World map in running stitch

6 inch (15 cm) hoop, 5 × 5 in (12.7 × 12.7 cm)



Colors by number: page 2.
Fabric: tan cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of tan cotton or linen.

Embroidery needles, size 7, and size 3 for 4 or 5 strands.

6 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start with a small knot on the back; end under a few stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Running stitch**
   3 strands: Americas, Eurasia, Africa, Australia, Antarctica
   5 strands: Greenland, islands
   2 strands: sea ripples
   4 strands: round frame

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list.



1 DMC 3865 Winter White
2 DMC 712 Cream
3 DMC 739 Ultra Very Light Tan
4 DMC 738 Very Light Tan
5 DMC 437 Light Tan
6 DMC 3778 Light Terra Cotta

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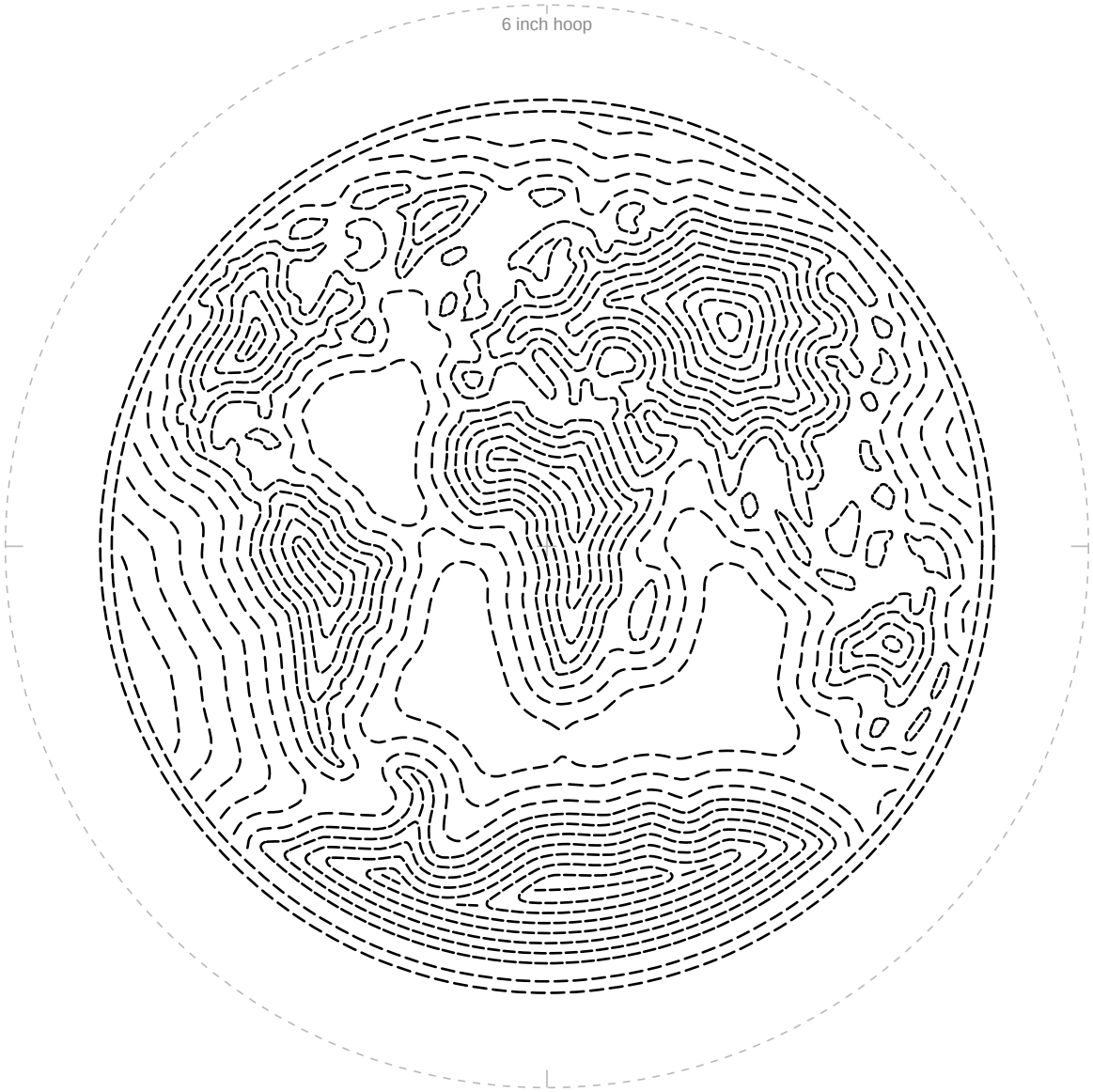
World map in running stitch

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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World map in running stitch

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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