lotus pads (light), water and seed cup
- **DMC 814 Dark Garnet**
  Ao dai and sleeve (darkest), slippers
- **DMC 822 Light Beige Gray** Trousers (middle)
- **DMC 642 Dark Beige Gray** Trousers (dark)
- **DMC 435 Very Light Brown**
  Trouser edges and hat rings, hat (dark)
- **DMC 498 Dark Red** Ao dai and sleeve (dark)
- **DMC 902 Very Dark Garnet**
  Ao dai edges and dress edges
- **DMC 321 Red** Ao dai and sleeve (light), collar and mouth
- **DMC 3801 Very Dark Melon**
  Sleeve and ao dai (lightest)
- **DMC 3827 Pale Golden Brown**
  Hat (middle), gold hems and stamens
- **DMC 3064 Desert Sand** Face (dark)
- **DMC 3770 Very Light Tawny**
  Face (light), hands (lighter)
- **DMC 950 Light Desert Sand**
  Face (middle), hands (darker)
- **DMC 3772 Very Dark Desert Sand** Face lines
- **DMC 310 Black** Hair (darker), eye
- **DMC 3799 Very Dark Pewter Gray**
  Hair (lighter), eyebrow
- **DMC 677 Very Light Old Gold** Hat (light)
- **DMC 433 Medium Brown** Hat edge

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

Vietnamese woman in an ao dai

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

Vietnamese woman in an ao dai

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.